

Dott.ssa Isabella Berardelli

## Curriculum Vitae

Place Rome

Date 28/09/2021

### Part I – General Information

Full Name	Isabella Berardelli
Spoken Languages	Italian (mother tongue), English (advanced level)

### Part II – Education

Type	Year	Institution	Notes (Degree, Experience,...)
University graduation	2007	Sapienza, University of Rome	Medical Doctor. Thesis title: “Stress correlato ad interventi di cardiocirurgia con circolazione extracorporea e memorie traumatiche al follow-up a sei mesi”. 110/110 con lode
Post-graduate diploma	2014	Scuola di Psicoterapia Cognitiva (SPC)	Degree in Cognitive Psychotherapy
Post-graduate diploma	2015	Scuola di Psicoterapia Cognitiva (SPC)	Degree in Evolutionary-oriented Cognitive Psychotherapy (individual and group approach).
Licensure 01	2007	Ordine dei medici chirurghi e odontoiatri di Roma	N° M 56266
Specialty	2012	Sapienza University of Rome	Psychiatry and Psychotherapy. Thesis Title: “Appropriatezza degli strumenti psicometrici per la valutazione della gravità delle sindromi depressive in pazienti affetti da patologie neoplastiche”. Votazione: 70/70 con lode.
PhD	2015	Sapienza University of Rome	Clinical and Experimental Neurosciences and Psychiatry. Thesis Title: “I disturbi Psichiatrici nei disordini del Movimento: La terapia Cognitivo-Comportamentale (CBT) di gruppo - Una nuova frontiera per il trattamento dei sintomi psichiatrici”. Giudizio:

Ottimo con lode

### Part III – Appointments

#### IIIA – Academic Appointments

Start	End	Institution	Position
2017	today	Sapienza University of Rome, Department of Neurosciences, Mental Health, and Sensory Organs, Faculty of Medicine and Psychology. Ospedale S. Andrea	Fixed term researcher-Type A (RTD-A)
2017	today	Sapienza University of Rome.	Member of the board of the Department of Neurosciences, Mental Health, and Sensory Organs, Faculty of Medicine and Psychology

#### IIIB – Clinical Appointments

Start	End	Institution	Position
2012	2014	Servizio per le cure domiciliari, Department of Ophthalmology, Sapienza University of Rome, Policlinico Umberto I, Rome.	Psychiatric Consultation
2013	2015	Medical Commission for the assessment of the psychophysical suitability of the personnel involved in the technical operation of nuclear plants.	Alternate member, Psychiatric consultation
2013	2014	Therapeutic rehabilitation residential structure “Gnosis la grande Montagna”.	Health Director
2014	2016	Assignment of coordinated and continuous collaboration, Center for Rare Neurometabolic Diseases and Psychiatry, "Movement Disorders / Adult Dystonias", DAI Neurology and Psychiatry, Policlinico Umberto I, Rome	Psychiatric Consultation
2016	2017	ASL Roma G, Monterotondo Mental Health Center, fixed-term contract, regional ranking. Official Bulletin of the Lazio Region of 08/10/2015.	Medical Director, Service of Psychiatry
2019	today	Sant’Andrea University Hospital in Rome, UOC Psichiatria	Full time Psychiatrist

## Part IV – Teaching experience

Year	Institution	Lecture/Course
2017/today	Sapienza University of Rome, Faculty of Medicine and Psychology	School Specialization
2017/today	Sapienza University of Rome, Faculty of Medicine and Dentistry	Academic Board Member Phd “Neuroscienze Clinico Sperimentali e Psichiatria - Clinical and Experimental Neurosciences and psychiatry”.
2017/today	Sapienza University of Rome, Faculty of Medicine and Psychology	Course of Psychiatry (coordinated by Prof. Pompili).
2018/today	Sapienza University of Rome, Faculty of Medicine and Dentistry	Course CLMMC-A Psychiatry.
2020/today	Sapienza University of Rome, Faculty of Psychology	Course: Psychiatry.
2019/today	Sapienza University of Rome, Faculty of Medicine and Psychology	Course: Psychiatry- Nursing (English).
2018/today	Sapienza University of Rome, Faculty of Medicine and Dentistry.	Course: Psychiatry- Occupational therapy degree program.
2018/2021	Sapienza University of Rome, Faculty of Medicine and Dentistry	Course: Psychiatry- Health care professions..
2017/2020	Sapienza University of Rome, Nursing School of Medicine and Psychology. Nursing, Ostia ASL RM3	Course: "Nursing of therapeutic and care processes in the area of physical and mental disabilities- Psychiatry”-
2017/2021	Sapienza University of Rome, Faculty of Medicine and Dentistry	Course: "Group therapy in psychiatric rehabilitation" and "Psychometry in psychiatric pathologies"- psychiatric rehabilitation technicians degree course.
2015/2017	Sapienza University of Rome, Faculty of Medicine and Dentistry	Course Psychiatry, Cultore della materia

## Part V - Society memberships, Awards and Honors

Year	Title
2019/today	Member of “Società Italiana di Psicopatologia (SOPSI)”
2019/today	Member of “Società Italiana di Psichiatria (SIP)”
2019/today	Member of “Società Italiana di Psicopatologia, gruppo Giovani (SOPSI-GG)”
2019/today	Member of the board of directors of “Società Italiana di Psicopatologia, gruppo

	giovani SOPSI (SOPSI GG)”
2019/today	Secretary of “Società Italiana di Psicopatologia SOPSI, gruppo giovani (SOPSI GG)”
2019/today	Section editor of Obsessive Compulsive Disorders, Annals of General Psychiatry

