



## PROGRAMMA ERASMUS+ MOBILITA' TRAINEESHIP

Bando di selezione a.a. 2024/2025 per l'assegnazione di massimo 200 contributi di mobilità

**Scadenza per la compilazione online della candidatura:  
28 marzo 2024 - ore 14.00**

### LA RETTRICE

**VISTA** la L. 9.05.1989, n.168;

**VISTO** il D.lgs. 30.03.2001, n.165 e ss.mm.ii;

**VISTO** lo Statuto della Sapienza, emanato con D.R. 29.10.2012, n. 3689;

**VISTO** il D.D. 26.07.2016, n.3696 con cui è stato approvato il documento di riorganizzazione dell'Amministrazione centrale;

**VISTO** il DD. 28.03.2013, n. 1435 con cui è stato attribuito ai Direttori di Area l'esercizio di poteri di spesa nei limiti di quanto in essa previsto;

**VISTO** il Regolamento per l'Amministrazione, la finanza e la contabilità approvato con delibera del Consiglio di Amministrazione del 18.12.2014 n. 315, modificato con delibera del medesimo Organo del 27.10.2015 n. 311, emanato con D.R. 13.01.2016 n. 65 ed aggiornato con D.R. 11.04.2019 n. 1220;

**VISTI** i DD n. n. 1055/2023 del 01.03.2023 e n. 1619/2023 del 31.03.2023 e successive modifiche con i quali sono stati rispettivamente approvati il documento di definizione dell'organigramma dell'amministrazione centrale e le relative competenze;

**VISTA** la delibera consiglio di amministrazione n. 430 del 19/12/2023 con la quale è stato approvato il Bilancio Unico di Ateneo di previsione annuale autorizzatorio per dell'anno 2024;

**VISTO** il DD n. 172/2024 del 18.01.2024 di assegnazione del budget per l'anno 2024;

**VISTO** che Sapienza, nell'ambito del nuovo programma Erasmus+ 2021-2027, ha ottenuto la certificazione "Erasmus Charter for Higher Education" ed è, pertanto, eleggibile per la partecipazione a tutte le azioni promosse sia nell'ambito della mobilità (azione chiave 1 – Key action 1) che della cooperazione;

**VISTA** la Convenzione n. 2023-1-IT02-KA131-HED-000133061 con la quale l'Agenzia Nazionale Erasmus+ assegna all'ateneo fondi destinati a mobilità per tirocinio destinati studenti e neo-laureati;



**VISTO** il Decreto Ministeriale n. 204/2023, che fissa i limiti massimi dell'Indicatore della Situazione Economica Equivalente (ISEE) pari e a euro 26.306,25

**VISTA** la Disposizione del Direttore dell'Area Offerta formativa e diritto allo studio n. 461 del 01.02.2024, prot. n. 16624, con cui è stato disposto l'accantonamento di un importo pari a € 469.450,00 per il finanziamento di n. 200 contributi di mobilità per tirocini della durata di massima di 5 mesi cad., sul conto di Bilancio A.C. 01.01.030.010 – Programmi di mobilità e scambi culturali studenti/esse - esercizio 2024 – UA.S.001.DRD.AROF.OTM - su progetto contabile M\_011110\_11\_S\_LUCIS\_12., Cofog 9.4

## DECRETA

### **Art. 1 – General information**

#### **Art. 1.1 Purposes**

A Call for applications "Erasmus+ Traineeship" Key action 1, for the year 2024-2025 for the award of a maximum of **200 mobility grants for traineeships** with a **minimum duration of 2 months (60 days) and a maximum duration of 5 months**, at host institutions in countries participating in the programme.

*Erasmus+ for Traineeship* grants are awarded for carrying out the following activities at an international host institution:

- A) extracurricular traineeships (without ECTS acquisition to be carried out during the degree or after graduation);
- B) curricular traineeships (with ECTS acquisition to be carried out exclusively during the degree within graduation);
- C) any kind of traineeship with digital skills<sup>1</sup>;

#### **Art. 1.2 – Duration and time frame of the traineeship**

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<sup>1</sup> A "digital skills traineeship" or Digital Opportunity Traineeship is any traineeship in which trainees receive training and practice in at least one or more of the following activities:

- digital marketing (e.g. social media management, web data analysis);
- digital graphic, mechanical or architectural design;
- development of applications, software, scripts or websites;
- installation, maintenance and management of IT systems and networks;
- computer security;
- data analytics, mining, visualisation;
- programming and training of robots and artificial intelligence applications



The call for applications provides funding for a maximum of 200 traineeships lasting no less than 2 months (60 days) and up to a maximum of 5 months. Requests to extend the agreed period will not be financed.

**The traineeship MUST take place between September 1, 2024 and July 31, 2025.**

Interruptions or suspensions of traineeships are not permitted. The completion of mobility periods of less than 2 months or the cancellation of the mobility will result in the cancellation of the mobility and the restitution of the entire grant or sum already paid to the recipient.

The traineeship may **only** be carried out **in person**. Periods of traineeship undertaken in virtual mode will not be recognised.

