

## Allegato B

# PAOLO EMILIO ADAMI Curriculum Vitae

## Parte I – Informazioni Generali

|                |                                                   |
|----------------|---------------------------------------------------|
| Nome completo  | Paolo Emilio ADAMI                                |
| Lingue parlate | Italiano, Inglese, Spagnolo, Francese, Giapponese |

## Parte II – Educazione

| Tipologia            | Anno | Università                                    | Note (titolo, esperienza)                                        |
|----------------------|------|-----------------------------------------------|------------------------------------------------------------------|
| Laura magistrale     | 2008 | Sapienza Università di Roma                   | Dottore in Medicina e Chirurgia                                  |
| Specializzazione     | 2014 | Sapienza Università di Roma                   | Specializzazione in Medicina dello Sport e dell'Esercizio Fisico |
| Dottorato di ricerca | 2020 | Università degli Studi di Roma "Foro Italico" | Dottore di Ricerca in Scienze del Movimento Umano e dello Sport  |

## Parte III – Incarichi

### IIIA – Incarichi Accademici

| Inizio | Fine | Università                                                                                          | Incarico                                                                                                                                                                                                                                      |
|--------|------|-----------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2023   |      | Sapienza Università di Roma                                                                         | "Cultore della materia" in Fisiologia Umana SSD BIO/09                                                                                                                                                                                        |
| 2021   |      | Laboratoire Motricité Humaine Expertise Sport Santé – LAMHESS, Université Côté d'Azur, Nice, France | Associate member (attache scientifique)                                                                                                                                                                                                       |
| 2021   |      | Sapienza Università di Roma                                                                         | Docente attività didattica integrativa Scuola di Specializzazione in Medicina dello Sport e dell'Esercizio Fisico                                                                                                                             |
| 2021   |      | St George's University, Cranmer Terrace, London SW17 0RE, United Kingdom                            | Docente nel master internazionale in Sports Cardiology. Argomenti oggetto di insegnamento:<br>1. Hot and humid vs Cold and dry: Training & Emergency Response<br>2. Countermeasures and considerations for championships and Olympic Games in |

|            |            |                                                                                                          |                          |
|------------|------------|----------------------------------------------------------------------------------------------------------|--------------------------|
|            |            |                                                                                                          | different environments   |
| 16/05/2016 | 16/08/2016 | Tufts, University School of Medicine, Boston, Massachusetts, USA.                                        | Research fellow          |
| 01/10/2012 | 31/03/2013 | Cardiology Department, del St. George's Hospital Healthcare NHS Trust, University of London, London, UK. | Honorary research fellow |

### IIIB – Partecipazione a gruppi di ricerca internazionali

| Inizio | Fine | Progetto di ricerca                                                                                                                                                                                                                              | Posizione   |
|--------|------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|
| 2021   |      | Spanish Scientific Network Observatory for the Study and Prevention of Sudden Death in Sport, <a href="https://premubid.info/">https://premubid.info/</a>                                                                                        | Ricercatore |
| 2007   | 2011 | Effetti salutari dell'esercizio fisico di alta intensità: confronto tra popolazioni" approvato dal Ministero della Salute, Commissione per la vigilanza per il controllo del doping e della salute nella attività sportive, Convenzione 2007-3". | Ricercatore |
| 2010   | 2018 | PRIMO "Programma Infezioni e Movimento" (NCT03392805) Infectious Diseases and Movement Program: Study of the Effects of Physical Activity on HIV Infection                                                                                       | Ricercatore |