**Part VI - Funding Information [grants as PI-principal investigator or I-investigator]**

Year	Title	Program
2018	Suicidal ideation in Parkinson's disease: the effect of motor, non-motor and psychological features. - n. protocollo RP118164266F2BB8,	Progetto Ateneo, Sapienza University of Rome
2018	STUDIO JANSEN ROUTE6 PROTOCOL: JANSSEN R092670PSY3015. Site Name: Sapienza University, Primary Investigator: POMPILI, MAURIZIO Site ID: I62-IT10005	Research sponsor: Janssen Cilag s.p.a., Sub-investigator
2019	An open-label single-arm extension of a double-blind, randomized, active-controlled, parallel-group study on paliperidone palmitate in a six-monthly Site ID: R092670PSY3016	Research sponsor: Janssen Cilag s.p.a., Sub-investigator
2020	“A description of routine treatment pathways in a cohort of patients with major depression and ‘active suicidal ideation with intent’ in Italy: the Arianna observational study. U.O.C. Psichiatria Azienda Ospedaliera Universitaria, Sant'Andrea di Roma, Sapienza Università di Roma (Principal Investigator Prof. M.Pompili)	Research sponsor: Janssen Cilag s.p.a. , sub-investigator
2020	Support for the Mind At The Right Time (SMART HELP): Nuove Prospettive a Sostegno della Crisi Suicidaria - n. protocollo RM120172B8B12B2F. Proponente Prof. Maurizio Pompili, partecipanti: Dott.ssa Isabella Berardelli.	Progetto Ateneo, Sapienza University of Rome

**Part VII – Research Activities**

Keywords	Brief Description
Suicide	<p>Research activity has been focused over the years, in two different fields of neuroscience: the suicide prevention and consultation psychiatry.</p> <p>In the field of suicide prevention, the research activity was focused on the evaluation and outcomes of outpatient and inpatient psychiatric patients with particular interest in the evaluation of demoralization, despair, temperament, depression, mental pain and their relationship with the risk of suicide. Validation of psychometric tools with surveys on the general population and on selected populations.</p> <p>In the context of consultation psychiatry, studies are underway on psychiatric comorbidity in patients with movement disorders, on the psychopathological mechanisms and on the risk of suicide in various neurodegenerative disorders, including Parkinson's disease, atypical parkinsonisms, dystonias, essential tremor and Huntington's chorea. In addition, studies on the assessment of quality of life and suicide risk are underway and other neuropsychological variables in patients with headache and gestational diabetes.</p>
Suicide prevention	
Psychiatry	
Medical conditions	
Consultation psychiatry	

## Part X-Full list Publications

### International Publications

- 1) Fabbrini G, Pasquini M, Aurilia C, **Berardelli I**, Breedveld G, Oostra BA, Bonifati V, Berardelli A. "A large Italian family with Gilles de la Tourette syndrome: clinical study and analysis of the SLITRK1 gene. *Movement Disorders*. 2007;22(15):2229-2234".  
(IF 2007:3.20)
- 2) Pasquini M, Fabbrini G, **Berardelli I**, Bonifati V, Biondi M, Berardelli A "Psychopathological features of obsessive-compulsive disorder in an Italian family with Gilles de la Tourette syndrome not linked to the SLITRK1 gene. *Psychiatry Research*. 2008;161(1):109-111  
(IF 2008:2.66)
- 3) Pasquini M, **Berardelli I** "Anxiety levels and related pharmacological drug treatment: a memorandum for the third millennium". *Annali dell'Istituto Superiore di Sanità* 2009; 45(02):193-204
- 4) Pasquini M, **Berardelli I** and Biondi M. "Amantadine augmentation for refractory obsessive-compulsive disorder: a case report" *Journal of Clinical Psychopharmacology*. 2010; 30(1):85-6  
(IF 2010: 4.857)
- 5) Pasquini M, Fabbrini G, Moretti G, **Berardelli I**, Mandarelli G, Delle Chiaie R, Leone C, Biondi M, A Berardelli "Bradykinesia in patients with obsessive-compulsive disorder". *European Psychiatry* 2010; 25 (7):378-81  
(IF 2010: 3.365)
- 6) Fabbrini G, **Berardelli I**, Moretti G, Pasquini M, Bloise M, Colosimo C, Biondi M, Berardelli A. "Psychiatric disorders in adult-onset focal dystonia: a case-control study" *Movement Disorders* 2010 Mar 15;25(4):459-65  
(IF 2010: 4.48)

