

PERSONAL INFORMATION

Laura Muzi

 laura1.muzi@uniroma1.it

ACTUAL POSITION

Research Fellow

Psychologist, Ph.D. in Dynamic and Clinical Psychology

EDUCATION

April 2019 - ongoing

Research Fellow

Department of Dynamic and Clinical Psychology, Faculty of Medicine and Psychology, Sapienza University of Rome (Italy).

- Research project: "Treating Feeding and Eating Disorders: An empirical investigation on the therapeutic relationship and effectiveness of an integrated approach". Supervisor: Prof. Vittorio Lingiardi
SSD: M-PSI/07

November 2017 - November 2018

Research Fellow

Department of Dynamic and Clinical Psychology, Faculty of Medicine and Psychology, Sapienza University of Rome (Italy).

- Research project: "Treating Feeding and Eating Disorders: An empirical investigation on the therapeutic relationship and effectiveness of an integrated approach". Supervisor: Prof. Vittorio Lingiardi
SSD: M-PSI/07

November 2013 - February 2017

Ph.D. in Dynamic and Clinical Psychology

Department of Dynamic and Clinical Psychology, Faculty of Medicine and Psychology, Sapienza University of Rome (Italy):

- PhD Thesis: "The contribution of therapist personality and attachment to the therapeutic relationship: Clinical and empirical perspectives". Supervisor: Prof. Vittorio Lingiardi and Prof. Antonello Colli;

SSD: M-PSI/07

December 14th, 2014

Psychologist License

Registration to the National Order of Psychologists, number 20967.

September 2012 - September 2013

Research Apprenticeship

Department of Dynamic and Clinical Psychology, Faculty of Medicine and Psychology, Sapienza University of Rome (Italy)

- Post graduate apprenticeship, Supervisor: Prof. Vittorio Lingiardi

SSD: M-PSI/07

September 2010 - July 2012

Master's degree in Dynamic and Clinical Psychology in Infancy, Adolescence and Families

Faculty of Medicine and Psychology, Sapienza University of Rome (Italy)

- Thesis: "Treatments for personality disorders: A comparison between different therapeutic approaches", 110 cum laude/110, supervised by Prof. Vittorio Lingiardi and Prof. Francesco Gazzillo.

SSD: M-PSI/07

September 2006 – July 2010

Bachelor's degree in Psychological Principles and Techniques for Clinical Assessment and Treatment

Faculty of Medicine and Psychology, Sapienza University of Rome (Italy)

- Thesis: "Psychopathy, antisocial personality disorder and delinquency: A preliminary study on juvenile sexual offenders", 108/110, supervised by Prof. Vittorio Lingiardi.

SSD: M-PSI/07

TRAINING COURSES

2 - 7 September 2019

AIP Summer School on “ General, Mixed and Generalized Linear Model (GLM)”

Tutor: Prof. Marcello Gallucci, sponsored by Associazione Italiana di Psicologia (AIP), in Bertinoro (FC).

May 17, 2019

Training course on “Longitudinal data analysis in psychotherapy research: Hierarchical Linear Models (HLM)”

Tutor: Prof. Giorgio Tasca and sponsored by the Society for Psychotherapy Research – Italy, in Milan (MI)

May 18, 2018

Workshop on “Psychological treatments for eating disorders: new clinical and empirical evidence”

Tutor: Prof. Giorgio Tasca and sponsored by the Society for Psychotherapy Research – Italy Group (SPR-IAG) in Milan (MI)

3 - 6 July 2016

AIP Summer School on “ Meta-analysis and reproducibility: Theoretical and methodological applications in R”

Tutor: Prof. Massimiliano Pastore, Prof. Gianmarco Altoè, sponsored by Associazione Italiana di Psicologia (AIP), in Bertinoro (FC).

25 - 26 June 2015

Workshop on “From collusion to cooperation: how therapist attachment patterns influence therapeutic practice”

Tutor: Prof. David J. Wallin, and sponsored by Centro di Studi per la Cultura Psicologica (SPC), in Milan (MI)

16 - 18 April 2015

Training course on “Dyadic methods and longitudinal analyses to explore the therapeutic relationship”

Tutor: Prof. Dennis M. Kivlighan and sponsored by the Society for Psychotherapy Research – Italy Group (SPR-IAG) in Rome (RM).