### IIIC – Altri incarichi

| Inizio  | Fine | Ente                                                                                                                                                                                                                                        | Posizione                                                               |
|---------|------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|
| 09/2022 |      | ChangeTheGame. <a href="https://changethegame.it">https://changethegame.it</a>                                                                                                                                                              | Membro del comitato scientifico                                         |
| 08/2022 |      | World Academy for Endurance Medicine. Supported by World Athletics <a href="https://endurancemedicine.org">https://endurancemedicine.org</a>                                                                                                | Membro fondatore                                                        |
| 05/2021 |      | American College of Sports Medicine – ACSM. <a href="https://members.acsm.org/ACSM/Committees/OPSM/committee.aspx?cc=opsm">https://members.acsm.org/ACSM/Committees/OPSM/committee.aspx?cc=opsm</a>                                         | Membro del Olympic/Paralympic Sports Medicine + Sport Science Committee |
| 01/2021 |      | Journal of Science and Medicine in Sport. Published by Elsevier, Editor in Chief Prof. Tim Meyer, Institute of Sports and Preventive Medicine, Saarland University, Germany. 2022 Impact Factor: 4.597. eISSN: 1878-1861; pISSN: 1440-2440. | Associate Editor                                                        |
| 01/2021 |      | Journal of Sports Medicine and Physical Fitness. Published by Minerva Medica, Editor in Chief Prof. Antonio Pelliccia, Institute of Sport Medicine and Science, Rome, Italy. 2022 Impact Factor: 1.669. eISSN: 1827-1928; pISSN: 0022-4707. | Associate Editor                                                        |
| 06/2019 |      | Frontiers in Sports and Active Living. Published by Frontiers In, Editor in Chief                                                                                                                                                           | Associate Editor                                                        |

|         |         |                                                                                                                                                                                                         |                                                                       |
|---------|---------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------|
|         |         | Prof. Richard Giulianotti, Loughborough University, UK and Gregoire P Millet, University of Lausanne, Switzerland. eISSN: 2426-9367                                                                     |                                                                       |
| 06/2017 | 09/2020 | EUROPREVENT® 2018 European Association of Preventive Cardiology (EAPC), branch of the European Society of Cardiology (ESC)                                                                              | Rappresentante della Young Community nel Congress Programme Committee |
| 06/2017 | 05/2020 | Exercise is Medicine® American College of Sports Medicine – ACSM <a href="http://www.acsm.org/about-acsm/initiatives/eim">http://www.acsm.org/about-acsm/initiatives/eim</a>                            | Membro del Education Committee                                        |
| 01/2017 |         | European Journal of Preventive Cardiology. Published by Sage, Editor in Chief Prof. Massimo Piepoli, Guglielmo da Saliceto Hospital, Italy. 2022 Impact Factor: 8.526. eISSN: 20474881; ISSN: 20474873. | Membro del Editorial Board e Associate Editor                         |
| 02/2014 | 09/2020 | European Association of Preventive Cardiology (EAPC), branch of the European Society of Cardiology (ESC)                                                                                                | Membro e segretario dello Sports Cardiology and Exercise Nucleus      |
| 01/2017 | 12/2019 | CARDIOGENETICS Published by Page Press Journal, Editor in Chief Giuseppe Limongelli, Napoli, Italy. eISSN: 2035-8148                                                                                    | Membro del Editorial Board                                            |
| 09/2015 | 06/2018 | HEPA EUROPE Network, World Health Organization (WHO) Europe. <a href="http://www.euro.who.int/hepa">http://www.euro.who.int/hepa</a>                                                                    | Coordinatore del Children and Young People Health Working Group       |
| 03/2009 | 06/2017 | ENGSO (European Non-Governmental Sport Organization) Youth. <a href="http://www.youth-sport.net">www.youth-sport.net</a>                                                                                | Presidente e membro del comitato esecutivo                            |

#### Parte IV – Esperienze professionali

| Inizio     | Fine       | Ente                                                                                                    | Posizione                                                                                                                          |
|------------|------------|---------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|
| 19/02/2022 |            | Health and Science Department, World Athletics World Athletics, 6-8, Quai Antoine 1er, MC 98000, MONACO | Head of Medical Operations                                                                                                         |
| 01/01/2021 | 31/12/2021 | EOLO-KOMETA Cycling Team, HAYF SPORTS S.L., calle Milanos 8, Nave 23, 28320, Pinto, SPAIN               | Medico Sociale del Professional Cycling Team EOLO-KOMETA che ha partecipato al Giro d'Italia 2021 ed altre corse del circuito PRO. |
| 01/10/2016 | 31/01/2018 | Med-Ex, Medicine & Exercise, Ferrari Racing Medical Partner, Via Veneto 165, Roma, ITALIA               | Medical Research and Development, Sports Medicine Consultant and Team Physician, Ferrari Formula 1 and Endurance                   |