The placement must be entirely completed before the dissertation in the case of a traineeship carried out as a student. The discussion of the dissertation before the end of the placement will result in forfeiture from the programme and the restitution of any sums received.

The traineeship must be carried out and completed no later than 12 (twelve) months after the award of the degree if carried out as a graduate student.

**Art. 1.3 – Participating countries**

*Erasmus+ for Traineeship* mobility can take place at host organisations and institutions in the following countries:

- **European Union member states:** Belgium, Bulgaria, Czech Republic, Denmark, Germany, Estonia, Ireland, Greece, Spain, France, Croatia, Cyprus, Latvia, Lithuania, Luxembourg, Hungary, Malta, Netherlands, Austria, Poland, Portugal, Romania, Slovenia, Slovakia, Finland, Sweden.
- **Third countries associated with the programme:** North Macedonia, Serbia, Iceland, Liechtenstein, Norway, Turkey.

**Art. 1.4 – Search for the host institution**

Candidates **must independently find an organisation willing to host them** as trainees and then propose to carry out the traineeship in an organisation with which they have made contact independently or through the intermediation of a professor.

You can also access the **Jobteaser platform** (link <https://www.jobteaser.com/it/home>) and apply directly to companies/bodies



The host institution can also be identified by consulting the information published on the **"Find your host Organisation"** webpage (<https://www.uniroma1.it/en/pagina/find-your-host-organisation>).

Acceptance, for the purposes of applying to this call for applications, must be formalised by means of a letter of acceptance drawn up in accordance with the attached format (*Letter of acceptance*, see Annex 1), complete with all the required elements.

The host institution where the traineeship is intended to be carried out must correspond to the definition given in the "Erasmus Programme 2023 Guide" issued by the European Commission, i.e.: *"any public or private organisation in a participating country or a third country associated to the programme active in the labour market or in the field of education, training, youth, research and innovation"*.

**Eligible institutions are therefore:**

- Small, medium or large public or private companies;
- Public bodies at local, regional or national level;
- Embassies or consular offices of the sending country participating in the programme
- Social partners or other representatives of the labour market, including chambers of commerce, craft or professional associations and trade unions;
- Research institutes;
- Foundations;
- Schools/institutes/educational centres, at any level;
- Non-profit organisations, associations, NGOs;
- Organisations for vocational guidance, career counselling and information services;
- Universities or institutions of higher education in a Programme Country.

In the case of a traineeship at a university (e.g.: university laboratories, university libraries, etc.) **the activity carried out must be for professional training and NOT for study** (e.g. a traineeship at university Erasmus offices is admissible). In the case of traineeships at Italian cultural institutes abroad, schools, Italian Chambers of Commerce abroad, Italian law firms based abroad, private companies whose registered office is in Italy, etc., the **principle of transnationality** must be guaranteed (e.g.: the trainees acquire different know-how from that which they would acquire with a traineeship in their own country) and included in the Letter of acceptance.

**NON-eligible institutions are:**



EU institutions and other EU bodies, including specialised agencies (the full list can be found at the link:

[https://european-union.europa.eu/institutions-law-budget/institutions-and-bodies/institutions-and-bodies-profiles\\_it](https://european-union.europa.eu/institutions-law-budget/institutions-and-bodies/institutions-and-bodies-profiles_it)).

To search for suitable venues for the development of e-skills placements, offers are available on the platform

<https://erasmusintern.org/digital-opportunities>

## **Art. 2 – Financial grants**

In order to be eligible for Erasmus grants, the mobility recipient must, prior to departure, **accept the terms of the financial contract** and follow the instructions that will be provided at the time of the mobility assignment.

### **Art. 2.1 – European Union grant**

The mobility grant is intended **as financial support** for the major expenses associated with the stay abroad: it is therefore not intended to cover all the expenses sustained.

The Erasmus+ grant **is incompatible with other grants from other EU-funded programmes/actions.**

The EU grant is related to the cost of living in the destination country and to the days of attendance certified by the international organisation:

<i>Destination Country</i>	<i>Per month</i>
<b>GROUP 1 = HIGH cost of living:</b> Denmark, Finland, Iceland, Ireland, Luxembourg, Sweden, Liechtenstein, Norway	500,00 euros
<b>GROUP 2 = AVERAGE cost of living:</b> Austria, Belgium, Germany, France, Greece, Spain, Cyprus, Netherlands Netherlands, Malta, Portugal	450,00 euros



<b>GROUP 3 = LOW cost of living:</b> Bulgaria, Croatia, Czech Republic, Estonia, Latvia, Lithuania, Hungary, Poland, Romania, Slovakia, Slovenia, Republic of Northern Macedonia, Turkey, Serbia	400,00 euros
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### **Art. 2.2 - Supplementary grants for Disadvantaged Financial Conditions**

Mobility recipients may receive an additional grant of euros 250.00 per month according to the student's financial status. This integration will be granted to candidates who have an ISEE (ISEE for the right to academic study DPCM 159/2013) amounting up to 26,306.25 (MINISTERIAL DECREE 204/2023)

In order to benefit from the above-mentioned grant, students must acquire the Isee 2024 on Infostud (in case of absence, the Isee 2023 can be acquired).