10 - 11 September 2013

Training course on “Personality assessment with the Shedler-Westen Assessment Procedure-200 (SWAP-200)”

Tutor: Prof. Vittorio Lingiardi, in Rome (RM)

13 - 15 June 2013

SPR Statistical Summer School on Psychotherapy Research “Mediation Analysis e Time Series”

Tutor: Prof. Marcello Gallucci and sponsored by Society for Psychotherapy Research – Italy Group (SPR-IAG) in Ischia (NA).

PERSONAL SKILLS

Mother Tongue Italian

Other Languages

	COMPREHENSION		SPEAKING		WRITING
	Listening	Reading	Spoken Interaction	Spoken Production	
English	C1	C1	B2	B2	C1
French	A2	A2	A1	A1	A1

OTHER INFORMATION

Publications

Research Articles (International Papers)

Muzi, L., Tieghi, L., Rugo, M., & Lingiardi, V. (2019, in press). Evaluating Empirically Valid and Clinically Meaningful Change in Intensive Residential Treatment for Severe Eating Disorders at Discharge and at a 6-Month Follow-Up. *Eating and Weight Disorders*, doi: 10.1007/s40519-019-00798-2

Talia, A., **Muzi, L.**, Lingiardi, V., & Taubner, S. (2018). How to be a secure base: Attachment representations of the therapist and their significance for attunement in psychotherapy. *Attachment & Human Development*. doi:10.1080/14616734.2018.1534247

Lingiardi, V., Colli, A., **Muzi, L.** (2018). A clinically useful assessment of patients' (and therapists') mental functioning: M-Axis implications for therapeutic alliance. *Psychoanalytic Psychology*, 35 (3), 306-314. doi: 10.1037/pap0000200

Lingiardi, V., **Muzi, L.**, Tanzilli, A., Carone, N. (2018). Do therapists' subjective variables impact on psychodynamic psychotherapy outcomes? A systematic literature review. *Clinical Psychology & Psychotherapy*, 25, 85-101. doi:10.1002/cpp.2131

Tanzilli, A., **Muzi, L.**, Ronningstam, E., Lingiardi, V. (2017). Countertransference when working with Narcissistic Personality Disorder: An empirical investigation. *Psychotherapy*, 54(2), 184-194. doi:10.1037/pst0000111

Nazzaro, M.P., Boldrini, T., Tanzilli, A., **Muzi, L.**, Giovanardi, G., Lingiardi, V. (2017). Does reflective functioning mediate the relationship between attachment and personality? *Psychiatry Research*, 256, 169-175. doi:10.1016/j.psychres.2017.06.045

Lingiardi, V., McWilliams, N., **Muzi, L.** (2017). The contribution of Sydney Blatt's two polarities model on the Psychodynamic Diagnostic Manual. *Research in Psychotherapy: Psychopathology, Process and Outcome*, 20(1), 12-18. doi:10.4081/rippo.2017.242

Tanzilli, A., Colli, A., **Muzi, L.**, Lingiardi, V. (2015). Clinician emotional response toward narcissistic patients: A preliminary report. *Research in Psychotherapy: Psychopathology, Process and Outcome*, 18(1), pp. 1-9. doi:10.7411/RP.2014.023

Research Articles (National Papers):

Muzi, L., Lingiardi, V. (2019). Diagnosi in transizione: L'influenza della personalità del terapeuta. *Ricerca Psicoanalitica*, XXX, 1, 73-90. doi: 10.3280/RPR2019-001006 [Diagnosis in transition: The influence of therapist personality]

Lingiardi, V., **Muzi, L.** (2018). Il Manuale Diagnostico Psicodinamico (PDM-2): Un'occasione di dialogo multidisciplinare. *Giornale Italiano di Psicologia*, XLV, 4, 781-804. doi: 10.1421/92989 [The Psychodynamic Diagnostic Manual (PDM-2): An opportunity to enhance an interdisciplinary dialogue]

Muzi, L. (2016). La psicoanalisi è efficace? Una rassegna della letteratura empirica. *Nuova Rassegna di Studi Psichiatrici*, 13. Retrieved by <http://www.usl7.toscana.it/index.php/nrsp>. [Effectiveness of long-term psychodynamic psychotherapy and psychoanalysis: A literature review]

Lingiardi, V., **Muzi, L.** (2014). Azioni terapeutiche e alleanze: quali outcome per la psicoanalisi?