|            |            |                                                                                                                            |                                                                                    |
|------------|------------|----------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|
|            |            |                                                                                                                            | Racing Teams                                                                       |
| 01/08/2016 | 31/01/2018 | DeltaMedica, viale Toscana 35, Rozzano sul Naviglio, Milano, ITALIA                                                        | Consulente, Medico dello Sport                                                     |
| 01/07/2015 | 31/01/2018 | Istituto di Medicina e Scienze dello Sport del CONI “Antonio Venerando”, Roma, ITALIA                                      | Consulente, Medico dello Sport, Research Fellow                                    |
| 01/12/2014 | 30/06/2015 | Al Attar for Physical Medicine, Rehabilitation and Sports Medicine, Doha, QATAR                                            | Sports Medicine Specialist, Head of the Sports Medicine Department                 |
| 01/09/2014 | 30/11/2014 | Ospedale Pediatrico Bambino Gesù, Sports Medicine Department, Roma, ITALIA                                                 | Consulente, Medico dello Sport                                                     |
| 01/01/2014 | 31/01/2018 | Federazione Italiana Canottaggio, Roma, ITALIA                                                                             | Membro della Commissione Salute, Consulente Medico dello Sport e Medico di squadra |
| 01/10/2012 | 31/03/2013 | Department of Cardiovascular Sciences, St. George's, University of London, London SW17 0RE, UK                             | Honorary Research and Clinical Fellow                                              |
| 01/09/2009 | 30/06/2014 | Laboratorio di Fisiologia dell'Esercizio, Sports Medicine Specialisation School, Sapienza Università di Roma, Roma, ITALIA | Research Fellow                                                                    |

## Parte V – Appartenenza a società scientifiche, premi e menzioni

### Anno Titolo

|      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2016 | Fellow del European Society of Cardiology, European Society of Cardiology (ESC), <a href="http://www.escardio.org">www.escardio.org</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| 2016 | American College of Sports Medicine Oded Bar-Or International Scholar Award                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| 2015 | EuroPrevent Congress, Young Investigator Award Finalist. Oral presentation: “Efficacy of a tailored screening protocol for Olympic athletes: a six Olympic Games screening experience. Adami PE, Squeo MR, Quattrini FM, Di Paolo F, Pisicchio C, Verdile L, Ciardo R, Lemme E, Spataro A, Pelliccia A.                                                                                                                                                                                                                                                                                                             |
| 2012 | Membro dello European Association of Preventive Cardiology (EAPC), associazione della European Society of Cardiology (ESC) <a href="https://www.escardio.org/Sub-specialty-communities/European-Association-of-Preventive-Cardiology-(EAPC)">https://www.escardio.org/Sub-specialty-communities/European-Association-of-Preventive-Cardiology-(EAPC)</a>                                                                                                                                                                                                                                                            |
| 2010 | Membro del American College of Sports Medicine ACSM <a href="http://www.acsm.org">www.acsm.org</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| 2007 | Membro del Health Enhancing Physical Activity (HEPA) Network dell’Organizzazione Mondiale della Sanità WHO EUROPE. Network per la promozione dell’attività fisica e corretti stili di vita. Membro dei gruppi di lavoro: “Environmental Approaches to HEPA Promotion” e “Promoting Physical Activity and Health in Sports Organizations and Clubs”. <a href="https://www.who.int/europe/groups/hepa-europe-(european-network-for-the-promotion-of-health-enhancing-physical-activity)">https://www.who.int/europe/groups/hepa-europe-(european-network-for-the-promotion-of-health-enhancing-physical-activity)</a> |

## Ruolo di revisore per le seguenti riviste scientifiche

| Anno      | Titolo                                                 |
|-----------|--------------------------------------------------------|
| 2019-2024 | Journal of Science and Medicine in Sports              |
| 2019-2024 | Frontiers in Sports and Active Living                  |
| 2016-2024 | British Journal of Sports Medicine                     |
| 2016-2024 | Medicine and Science in Sports and Exercise            |
| 2015-2024 | Scandinavian Journal of Medicine and Science in Sports |
| 2015-2024 | European Heart Journal                                 |
| 2012-2024 | European Journal of Preventive Cardiology              |