- 7) Fabbrini G, **Berardelli I**, Moretti G, Pasquini M, Colosimo C, Berardelli A. “Non-motor symptoms in adult-onset focal dystonia: psychiatric abnormalities”. *Movement Disorders* 2011 Aug 1;26(9):1765-6.  
(IF 2011: 4.5)
- 8) Fabbrini G, **Berardelli I**, Moretti G, Pasquini M, Colosimo C, Berardelli A. “Psychiatric disorders in adult onset focal dystonia. *Movement disorders* 2011; 26-15-72  
(IF 2011: 4.5)
- 9) Suppa A, Belvisi D, Bologna M, Marsili L, **Berardelli I**, Moretti G, Pasquini M, Fabbrini G, Berardelli A. “Abnormal cortical and brain stem plasticity in Gilles de la Tourette syndrome” *Movement Disorders* 2011 Aug 1;26(9):1703-10  
(IF 2011: 4.5)
- 10) Pasquini M, **Berardelli I**, Cabra A, Maraone A, Matteucci G, Biondi M. “Core depressive symptoms in depressed cancer outpatients”. *Clinical Practice & Epidemiology in Mental Health*, 2011;7:178-81
- 11) Fabbrini G, **Berardelli I**, Falla M, Moretti G, Pasquini M, Altieri M, Defazio G, Biondi M, Berardelli A “Psychiatric disorders in patients with essential tremor”. *Parkinsonism and Related Disorders*, 2012 Sep;18(8):971-3  
(IF 2012: 3.274)
- 12) Tarsitani L, Pasquini M, Maraone A, Zerella MP, **Berardelli I**, Giordani R, Polselli GM, Biondi M. “Acute psychiatric treatment and the use of physical restraint in first-generation immigrants in Italy: a prospective concurrent study.” *International Journal of Social Psychiatry*, 2013 Sep; 59(6):613-8  
(IF 2013: 1.333)
- 13) Pasquini M, **Berardelli I**, Calabrò F, Roselli V, Hefner S, Biondi M. “Is amisulpride safe when prescribed to breast and prostate cancer patients? ”. *Medical Hypotheses*, 2013 Dec;81(6):1146-50  
(IF 2013: 1.152)
- 14) Picardi, A., Adler, D.A., Rogers, W.H., Lega, I., Zerella, M.P., Matteucci, G., Tarsitani, L., Caredda, M., Gigantesco, A., Biondi, M., Cerbo, M., Gaddini, A., Gigantesco, A., Spandonaro, F., Cavallo, A., Crescenzi, A., Polistena, B., **Berardelli, I.**, Cascavilla, I., Re, D., Fini, C., Leoncini, L., Baccarini, S., D'Andrea, F., Fonso, M.D., Dolfi, R., Guerani, A., Mandolini, D., Marri, G., Pagano, L., Pagliarini, M., Paoletti, M.L., Pes, A., Raspa, S., Sabatini, M., Salomone, U., Ventura, P. “Diagnostic accuracy of the primary care screener for Affective Disorder (Pc-Sad) In Primary Care” *Clinical Practice & Epidemiology in Mental Health*. 2013; 9: 164–170
- 15) Pasquini M, Celletti C, **Berardelli I**, Roselli V, Mastroeni S, Castori M, Biondi M, Camerota F. “Unexpected association between joint hypermobility syndrome/ehlers-danlos syndrome hypermobility type and obsessive-compulsive personality disorder” *Rheumatology International*. 2014 May;34(5):631-6  
(IF 2013: 1.516)
- 16) Pasquini M, **Berardelli I** and M. Biondi “Ethiopathogenesis of depressive disorders”. *Clinical Practice & Epidemiology in Mental Health*, 2014 Dec 19;10:166-71
- 17) Bloise MC, **Berardelli I**, Roselli V, Pasquini M, Stirpe P, Colosimo C, Berardelli A, Fabbrini G. “Psychiatric disturbances in patients with progressive supranuclear palsy: a case-control study”. *Parkinsonism and Related Disorders*, 2014 Sep;20(9):965-8  
(IF 2014: 3.972)