Giornale Italiano di Psicologia, XLI(4), 663-685. doi: 10.1421/79051 [Therapeutic actions and alliance: How they impact on the outcome of psychoanalytic treatments?]

Book Chapters

Lingiardi, V., **Muzi, L.** (2019). Funzionamento mentale, risorse, equilibri adattivi: la "diagnosi psicologica" con il PDM-2. In D. Lazzari (Ed.), *La psiche tra salute e malattia. Evidenze ed epidemiologia*. Milano: Edra. ISBN: 978-88-214-5125-6 (pp. 299-312).

Lingiardi, V., **Muzi, L.** (2019). Esiti del trattamento. In M. Recalcati, M.A. Rugo (Eds.), *Alimentare il desiderio. Il trattamento istituzionale dei disturbi dell'alimentazione*. Milano: Raffaello Cortina. ISBN: 9788832850925 (pp. 313-338) [Treatment outcomes]

Lingiardi, V., **Muzi, L.** (2019). Diagnosticare i disturbi dell'alimentazione: DSM-5, PDM-2, SWAP-200. In M. Recalcati, M.A. Rugo (Eds.), *Alimentare il desiderio. Il trattamento istituzionale dei disturbi dell'alimentazione*. Milano: Raffaello Cortina. ISBN: 9788832850925 (pp. 41-68) [Diagnosing eating disorders: DSM-5, PDM-2, SWAP-200]

Lingiardi, V., **Muzi, L.** (2017). Le risposte emotive del clinico: da ostacoli a risorse per la diagnosi e il trattamento. In M. Fontana (Ed.), *La diagnosi e le sue implicazioni nella clinica psicoanalitica*. Rome: Giovanni Fioriti. ISBN: 9788898991488 (pp. 65-80). [Therapist emotional responses as a resource for diagnostic process and treatment planning]

Lingiardi, V., Bomstein, R.F., Etzi, J., Lemma, A., **Muzi, L.**, Perry, J.C., Siefert, C., Zennaro, A. (2017). Profile of Mental Functioning (M Axis). In V. Lingiardi, N. McWilliams (Eds.), *Psychodynamic Diagnostic Manual, Second Edition (PDM-2)*. New York, NY: Guilford Press. ISBN: 9781462530557 (pp. 75-133).

Tanzilli, A., **Muzi, L.**, Gazzillo, F., Lingiardi, V. (2014). Le psicoterapie: modelli di trattamento dei disturbi della personalità. In V. Lingiardi, F. Gazzillo (Eds.) *La personalità e i suoi disturbi. Valutazione clinica e diagnosi*. Milan: Raffaello Cortina. ISBN: 9788860306913 (pp. 547-623). [Psychotherapeutic treatments for personality disorders]

Tanzilli, A., Lingiardi, V., **Muzi, L.** (2014). Appendice 6: Guida al contenuto degli item della SWAP-200. In J. Shedler, D. Westen, V. Lingiardi (Eds.), *La valutazione della personalità con la SWAP-200. Nuova edizione aggiornata*. Milan: Raffaello Cortina. ISBN: 9788860306401 (pp. 513-566). [Appendix 6. Assessing personality with the SWAP-200: Coding Manual]

Conference papers (Proceedings)

Muzi, L., Tieghi, L., Cuzzani, G., Franco, A., Montaguti, M., Riboldi, M., Rossi, F., Rugo, M., Lingiardi, V. (2019, September). Outcomes of multimodal inpatient treatment for severe eating disorders using clinical and statistical significance. *Mediterranean Journal of Clinical Psychology*, 7 (2), pp. 121-122. doi: 10.6092/2282-1619/2019.7.2267

Muzi, L., Talia, A. (2019, September). "Keeping mind in mind" in psychotherapy. The influence of therapists' reflective functioning and personality on working alliance. *Mediterranean Journal of Clinical Psychology*, 7 (2), p. 139. doi: 10.6092/2282-1619/2019.7.2267

Muzi, L., Tieghi, L., Rugo, M., Lingiardi, V. (2019, March). Eating disorders and personality in multimodal inpatient treatment setting: A preliminary study on symptomatic change and therapeutic relationship. Paper presented in the XII National Congress of the Società Italiana per lo Studio dei Disturbi del Comportamento Alimentare (SISDCA), Modena, Italy.

Muzi, L., Tieghi, L., Rugo, M., Lingiardi, V. (2018, September). Evaluating empirically valid and clinically meaningful change in specialized inpatient treatment for severe eating disorders. *Research in Psychotherapy: Psychopathology, Process and Outcome*, 21(suppl. 1), p. 19.