#### Parte VI - Finanziamenti [finanziamenti come PI-principal investigator o I-investigator]

| Anno      | Titolo                                                     | Programma      | Finanziamento | Ruolo |
|-----------|------------------------------------------------------------|----------------|---------------|-------|
| 2023-2025 | Catalyzing Healthy Cities through City Marathons           | Clean Air Fund | 148.992,00€   | PI    |
| 2022-2024 | Green Approaches in Management for Enhancing Sport (GAMES) | ERASMUS+       | 400.000,00€   | I     |
| 2018-2020 | Child Abuse in Sport: European Statistics (CASES)          | ERASMUS+       | 398.083,00€   | I     |

#### Parte VII – Attività di ricerca e formazione

| Parole chiave                                                                                                                                                       | Breve descrizione                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Termofisiologia; Health Enhancing Physical Activity; inquinamento dell'aria e prestazione sportiva; abuso di sostanze dopanti; valutazione clinica pre-competitiva; | <p>L'attività di ricerca si concentra principalmente su:</p> <p>la valutazione del rendimento e della prestazione sportiva attraverso parametri bio-umoral e clinici; l'utilizzo dell'attività fisica, come strumento di promozione e mantenimento della salute per tutte le classi d'età, per la prevenzione delle patologie croniche non trasmissibili (NCD); organizzazione dei piani sanitari e la gestione del personale sanitario in grandi eventi sportivi (campionati del mondo e Olimpiadi); l'impatto di fattori ambientali e climatici sulla prestazione sportiva, mediante l'utilizzo di strumenti tecnologici avanzate; la valutazione della risposta fisiologica durante esercizio in ambienti estremi (temperature estreme, altitudine).</p> <p>Altri argomenti scientifici d'interesse sono: gli adattamenti cardiovascolari indotti dall'esercizio fisico, la valutazione di parametri clinici e fisiologici in atleti di alto livello (Olimpici e Paralimpici), gli effetti delle sostanze dopanti e di abuso sulla salute e la prestazione sportiva.</p> |

| Data | Ente                                                                        | Formazione                                                                                       |
|------|-----------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
| 2023 | Federazione Nazionale Ordine Medici Chirurghi e Odontoiatri FNOMCeO         | Gestione delle infezioni delle vie respiratorie superiori in medicina generale in epoca COVID-19 |
| 2022 | Ordine Provinciale di Roma dei Medici Chirurghi e degli Odontoiatri di Roma | Radioprotezione - Dlgs 101/2020.                                                                 |
| 2022 | Ordine Provinciale di Roma dei Medici Chirurghi e degli Odontoiatri di Roma | Radioprotezione in attività complementare - DLgs 101/2020.                                       |

|                       |                                      |                                                                                                 |
|-----------------------|--------------------------------------|-------------------------------------------------------------------------------------------------|
|                       |                                      | Sicurezza e igiene negli ambienti e nei luoghi di lavoro e patologie correlate. Radioprotezione |
| 20/10/2022-30/12/2022 | Unitelma Sapienza                    | Piccola chirurgia ambulatoriale in ambito non chirurgico                                        |
| 20/10/2022-30/12/2022 | Unitelma Sapienza                    | Malattie endocrine nella pratica clinica: ipotiroidismo, nodulo tiroideo, osteoporosi.          |
|                       |                                      |                                                                                                 |
| 2021                  | World Anti-Doping Agency WADA        | Medical Professional's Education Program                                                        |
| 2021                  | World Anti-Doping Agency WADA        | Anti Doping E- Learning for Medical Professionals at Major Games                                |
| 22-28/03/2011         | Council of Europe, Budapest, Hungary | Training Course for Facilitators in Intercultural Youth Work                                    |

## Parte VIII – Sommario dei risultati scientifici

| Tipo di pubblicazione  | Numero                | Data Base | Inizio |
|------------------------|-----------------------|-----------|--------|
| Papers [international] | 61                    | SCOPUS    | 2010   |
| Libri [scientific]     | 7 Capitoli in 3 libri | SCOPUS    | 2019   |

|                                   |        |
|-----------------------------------|--------|
| Total Impact Factor               | 502.82 |
| Average Impact Factor per Product | 8.25   |
| Total Citations                   | 1402   |
| Average Citations per Product     | 22.98  |
| Hirsch (H) index                  | 19     |
| Normalized H index*               | 1.35   |

\*H index divided by the academic seniority.