- 18) Suppa A, Marsili L, Di Stasio F, **Berardelli I**, Roselli V, Pasquini M, Cardona F, Berardelli A. “Cortical and brainstem plasticity in Tourette syndrome and obsessive-compulsive disorder”. *Movement Disorders*. 2014 Oct;29(12):1523-31  
(IF 2014: 5.680)
- 19) **Berardelli I**, Pasquini M., Bloise M., Tarsitani L., Fabbrini G., Biondi M., Berardelli A. “CBT group intervention for depression and motor symptoms in Parkinson’s disease: preliminary findings”. *International Journal of Cognitive Therapy*, March 2015 8(1):11-20  
(IF 2015:1.062)
- 20) **Berardelli I**, Ferrazzano G, Pasquini M, Biondi M, Berardelli A, Fabbrini G. “Clinical course of psychiatric disorders in patients with cervical dystonia” *Psychiatry Research*. 2015 Sep 30;229(1-2):583-5  
(IF 2015: 2.466)
- 21) Pasquini M, Piacentino D, **Berardelli I**, Roselli V, Maraone A, Tarsitani L, Biondi M. “Fatigue experiences among OCD outpatients”. *Psychiatry Quarterly*, 2015 Dec;86(4):615-24  
(IF 2015: 0.978)
- 22) **Berardelli I**, Pasquini M, Roselli V, Biondi M, Berardelli A, Fabbrini G. “ Cognitive behavioral therapy in movement disorders: a review”. *Movement Disorders Clinical Practice*, June 2015 2, 107-115
- 23) Piacentino D, Pasquini M, Tarsitani L, **Berardelli I**, Roselli V, Maraone A, Biondi M. “The Association of Anger with Symptom Subtypes in Severe Obsessive-Compulsive Disorder Outpatients”. *Psychopathology*, 2016;49(1):40-6  
(IF 2016: 1.604)
- 24) Conte A, **Berardelli I**, Ferrazzano G, Pasquini M, Berardelli A, Fabbrini G. “Non-motor symptoms in patients with adult-onset focal dystonia: sensory and psychiatric disturbances”. *Parkinsonism and Related Disorders*, 2016 Jan; 1:S111-4  
(IF 2016: 4.484)
- 25) Picardi A, Lega I, Tarsitani L, Caredda M, Matteucci G, Zerella MP, Miglio R, Gigantesco A, Cerbo M, Gaddini A, Spandonaro F, Biondi M; **SET-DEP Group**. “A randomised controlled trial of the effectiveness of a program for early detection and treatment of depression in primary care”. *Journal of Affective Disorders*. 2016 Jul 1;198:96-101  
(IF 2016: 3.432)
- 26) Bologna M, **Berardelli I**, Paparella G, Marsili L, Ricciardi L, Fabbrini G, Berardelli A. Altered Kinematics of Facial Emotion Expression and Emotion Recognition Deficits Are Unrelated in Parkinson's Disease. *Frontiers in Neurology*, 2016 Dec 14;7:230  
(IF 2016: 3.552)
- 27) Marsili L, Suppa A, Di Stasio F, Belvisi D, Upadhyay N, **Berardelli I**, Pasquini M, Petrucci S, Ginevrino M, Fabbrini G, Cardona F, Defazio G, Berardelli A. “BDNF and LTP-/LTD-like plasticity of the primary motor cortex in Gilles de la Tourette syndrome”. *Experimental Brain Research*, 2017 Mar;235(3):841-850  
(IF 2017: 1.806)
- 28) Ferrazzano G, **Berardelli I**, Conte A, Suppa A, Fabbrini G, Berardelli A. Interoceptive sensitivity in patients with cervical dystonia. *Parkinsonism and Related Disorders*, 2017 Nov;44:129-132  
(IF 2017: 4.721)
- 29) Petrucci S, Ferrazzano G, Ginevrino M, Tolve M, **Berardelli I**, Berardelli A, Fabbrini G, Valente EM. Genetic paradoxes in an Italian family with PARK2 multiexon duplication. *Movement Disorders Clinical Practice* 2017 4(6):889-892
- 30) **Berardelli I**, Fabbrini G. Cervical Dystonia and Depression: Which Comes First? *Current Advances in Neurology and Neurological Disorders*, 2017: 1-3

(IF 2017: 0)

- 31) **Berardelli I**, Bloise MC, Bologna M, Conte A, Pompili M, Lamis DA, Pasquini M, Fabbrini G. Cognitive behavioral group therapy versus psychoeducational intervention in Parkinson's disease. *Neuropsychiatry Diseases and Treatment*. 2018 Jan 26;14:399-405  
(IF 2018: 2.228)
- 32) Giupponi G, Giordano G, Maniscalco I, Erbuto D, **Berardelli I**, Conca A, Lester D, Girardi P, Pompili M. Suicide risk in attention-deficit/hyperactivity disorder. *Psychiatria Danubina*, 2018 Mar;30(1):2-10  
(IF 2018: 0.683)
- 33) Lamis DA, Innamorati M, Erbuto D, **Berardelli I**, Montebovi F, Serafini G, Amore M, Krakow B, Girardi P, Pompili M. Nightmares and suicide risk in psychiatric patients: The roles of hopelessness and male depressive symptoms. *Psychiatry Research*. 2018 Jun;264:20-25  
(IF 2018: 2.208)
- 34) Erbuto D, Innamorati M, Lamis DA, **Berardelli I**, Forte A, De Pisa E, Migliorati M, Serafini G, Gonda X, Rihmer Z, Fiorillo A, Amore M, Girardi P, Pompili M. Mediators in the association between affective temperaments and suicide risk among psychiatric inpatients. *Psychiatry*. 2018; 81(3):240-257  
(IF 2018: 1.873)
- 35) **Berardelli I**, Pasquini M, Conte A, Bologna M, Berardelli A, Fabbrini G. Treatment of psychiatric disturbances in common hyperkinetic movement disorders. *Expert Review of Neurotherapeutics*. 2018 2019 Jan;19(1):55-65  
(IF 2018: 3.453)
- 36) **Berardelli I**, Corigliano V, Hawkins M, Comparelli A, Erbuto D, Pompili M. Lifestyle Interventions and Prevention of Suicide. *Frontiers in Psychiatry*. 2018 Nov 6;9:567  
(IF 2018: 3.161)
- 37) Belvisi D, **Berardelli I**, Suppa A, Fabbrini A, Pasquini M, Pompili M, Fabbrini G. Neuropsychiatric disturbances in atypical parkinsonian disorders. *Neuropsychiatric Disease and Treatment*. 2018 Oct 9;14:2643-2656.  
(IF 2018: 2.228)
- 38) **Berardelli I**, Belvisi D, Corigliano V, Costanzo M, Innamorati M, Fabbrini G, Berardelli A, Pompili M. Suicidal ideation, perceived disability, hopelessness and affective temperaments in patients affected by Parkinson's disease. *International Journal of Clinical Practice*. 2018 Oct 19:e13287  
(IF 2018: 2.613)
- 39) Belvisi D, **Berardelli I**, Ferrazzano G, Costanzo M, Corigliano V, Fabbrini G, Berardelli A, Pompili M. The clinical correlates of suicidal ideation in Parkinson's disease. *Parkinsonism and Related Disorders*. 2019 Jun;63:54-59  
(IF 2019: 3.926)
- 40) Pompili M, Lionetto L, Curto M, Forte A, Erbuto D, Montebovi F, Seretti ME, **Berardelli I**, Serafini G, Innamorati M, Amore M, Baldessarini RJ, Girardi P, Simmaco M. Tryptophan and Kynurenine Metabolites: Are They Related to Depression? *Neuropsychobiology*. 2019;77(1):23-28  
(IF 2019: 1.694)
- 41) Stefa-Missagli S, Unterrainer HF, Giupponi G, Wallner-Liebmann SJ, Kapfhammer HP, Conca A, Sarlo M, **Berardelli I**, Sarubbi S, Andriessen K, Krysinka K, Erbuto D, Moujaes-Droescher H, Lester D, Davok K, Pompili M. Influence of spiritual dimensions on suicide risk: The role of regional differences. *Archives of Suicide Research*. 2019 Jul 4:1-29  
(IF 2019: 2.274)