Muzi, L., Tieghi, L., Rugo, M., Lingiardi, V. (2018, September). Integrative inpatient treatment for eating disorders: Effectiveness and clinical significance of symptom changes. *Mediterranean Journal of Clinical Psychology*, 6 (2), p. 177.

Muzi, L., Talia, A., Lingiardi, V. (2018, June). Do therapist personality and attachment impact on

patient relational patterns in psychotherapy? A moderation analysis. Paper presented in the 49th Society of Psychotherapy Research International Annual Meeting, Amsterdam, The Netherlands.

Muzi, L. (2018, May). La diagnosi psicodinamica: presentazione del PDM-2. Paper presented to the National Congress of Associazione Italiana di Analisi Transazionale (AIAT), "Clinica e Ricerca nelle psicoterapie psicodinamiche", Padua, Italy.

Lingiardi, V., **Muzi, L.**, Piacentini, E. (2017, October). The Psychodynamic Diagnostic Manual-2: Promises and hopes. Paper presented in the XIX National Congress of Associazione Italiana di Psicologia (AIP), Clinical and Dynamic Psychology Section, Turin. *Mediterranean Journal of Clinical Psychology*, 5 (2a). doi: 10.6092/2282-1619/2017.5.1637

Muzi, L., Talia, A. (2017, October). New perspectives on the therapeutic alliance: Therapist personality and the moderating role of attachment representations. Paper presented in the XIX National Congress of Associazione Italiana di Psicologia (AIP), Clinical and Dynamic Psychology Section, Turin. *Mediterranean Journal of Clinical Psychology*, 5 (2a), 111. doi: 10.6092/2282-1619/2017.5.1637

Talia, A., **Muzi, L.**, Lingiardi, V., Taubner, S. (2017, September). Therapists' AAI classification predicts therapists' attunement in-session: Validation study of the Therapist Attunement Scales (TASc). Paper presented in the 4th Society for Psychotherapy Research – UK and European Chapters, Oxford, UK.

Muzi L., Talia A., Lingiardi V. (2017, June). Exploring the impact of therapists' characteristics on therapeutic alliance: The influence of therapists' personality and the moderating role of attachment representations. Poster presented in the 48th Society of Psychotherapy Research International Annual Meeting, Toronto, Ontario, Canada.

Talia, A., **Muzi, L.**, Brambilla, D., Caravaggi, C., Damiani, R., Matteucci, A., Lingiardi, V., Taubner, S. (2017, June). Therapists' AAI classification predicts therapists' attunement and in-session activity: Introducing the Therapist Attunement Scales (TASc). Abstract Book, 84-85, 48th Society for Psychotherapy Research International Annual Meeting, Toronto, Ontario, Canada.

Tanzilli, A., **Muzi, L.**, Lingiardi, V. (2016, September). Clinicians emotional response toward narcissistic patients: An empirical investigation. Paper presented in the 4th International Congress on Borderline Personality Disorder and Allied Disorders, ESSPD. Vienna, Austria.

Muzi, L., Lingiardi, V. (2016, September). "Forty-two lives as therapists": the influence of therapists' attachment and personality on therapeutic relationship. Paper presented to the XVIII National Congress of Associazione Italiana di Psicologia (AIP), Clinical and Dynamic Psychology Section, Rome. *Mediterranean Journal of Clinical Psychology*, 4 (2). doi: 10.6092/2282-1619/2016.4.1287

Nazzaro, M. P., Boldrini, T., **Muzi, L.** (2016, September). Does the reflective functioning mediate the relationship between attachment and personality?. Paper presented to XVIII National Congress of Associazione Italiana di Psicologia (AIP), Clinical and Dynamic Psychology Section, Rome. *Mediterranean Journal of Clinical Psychology*, 4 (2). doi: 10.6092/2282-1619/2016.4.1287

Lingiardi, V., **Muzi, L.**, Talia, A. (2015, September). The Therapist's Factors: Attachment and Personality. Paper presented in the XVII National Congress Italian Psychological Association Clinical and Dynamic Section, Milazzo, Italy. *Mediterranean Journal of Clinical Psychology*, 1A, 3(2). ISSN: 2282-1619

Lingiardi, V., **Muzi, L.** (2015, October). La personalità del paziente e le risposte emotive del terapeuta. E la personalità del terapeuta?. Paper presented to III Convegno della Società Italiana di Psicoterapia (SIPSIC), "Disagi emozionali e regolazione degli affetti in tempi di crisi", Rome.