## Parte X – Pubblicazioni selezionate

1. Schwellnus M, **Adami PE**, Bougault V, Budgett R, Clemm HH, Derman W, Erdener U, Fitch K, Hull JH, McIntosh C, Meyer T. International Olympic Committee (IOC) consensus statement on acute respiratory illness in athletes part 1: acute respiratory infections. British Journal of Sports Medicine. 2022 Oct 1;56(19):1066-88. **I.F.: 18,6. Citations: 8**
2. Hosokawa Y, **Adami PE\***, Stephenson BT, Blauwet C, Berman S, Webborn N, Racinais S, Derman W, Goosey-Tolfrey VL. Prehospital management of exertional heat stroke at sports competitions for Paralympic athletes. British Journal of Sports Medicine. 2022 Jun 1;56(11):599-604. **I.F.: 18,6. Citations: 12**
3. Schwellnus M, **Adami PE**, Bougault V, Budgett R, Clemm HH, Derman W, Erdener U, Fitch K, Hull JH, McIntosh C, Meyer T. International Olympic Committee (IOC) consensus statement on acute respiratory illness in athletes part 2: non-infective acute respiratory illness. British Journal of Sports Medicine. 2022 Oct 1;56(19):1089-103. **I.F.: 18,6. Citations: 10**

4. Bougault V, **Adami PE**, Sewry N, Fitch K, Carlsten C, Villiger B, Schwellnus M, Schobersberger W. Environmental factors associated with non-infective acute respiratory illness in athletes: A systematic review by a subgroup of the IOC consensus group on “acute respiratory illness in the athlete”. Journal of Science and Medicine in Sport. 2022 Jun 1;25(6):466-73. **Review. I.F.: 4. Citations: 2**
5. **Adami PE**, Koutlianos N, Baggish A, Berman S, Cavarretta E, Deligiannis A, Furlanello F, Kouidi E, Marques-Vidal P, Niebauer J, Pelliccia A. Cardiovascular effects of doping substances, commonly prescribed medications and ergogenic aids in relation to sports: a position statement of the sport cardiology and exercise nucleus of the European Association of Preventive Cardiology. European Journal of Preventive Cardiology. 2022 Feb;29(3):559-75. **I.F.: 8,3. Citations: 26**
6. **Adami PE**, Rocchi JE, Melke N, De Vito G, Bernardi M, Macaluso A. Physiological profile comparison between high intensity functional training, endurance and power athletes. European Journal of Applied Physiology. 2022 Feb;122(2):531-9. **I.F.: 3. Citations: 10**
7. **Adami PE**, Rocchi JE, Melke N, Macaluso A. Physiological profile of high intensity functional training athletes. Journal of Human Sport & Exercise. 2021 Jul 1;16(3). **I.F.: 1,2. Citations: 8**
8. **Adami PE**, Cianca J, McCloskey B, Derman W, Steinacker JM, O'Connor F, Migliorini S, Budgett R, Yamasawa F, Lereim I, Bigard X. Infectious Diseases Outbreak Management Tool for endurance mass participation sporting events: an international effort to counteract the COVID-19 spread in the endurance sport setting [published online ahead of print, 2020 Aug 20]. British Journal of Sports Medicine. 2021 Feb 1;55(3):181-2. **I.F.: 18,5. Citations: 7**
9. Dahlström Ö, **Adami PE\***, Fagher K, Jacobsson J, Bargoria V, Gauffin H, Hansson PO, Andersson C, Berman S, Timpka T. Efficacy of pre-participation cardiac evaluation recommendations among athletes participating in World Athletics Championships. European Journal of Preventive Cardiology. 2020 Sep 1;27(14):1480-90. **I.F.: 7,8. Citations: 9**
10. **Adami PE**, Squeo MR, Quattrini FM, Di Paolo FM, Pisicchio C, Di Giacinto B, Lemme E, Maestrini V, Pelliccia A. Pre-Participation Health Evaluation in adolescent athletes competing at Youth Olympic Games: proposal for a tailored protocol. British Journal of Sports Medicine. 2019 Sep;53(17):1111-1116. Epub 2018 Nov 17. **I.F.: 12,6. Citations: 18**
11. Pelliccia A, **Adami PE**, Quattrini FM, Squeo MR, Caselli S, Verdile L, Maestrini V, Di Paolo FM, Pisicchio C, Ciardo R, Spataro A. Are Olympic athletes free from cardiovascular diseases? Systematic investigation in 2352 participants from Athens 2004 to Sochi 2014. British Journal of Sports Medicine. 2017 Feb;51(4):238-243. **I.F.: 6,7. Citations: 52**
12. **Adami PE**, Delussu AS, Rodio A, Squeo MR, Corsi L, Quattrini FM, Fattorini L, Bernardi M. Upper limb aerobic training improves aerobic fitness and all-out performance of America's Cup grinders. European journal of sport science. 2015 Apr 3;15(3):235-41. **I.F.: 2,7. Citations: 11**