- 42) **Berardelli I**, Belvisi D, Nardella A, Falcone G, Lamis DA, Fabbrini G, Berardelli A, Girardi P, Pompili M. Suicide in Parkinson's disease: A systematic review. *CNS Neurological Disorders Drug Targets* 2019;18(6):466-477  
(IF 2019: 3.56)
- 43) **Berardelli I**, Belvisi D, Pasquini M, Fabbrini A, Petrini F, Fabbrini G. Treatment of psychiatric disturbances in hypokinetic movement disorders. *Expert Reviews of Neurotherapeutics*. 2019 Oct;19(10):965-981  
(IF 2019: 3.743)
- 44) **Berardelli I**, Sarubbi S, Rogante E, Hawkins M, Cocco G, Erbuto D, Lester D, Pompili M. The Role of Demoralization and Hopelessness in Suicide Risk in Schizophrenia: A Review of the Literature. *Medicina (Kaunas)*. 2019 May 23;55(5)  
(IF 2019: 1.206)
- 45) Bologna M, **Berardelli I**, Paparella G, Ferrazzano G, Angelini L, Giustini P, Alunni-Fegatelli D, Berardelli A. Tremor Distribution and the Variable Clinical Presentation of Essential Tremor. *Cerebellum*. 2019 Oct;18(5):866-872  
(IF 2019: 3.129)
- 46) Ferrazzano G, **Berardelli I**, Conte A, Baione V, Concolato C, Belvisi D, Fabbrini G, Defazio G, Berardelli A. Motor and non-motor symptoms in blepharospasm: clinical and pathophysiological implications. *Journal of Neurology*. 2019; 266(11):2780-2785  
(IF 2019: 3.956)
- 47) Baione V, Ferrazzano G, **Berardelli I**, Belvisi D, Berardelli A, Conte A. Unravelling mechanisms of altered modulation of trigemino-facial circuits in blepharospasm. *Clinical Neurophysiology*. 2019 Sep;130(9):1642-1643  
(IF 2019: 3.214)
- 48) **Berardelli I**, Sarubbi S, Lamis DA, Rogante E, Canzonetta V, Negro A, Guglielmetti M, Sparagna A, De Angelis V, Erbuto D, Pompili M, Martelletti P. Job Satisfaction Mediates the Association between Perceived Disability and Work Productivity in Migraine Headache Patients. *International Journal of Environment Research and Public Health*. 2019; Sep 10;16(18):3341  
(IF 2019: 2.849)
- 49) Stefa-Missagli S, Unterrainer HF, Giupponi G, Holasek SJ, Kapfhammer HP, Conca A, Sarlo M, Erbuto D, Rogante E, Moujaes-Droescher H, Davok K, **Berardelli I**, Krysinska K, Andriessen K, Lester D, Pompili M. Suicide and Personality Traits: A Multicenter Study of Austrian and Italian Psychiatric Patients and Students. *Suicide and Life Threatening Behavior*, 2020 Feb;50(1):220-232  
(IF 2019: 1.33)
- 50) **Berardelli I**, Sarubbi S, Spagnoli A, Fina C, Rogante E, Erbuto D, Innamorati M, Lester D, Pompili M. Projective Technique Testing Approach to the Understanding of Psychological Pain in Suicidal and Non-Suicidal Psychiatric Inpatients. *International Journal of Environment Research and Public Health*. 2019 Dec 31;17(1)  
(IF 2019: 2.849)
- 51) Napoli A, Lamis DA, **Berardelli I**, Canzonetta V, Sarubbi S, Rogante E, Napoli PL, Serafini G, Erbuto D, Tambelli R, Amore M, Pompili M. Anxiety, Prenatal Attachment, and Depressive Symptoms in Women with Diabetes in Pregnancy. *International Journal of Environment Research and Public Health*. 2020 Jan 8;17(2)  
(IF 2020: 2.849)
- 52) Costanza A, Baertschi M, Richard-Lepouriel H, Weber W, **Berardelli I**, Pompili M, Canuto A. Demoralization and Its Relationship with Depression and Hopelessness in Suicidal Patients

Attending an Emergency Department. *International Journal of Environment Research and Public Health*. 2020;17(7):2232.