Lingiardi, V., **Muzi, L.** (2014, September). Verso il PDM-2: Valutare il funzionamento mentale (M Axis). Paper presented to XVI National Congress Italian Psychological Association Clinical and Dynamic Section, Pisa University Press, pp. 77-78, ISBN 978-88-6741-442-0.

Lingiardi, V., **Muzi, L.** (2014, September). La riformulazione dell'Asse M nel PDM-2. Paper presented to National Congress of Society for Psychotherapy Research – Italian Chapter (SPR-IAG), "La

ricerca in psicoterapia nell'era del DSM-5: back or forth?", Padua.

Tanzilli, A., **Muzi, L.** (2014, September). Patologia narcisistica di personalità del paziente e risposte emotive del terapeuta: un'indagine empirica. Poster presented to National Congress of Society for Psychotherapy Research – Italian Chapter (SPR-IAG), "La ricerca in psicoterapia nell'era del DSM-5: back or forth?", Padua.

Muzi, L., Tanzilli, A. (2013, September). Controtransfert e patologia narcisistica della personalità: un'indagine empirica. Poster presented to XV National Congress Italian Psychological Association Clinical and Dynamic Section, Naples.

Lingiardi, V., **Muzi, L.** (2013, May). Cercare di essere utili. Insegnare la clinica conoscendo la ricerca. Paper presented to National Congress of Society for Psychotherapy Research – Italian Chapter (SPR-IAG), "La ricerca in psicoterapia: dove si impara, dove si fa. Università, scuole di formazione, servizi pubblici", Urbino.

Research Impact Metrics

h-Index (Scopus): 6
Total citations (Scopus): 74

Grant and Awards

- Award "Excellent Master's Degree Graduate, Faculty of Medicine and Psychology 2011-2012" from Sapienza University, Rome, Italy.
- Best Poster Award 2014, from Society for Psychotherapy Research – Italian Chapter (SPR-IAG), "La ricerca in psicoterapia nell'era del DSM-5: back or forth?" (Padua).
- July 2014: Grant Avvio alla Ricerca - Bando di Ateneo per la Ricerca Scientifica, Sapienza University of Rome (Italy). Project: "Patologia narcisistica di personalità del paziente e risposte del terapeuta". Supervised by Prof. Anna Maria Speranza.
- September 2015: Grant (member of research group) Grande Progetto – Bando di Ateneo per la Ricerca Scientifica, Sapienza University of Rome (Italy). Project: "Therapist's Emotional Responses: Personality, Attachment and Neural Pathways". Principal Investigator: Prof. Vittorio Lingiardi.
- July 2016: Grant Avvio alla Ricerca - Bando di Ateneo per la Ricerca Scientifica, Sapienza University of Rome (Italy). Project: "The influence of therapist's variables on therapeutic relationship: personality and attachment". Supervised by Prof. Emiddia Longobardi.

Memberships

- 2013 – ongoing: Italian Psychological Association Clinical and Dynamic Section (AIP)
- 2014 – ongoing: Society for Psychotherapy Research – Italian Chapter (SPR-IAG)
- 2015 – ongoing: Italian Group for the Advancement of Psychodynamic Diagnosis (IGAPSYD)
- 2017 – ongoing: International Society of Psychotherapy Research (SPR)
- 2017 – ongoing: Italian Society for the Study of Eating Disorders (SISDCA)

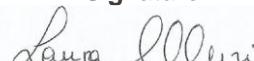
Clinical Experience

- December 2017 – December 2018: Voluntary training, DSM UOC XV, Centro di Salute Mentale, via Antonino di Giorgio 19, Rome.
- September 2009 - February 2010: Clinical apprenticeship, U.O.C Psichiatria, Azienda Ospedaliera Sant'Andrea, Via di Grottarossa 1035-1039, Rome

PERSONAL DATA

The undersigned is aware that, pursuant to art. 26 of Law 15/68, and Articles 46 and 47 of Presidential Decree 445/2000, false statements, falsified acts and use of false acts are punishable under the Penal Code and special laws. Moreover, the undersigned authorizes the processing of personal data, in accordance with the provisions of Law 675/96 of 31 December 1996.

Signature



Rome, October 31, 2019