## Parte XI – Relatore a Congressi e Conferenze Scientifiche Internazionali

| Anno | Congressi                                                                                                                    | Titolo presentazione                                                                                                                                                                                 |
|------|------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2023 | Canadian Society of Exercise Physiology, October 2023, Calgary, Alberta, Canada.                                             | “The impact of heat on exercise and sports”.                                                                                                                                                         |
| 2023 | 12th EFSMA (European Federation of Sports Medicine Associations) Congress of Sports Medicine, October 2023, Wroclaw, Poland. | “Preparticipation medical evaluation - the results of research on the standards in European countries. Good practices in sports federations and the possibility of their harmonization in the Member |

|      |                                                                                                                                                              |                                                                                                                                                                                                                                                                                                               |
|------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|      |                                                                                                                                                              | Federations”.                                                                                                                                                                                                                                                                                                 |
| 2023 | 30° Corso di Perfezionamento in Medicina di Montagna, Università di Padova                                                                                   | “Condizioni climatiche e rischi clinici associati al trail e mountain running”.                                                                                                                                                                                                                               |
| 2023 | HEPA Europe 2023, Health Enhancing Physical Activity Conference, World Health Organization Europe, September 2023, Leuven, Belgium                           | “Reaching beyond competitive sports. How International Sports Federation can use their main competitions to promote physical activity and active commuting. A World Athletics pilot project”.                                                                                                                 |
| 2023 | Norwegian Cardiological Society, Working Group for preventive cardiology, cardiac rehabilitation and sports cardiology, Virtual Meeting, March 2023.         | “Exercise and sports participation in patients with thoracic aortic diseases”.                                                                                                                                                                                                                                |
| 2022 | 10th European Initiative for EIM Conference, EXERCISE IS MEDICINE ITALY, Padova, Italy, October 2022.                                                        | “The impact of ambient conditions on exercise and sports”.                                                                                                                                                                                                                                                    |
| 2022 | Sport & Heart, First International Congress on Sports Cardiology, October 2022, Rome, Italy.                                                                 | “Cardiovascular effects of doping substances: an update”                                                                                                                                                                                                                                                      |
| 2022 | European Association of Preventive Cardiology EAPC - ESC Preventive Cardiology Conference 2022, Virtual Event.                                               | “Cardiovascular side effects of doping, ergogenic substances and commonly prescribed medications”.                                                                                                                                                                                                            |
| 2022 | ESSKA-ESMA-IOC Team Physician Course, ESSKA Congress, April 2022, Paris, France.                                                                             | “Field and environmental emergencies - needed knowledge for the team physician. The three Cs: Cardiology, Concussion and Climate! Cardiac Emergencies”.                                                                                                                                                       |
| 2022 | 8th EAPC Sports Cardiology Course, ESC European Society of Cardiology Congress August 2022, Barcelona, Spain.                                                | Keynote lecture title: “Exercise in extreme environments in athletes with cardiovascular diseases”.                                                                                                                                                                                                           |
| 2022 | ACSM 2022 Annual Meeting, session title "Ultra-endurance Sports, Clinical Consequences and Associated Risks: Practical Implications for Safe Participation", | "Integrating the scientific knowledge into sport participation regulations and health promoting policies"; "The Olympic and Paralympic Games in Tokyo and Beijing: Rising to the Challenge and Lessons Learned", presentation title "Preparing for the Olympic and Paralympic Games in Extreme Temperatures". |
| 2021 | 18^ edizione Sport Science Day, 4 Dicembre 2021, ONLINE                                                                                                      | “Effect of Advanced Shoe Technology on the Evolution of Road Race Times in Male and Female Elite Runners”                                                                                                                                                                                                     |
| 2021 | 1st Sports Cardiology Congress Bahrain, November 2021, Manama, Bahrain.                                                                                      | “Environmental influence on CV response to exercise”; “Smart phones and wearable devices: are they useful for monitoring athlete’s performance?”                                                                                                                                                              |
| 2021 | 18th Turkish Sports Medicine Congress, Virtual Event, November 2021.                                                                                         | "Organization of Sport Events During The COVID-19 Pandemic"; "Impact of Air Pollution on Exercise Performance And Health".                                                                                                                                                                                    |