(IF 2020: 2.849)

- 53) **Berardelli I**, Ferrazzano G, Belvisi D, Pompili M, Berardelli A, Fabbrini G. Psychiatric disorders in blepharospasm: a 10-year follow-up study. *Psychiatry Research*. 2020 May 26;290:113092.  
(IF 2020: 3.222)
- 54) **Berardelli I**, Erbutto D, Rogante E, Sarubbi S, Lester D, Pompili M. Making sense of the unique pain of survivors: a psychoeducational approach for suicide bereavement. *Frontiers in Psychology* 2020 Jun 30;11:1244.  
(IF 2020: 2.990)
- 55) Ferrazzano G, **Berardelli I**, Belvisi D, De Bartolo MI, Di Vita A, Conte A, Fabbrini G. Awareness of dystonic posture in patients with cervical dystonia. *Frontiers in Psychology, section Neuropsychology*. 2020 Jun 23;11:1434  
(IF 2020: 2.990)
- 56) **Berardelli I**, Serafini G, Cortese N, Fiaschè F, O'Connor RC, Pompili M. The Involvement of Hypothalamus-Pituitary-Adrenal (HPA) Axis in Suicide Risk. *Brain Sciences*. 2020 Sep 21;10(9):653  
(IF 2020: 3.394)
- 57) Piacentino D, Maraone A, Roselli V, **Berardelli I**, Biondi M, Kotzalidis GD, Pasquini M. Efficacy of nicotine administration on obsessions and compulsions in OCD: a systematic review. *Annals of General Psychiatry*. 2020 Sep 30;19:57  
(IF 2020: 3.455)
- 58) Costanza A, Amerio A, Aguglia A, Escelsior A, Serafini G, **Berardelli I**, Pompili M, Amore M. When Sick Brain and Hopelessness Meet: Some Aspects of Suicidality in the Neurological Patient. *CNS Neurological Disorders Drug Targets* 2020;19(4):257-263  
(IF 2020:3.926)
- 59) **Berardelli I**, Ferrazzano G, Belvisi D, Baione V, Fabbrini G, Innamorati M, Berardelli A, Pompili M. Suicidal ideation, hopelessness, and affective temperament in patients with blepharospasm. *International Journal of Psychiatry in Clinical Practice* 2020 Jul 15:1-6  
(IF 2020: 1.812)
- 60) Costanza A, Zenga F, Rudà R, Amerio A, Aguglia A, Serafini G, Amore M, Bondolfi G, **Berardelli I**, Nguyen KD. Suicidality in Patients with Brain Tumors: A Brief Literature Review with Clinical Exemplar. *Medicina (Kaunas)*. 2020 Dec 21;56(12):725.  
(IF 2020: 1.205)
- 61) **Berardelli I**, Forte A, Innamorati M, Imbastaro B, Montalbani B, Sarubbi S, De Luca GP, Mastrangelo M, Anibaldi G, Rogante E, Lester D, Erbutto D, Serafini G, Amore M, Pompili M. Clinical Differences Between Single and Multiple Suicide Attempters, Suicide Ideators, and Non-suicidal Inpatients. *Frontiers in Psychiatry*. 2020 Dec 15;11:605140  
(IF 2020: 4.157)
- 62) **Berardelli I**, Innamorati M, Sarubbi S, Rogante E, Erbutto D, De Pisa E, Costanza A, Del Casale A, Pasquini M, Lester D, Pompili M. Are Demoralization and Insight Involved in Suicide Risk? An Observational Study on Psychiatric Inpatients. *Psychopathology*. 2021;54(3):127-135  
(IF 2020:1.94)

- 63) **Berardelli I**, Vaia A, Pompili M. Thoughts of death, depression, and guilt in a healthcare worker who infected her husband with SARS-CoV-2: A case report. *CNS Neurol Disord Drug Targets*. 2020 Dec 23. Epub ahead of print  
(IF 2020:3.926)
- 64) Costanza A, Radomska M, Zenga F, Amerio A, Aguglia A, Serafini G, Amore M, **Berardelli I**, Ojio Y, Nguyen KD. Severe Suicidality in Athletes with Chronic Traumatic Encephalopathy: A Case Series and Overview on Putative Ethio-pathogenetic Mechanisms. *International Journal of Environment Research and Public Health*. 2021 Jan 20;18(3):876  
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### **Publications and chapters in italian language**

1) “L’utilizzo di tecniche cognitive e comportamentali nel trattamento delle cefalee: revisione sistematica della letteratura degli ultimi 10 anni” Autori: Denise Fagiolo, Isabella Berardelli  
*Medicina Psicosomatica vol.52, No 3, Luglio-settembre 2007, pp117-124*

2)“Diagnosi e terapia del disturbo misto ansioso depressivo”.Autori: Roberto Delle Chiaie, Camilla Fini, Isabella Berardelli *Pacini Editore Medicina 2007, Wyet*

3)“Meccanismi fisiopatologici e terapia del disturbo ossessivo-compulsivo con la TMS” D. Belvisi, M. Bologna, I. Berardelli, G Moretti, M Pasquini. *Rivista Di Psichiatria*, 2008, 43, 2