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|------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2021 | ACSM 2021 Annual Meeting, session "Air Quality And Sport Performance. Theoretical And Practical Approach To Safe Sport Participation In Urban Environments"; session "Prevention of Abuse and Harassment in Sport. How to Safeguard the Athletes' Mental and Physical Health",                                                                             | "The IAAF commitment towards a cleaner environment. The Air Quality and Athletic Performance research study and the practical implication in athletics"; "World Athletics commitment towards prevention of abuse and harassment in athletics. A scientific evidence-based approach to sport regulation" |
| 2021 | European Association of Preventive Cardiology EAPC - ESC Preventive Cardiology Conference 2021, Virtual Event.                                                                                                                                                                                                                                             | "The show must go on: sports events during the pandemic".                                                                                                                                                                                                                                               |
| 2020 | 81° National Congress of the Italian Cardiology Society 2020, Virtual Meeting. Session title: "SIC YOUNG THE IFC ITALIAN CARDIOLOGISTS OF TOMORROW (ICOT) WORKING GROUP MEETS THE YOUNG GROUPS OF ITALIAN AND INTERNATIONAL SOCIETIES OF CARDIOLOGY".                                                                                                      | "Arrhythmias and competitive sports".                                                                                                                                                                                                                                                                   |
| 2020 | IOC Consensus Meeting on Acute Respiratory Illness in Athletes, 2 – 4 June 2020, Lausanne, Switzerland (ONLINE)                                                                                                                                                                                                                                            | "Acute Respiratory Illness in Athletes"                                                                                                                                                                                                                                                                 |
| 2019 | 5th Sports Cardiology Course, August 2019, Paris, France. Supported by the French Society of Cardiology (GERS and the Club des Cardiologues du Sport Meeting endorsed by EHRA, EACVI, WG of myocardial and pericardial diseases. Session title: "Investigation, management and recommendations for sports and exercise in athletes with abnormal imaging". | "Aortic root dilatation".                                                                                                                                                                                                                                                                               |
| 2019 | Europevent, European Association of Preventive Cardiology Conference, April 2019, Lisbon, Portugal.                                                                                                                                                                                                                                                        | "Athletes training in hot and humid vs cold and dry".                                                                                                                                                                                                                                                   |
| 2019 | EAPC Educational Course "Preventive Cardiology, Cardiac Rehabilitation & Sports Cardiology - From Set-up to New Frontiers", July 2019, Bern, Switzerland.                                                                                                                                                                                                  | "Basic science: Exercise at the extremes".                                                                                                                                                                                                                                                              |
| 2019 | Congresso di Cardiologia dello Sport " Cuore e Sport: tra competizione e prevenzione "                                                                                                                                                                                                                                                                     | "Idoneità nei soggetti con QT lungo: le novità del COCIS 2017"                                                                                                                                                                                                                                          |
| 2018 | Europevent, European Association of Preventive Cardiology Conference, April 2018, Ljubljana, Slovenia.                                                                                                                                                                                                                                                     | "Energy drinks and stimulating substances in young and fit individuals".                                                                                                                                                                                                                                |
| 2017 | Sport Authority of India Conference SAICON, November 2017, New Delhi, India.                                                                                                                                                                                                                                                                               | "Cardiovascular evaluation of the elite athlete. Historical perspectives and future directions".                                                                                                                                                                                                        |
| 2017 | ACSM 2017 Annual Meeting, session "Periodic Health Examination and Performance Assessment of Elite Athletes: Optimising Performance while Preventing Illnesses"; session "Pre-participation Screening in Olympic and Paralympic Athletes: Why, How and How Much".                                                                                          | "The Periodic Health Evaluation Benefits: A strategy for Injury and Illnesses Prevention"; "How do we safeguard our Olympic talent? Long term screening program in Olympic athletes".                                                                                                                   |
| 2017 | Europevent, European Association of Preventive Cardiology Conference, April 2017, Malaga, Spain.                                                                                                                                                                                                                                                           | "Evaluation and management of coronary artery anomalies"; "Hypertrophic cardiomyopathy: how to assess the risk of sudden cardiac death".                                                                                                                                                                |
| 2016 | Ottava edizione di "Arca Imaging", 16-17 Settembre 2016,                                                                                                                                                                                                                                                                                                   | "ANOMALIE ECG E                                                                                                                                                                                                                                                                                         |

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|------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|
|      | Siena.                                                                                                                                                                                   | ALTERAZIONI DELL'IMAGING: HA ANCORA UN RUOLO DI DETRAINING?"                                                                                  |
| 2015 | ESC, European Society of Cardiology Congress, August 2015, London, UK.                                                                                                                   | "The athlete's aorta: upper limits and markers of disease".                                                                                   |
| 2015 | Europrevent, European Association of Preventive Cardiology Conference, April 2015, Lisbon, Portugal.                                                                                     | "Efficacy of a tailored screening protocol for Olympic athletes: a six Olympic games screening experience"; "Interpreting the athlete's ECG". |
| 2013 | SANIT, Roma, Italia. Titolo sessione: "Società Italiana di Cardiologia e la Fondazione Italiana Cuore e Circolazione – Onlus"                                                            | "Il cuore dei giovani: strumenti, normativa, responsabilità dello sport giovanile".                                                           |
| 2010 | IV Edizione di Cardiologia NO LOGO, Siracusa, Italia. "Prevenire è meglio che curare !?" Il Convegno, patrocinato della Regione Sicilia, ANMCO, SIC, SIIA, SIPREC, SICOA, FISOPA, FIMMG. | "Attività fisica e prevenzione cardiovascolare: quando e come?"                                                                               |

## Parte XII – Relatore a Conferenze Internazionali a Carattere Divulgativo

| Anno | Conferenza                                                                                        | Titolo presentazione                                                                                                                |
|------|---------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|
| 2023 | 28th TAFISA World Congress, 1 November - 5 November 2023 in Düsseldorf, Germany                   | "How can International Sport Organisations bridge the gap with grassroots sports?"                                                  |
| 2023 | European Youth and Sport Platform 2023, 1 - 4 June 2023 Stockholm, Sweden.                        | Keynote speaker in the session: "Sustainability within sports"                                                                      |
| 2022 | INTERACT Project, Closing Conference, 2nd DECEMBER 2022, Online.                                  | "International Sport Organisations (ISOs) Investments in Sport for All and Physical Activity: Knowledge and Experience Round Table" |
| 2021 | European Sport Platform, October 2021, Vilnius, Lithuania. Theme: Innovation in grassroot Sports. | "Sustainability in and through Sport - Air Quality - air quality issues that impact global sport".                                  |
| 2012 | Symposium on Wellbeing of Young People in Eastern Europe, 11-12/06/2012, Tbilisi, Georgia         | "Healthy lifestyles"                                                                                                                |