4)“Aspetti psicosomatici degli acufeni: Parte I. Caratteristiche fenomenologiche e comorbidità psichiatrica” I. Berardelli, C. Fini, R. Delle Chiaie. *Rivista di Medicina Psicosomatica*, 2009, volume 54, n° 2

5)“Aspetti psicosociali degli acufeni: Parte II - nuove prospettive nella valutazione della terapia degli acufeni” C. Fini, I. Berardelli, R. Delle Chiaie. *Rivista di Medicina Psicosomatica Anno 2009 volume 54 n2*

6)“Doc refrattario: dalla fisiopatologia alle strategie terapeutiche farmacologiche” I Berardelli, G Moretti, M Pasquini, M Biondi. *Rivista di Psichiatria 4-2008*

7)“Impiego di Mirtazapina in pazienti oncologici. Massimo Pasquini, Isabella Berardelli, Ambra Cabra. *Clinical Management Issues n°3 anno 2010*

8)“La Depressione nell’anziano”. L Tarsitani, I Berardelli. *In: Manuale breve di Geriatria. Vincenzo Marigliano. Società Editrice Universo, II Edizione 2012*

9)“I disturbi psichiatrici”. Berardelli, M. Pasquini, M. Biondi. *In: La Neurologia della Sapienza, Casa editrice Esculapio, 2012*

10)“La depressione nel paziente anziano: epidemiologia, diagnosi ed aspetti clinici. depression in elderly: epidemiology, diagnosis and clinical features” Lorenzo Tarsitani, Isabella Berardelli, Valentina Roselli, Massimo Biondi. *Italian Journal of Geriatrics and Gerontology* 2013;1(2-3): 61-65

11)“Il disturbo ossessivo compulsivo: implicazioni medico legali nella valutazione della disabilità”. Mandarelli G, Pasquini M, Berardelli I, Biondi M, Ferracuti S. *Minerva Medica*, 2014

12)“CBT di Gruppo: una strategia terapeutica per i sintomi motori e non-motori della malattia di Parkinson”. I. Berardelli, M. Pasquini, M. Bloise, L. Tarsitani, M. Biondi. *Med. Psicosom*, 2014

13)"Lavoro e Disturbi Mentali". Lorenzo Tarsitani, Isabella Berardelli, Valentina Roselli, Massimo Biondi .*Trattato di Medicina del Lavoro, Casa Editrice Piccin, in press*

14)“I disturbi psichiatrici”, II Edizione. Berardelli I, M. Pasquini, M. Biondi. *In: La Neurologia della Sapienza. Casa editrice Esculapio, 2015*

15)“Psicopatologia e migrazioni”. Roselli V., Todini L., Montillo R., Berardelli I., Tarsitani L. *in Compendio di Psichiatria e Salute Mentale a cura di Prof. Massimo Biondi. Edizioni Alpes 2016*

## **Part XI Invited speaker in congresses**

SIP Giovani, Riccione (Società Italiana di Psichiatria sezione giovani)

SIMPOSIO: Migrazione nelle grandi città e disturbi mentali. Dati da un SPDC di Roma. 13-16 ott 2010.

EPA-1328 – Abstract. Psychiatric comorbidities in the joint hypermobility syndrome/ehlers danlos syndrome hypermobility type.

Simposio "I disturbi psichiatrici nella malattia di Parkinson e negli altri disturbi del movimento" - roma 18 settembre 2014 (LIMPE). Relazione: La distonia e la depressione nell'adulto

4° congresso dell'accademia LIMPE-DISMOV moderatore sessione poster: “malattia di Parkinson - aspetti neurocognitivi e psichiatrici “. 25 maggio 2018, Roma.

Simposio Internazionale di Suicidologia e Salute Pubblica 13 e 14 settembre 2018. Simposio pre-congressuale. Relazione dal titolo: “stili di vita e comportamenti suicidarie nei pazienti psichiatrici”.

28 Convegno Società Italiana di Neurogeriatria. Roma 13-14 dicembre 2018. Relazione dal titolo: “Depressione e malattia di Parkinson, facciamo chiarezza”.

“Attualità nei disturbi neuropsichiatrici: focus su disturbi del movimento e depressione”, Roma, 21 marzo 2019. Relazione dal titolo: “il suicidio nei disturbi del movimento”.

Simposio Internazionale di Suicidologia e salute pubblica, Roma, 17 e 18 settembre 2019.. Relazione dal titolo: “demoralizzazione e rischio suicidario”.

50° congresso SIN (Società Italiana di Neurologia), Bologna 12-15 ottobre 2019. Relazione dal titolo: “depressione e rischio suicidario nella malattia di Parkinson”.

IV Giornata di aggiornamento su tematiche di medicina del sonno malattia di Parkinson e i sintomi non motori:, l'altra faccia della malattia, Roma 25 ottobre 2019. Relazione dal titolo: “i disturbi neuropsichiatrici nella malattia di Parkinson”.

Il medico di medicina generale e la salute mentale. Ansia, depressione, psicosi. Corso ECM. cooperativa romamed service. Roma - 04 maggio 2019. Relazione dal titolo: “La Psicosi”.

XI Corso di aggiornamento dell'istituto di Psicopatologia. Depressione e disturbi bipolari. Aree problematiche e possibili soluzioni. 29-30 novembre 2019. Roma. Relazione dal titolo: “servizio per la prevenzione del suicidio, Ospedale S. Andrea Roma: un modello nel campo della prevenzione del suicidio”.

XXIV Congresso Nazionale di Psicopatologia (SOPSI): Simposio parallelo - s08 medicina personalizzata in suicidologia. Relazione dal titolo: “la demoralizzazione come fattore di rischio suicidario”. Roma, 19-22 febbraio.

XXIV Congresso Nazionale di Psicopatologia (SOPSI): Simposio SOPSI giovani. Predittori di rischio suicidario in età adulta. Relazione dal titolo: “i comportamenti suicidari nelle età della vita: correlati clinici e psicopatologici e possibili fattori di rischio età-specifici”. Roma, 19-22 febbraio.

Corso ECM FAD “Let-litio ed eccellenze da trasferire 2.0”. Corso online 22-23- giugno 2020. Relazione dal titolo: “paziente con disturbo bipolare/con depressione mal trattato”.

Corso ECM FAD “Let-litio ed eccellenze da trasferire 2.0”. Corso online 22-23- giugno 2020. Relazione dal titolo: “paziente con patologia bipolare/depressione in età fertile e gravidanza”.

Simposio Internazionale di Suicidologia e Salute Pubblica 7-12 settembre 2020. Relazione: “la demoralizzazione nel rischio di suicidio”.

The 14th one day on diabetes in pregnancy september the 10th, 2020 – Roma. Relazione dal titolo “exploring patients emotions”.

Network in Major depression". Corso online 20-21 ottobre 2020. Relazione dal titolo: “gestione del rischio di suicidio e nuove strategie terapeutiche”.

Convegno "V giornata di aggiornamento su tematiche di medicina del sonno. il sonno al centro: rapporti e relazioni con il cervello, la mente e l'intero organismo. Corso online 7-ottobre 2020 Relazione dal titolo: “quando il sonno è l'epifenomeno di una patologia psichiatrica”.

La nuova mission della psichiatria sociale - virtual congress, società italiana di psichiatria sociale (SIPS) #sipsgoesvirtual 26-28 ottobre 2020. Relatore al dibattito live "happy hour: quale potrebbe essere il futuro della psichiatria sociale?" 27 ottobre 2020.

XXV Congresso Nazionale di Psicopatologia Sopsi: simposio on demand –la suicidologia al tempo del covid. Relazione dal titolo: “rischio di suicidio e pandemia”, 24-27 febbraio 2021.

XXV Congresso Nazionale di psicopatologia Sopsi: simposio live in remoto –trauma, resilienza e rischio suicidario. Relazione dal titolo: “trauma e rischio suicidario”, 24-27 febbraio 2021.

CORSO ECM fad “Let-litio ed eccellenze da trasferire 2.0”. Corso online 8- aprile - 2021. Relazione dal titolo: “paziente con disturbo bipolare/con depressione mal trattato”.

CORSO ECM fad “Let-litio ed eccellenze da trasferire 2.0”. Corso online 8- aprile 2021. Relazione dal titolo: paziente con patologia bipolare/depressione in età fertile e gravidanza.

CORSO ECM: Parlare di depressione oggi. Corso online 5-luglio 2021. Relazione dal titolo: “la prevenzione del suicidio nella depressione maggiore”.

CORSO ECM: Italianamente, nuovi scenari psicopatologici al tempo del covid. Corso online 15 luglio 2021. Relazione dal titolo: “infinita..mente, nuovi sintomi si aggiungono al quadro complesso: la gestione multifattoriale”.

29<sup>th</sup> European Congress of Psychiatry. 10-13 April 2021. Oral presentation title: “Are demoralization and insight involved in suicide risk? An observational study on psychiatric inpatients”.

Simposio Internazionale di Suicidologia e Salute Pubblica 13-18 settembre 2021. Relazione: “disamina della letalità nel rischio suicidario”.

## **Part X Participation in the activities of a research group characterized by collaborations at national or international level.**

Participation in the research group of the Italian Society of Psychopathology (SOPSI-GG)  
Member of the Italian Society of Psychiatry (SIP) (Prof. Silvana Galderisi)

Participation in the research group on psychiatric complications of movement disorders characterized by national and international collaborations (Prof. G Fabbri and Prof A Conte, Sapienza University of Rome), (Professors Massimo Pasquini and Massimo Biondi, Sapienza University of Rome)

Participation in the research group of Consultative Psychiatry (Professors M. Pasquini and M Biondi)

Participation in the research group on Suicide Prevention (Professors Maurizio Pompili, University of Rome, Sapienza, Mario Amore, University of Genoa and Andrea Fiorillo, , University of Campania) and Professors Dorian A. Lamis (Emory University) and David Lester (Stockton University)

Participation in the research group of the Italian Society of Youth Social Psychiatry (Professors Andrea Fiorillo, Maurizio Pompili).

Participation in the research group on psychiatric symptoms during Sars-Cov2 pandemic (Prof. Claudia Carmassi, university of Pisa, Prof. Maurizio Pompili). Multicenter study entitled: "Post-traumatic stress, depressive and anxious symptoms in psychiatric patients during the sars-cov2 emergency.