To quantify the supplementary grant, the Isee value available on Infostud on the day following the deadline for submitting applications will be considered.

For participants with tax residence abroad, including DiscoLazio scholarship holders with tax residence abroad, the supplementary grant will be paid only to residents in countries in band A (based on the country in which the income is generated, according to the contribution brackets set out in the Management Board's resolution of May 30, 2023).

### **Art. 2.3 Integration for students with special needs**

Additional funds are available to support students with disabilities and/or special needs. Interested students must indicate their disability/special needs, both at the application and at the mobility acceptance stage, in order to receive instructions on how to apply for dedicated funding, as indicated on the web page: <https://www.uniroma1.it/en/pagina/erasmus-studenti-con-esigenze-speciali>.

Allocation of the special needs grant is subject to the approval of the application by the Erasmus+ National Agency Indire. In the event that funding is not available in whole or in part, students will have to bear the costs themselves.



## **Art. 3 – Admission requirements and application submission**

### **Art. 3.1 – Admission requirements**

To participate in the selection for an *Erasmus+ for Traineeship* mobility grant, the following requirements must be met:

1. To be regularly enrolled at Sapienza University of Rome for the academic year 2023/2024 by the deadline set by the University in a:
  - a. Bachelor's degree starting from the 2<sup>nd</sup> year;
  - b. Master's degree;
  - c. Single cycle degree starting from the 2<sup>nd</sup> year;

Students enrolled in Advanced Professional Courses, Specialisation Schools, single courses, and PhD programmes are not eligible for selection.

2. To have a **minimum number of two months** (60 days)<sup>2</sup> of placement mobility available, as provided for by the Erasmus+ Programme in their study cycle and, therefore, not to have already used the maximum number of months of mobility allowed by the Erasmus+ Programme in their study cycle;
3. To **hold a Letter of Acceptance issued** by a host organisation, **drawn up on the organisation's letterhead and/or stamped, filled in in its entirety, signed by the legal representative of the host organisation or by the traineeship tutor** (it is mandatory to use the facsimile provided in Annex 1, under penalty of exclusion). **The letter must be attached to the application;**
4. Do not hold any administrative or political office within the entity where the traineeship will take place.
5. In the case of international students, it will not be possible to carry out the placement in their home country.

The requirements, as referred to in this Article, must be met on the application deadline, under penalty of exclusion.

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<sup>2</sup> The Erasmus+ Programme offers the possibility of mobility abroad up to a maximum of 12 months within each cycle/level of study (Bachelor's and Master's degrees) and up to 24 months for single-cycle degrees. Months spent in previous LLP/Erasmus programmes (for study and/or placement) and Erasmus Mundus also count towards the candidate's available months, if carried out during the current study cycle, even if enrolled at another university. Mobility for work placements carried out by recent graduates under the Erasmus+ Programme contributes to determining the 12-month period per cycle.



Candidates are admitted to the selection process subject to verification of the prescribed requirements.

The Administrative offices may at any time, by means of a reasoned decision, exclude candidates from the selection for failure to meet the admission requirements laid down in the call for applications.

### **Art. 3.2 – Application**

Each candidate may submit **ONLY ONE** application.

Applications can only be submitted **exclusively online** using the form available at the link [http://151.100.101.75/candidatura\\_placement/login.aspx](http://151.100.101.75/candidatura_placement/login.aspx).

**The deadline for filling out the online application form is March 28, 2024, at 14:00 (Italian time).**

To successfully complete the application, interested students must fill in all fields of the online form and make sure they have uploaded the following documents as part of their application:

1. Curriculum vitae in Italian or English.
2. **Letter of acceptance (see Annex 1) of the host company, drafted on headed and/or stamped paper, duly completed and signed, under penalty of exclusion.** The Letter of Acceptance must be drafted based on the template provided in Annex 1. Incomplete documents or documents sent in different formats will not be accepted. The host institution must complete, sign and stamp (or draft on its own headed paper) the *Letter of Acceptance* and send it back to the candidate, who must upload it in PDF format on the online application platform. The aforementioned letter will be considered valid only if it indicates the language used for the traineeship, other than Italian, and the level of proficiency required; and if it is complete in all sections, including the section "*Brief description of the work programme of the traineeship*", under penalty of exclusion.

The *Letter of Acceptance* cannot, under any circumstances, be sent after the deadline of the Call for applications. Candidates who do not hold the aforementioned letter before the deadline of the call for applications will not be considered eligible.

**Failure to upload on the application form one of the required documents: 1. curriculum vitae and 2. Letter of acceptance from the host organisation will result in exclusion from the selection.**





The **exclusive use** of the **institutional e-mail account** (with domain [...@studenti.uniroma1.it](mailto:...@studenti.uniroma1.it)) is requested as this will be the **only communication means** used for the purposes of this selection, also after the expiry of the call for applications.

At the end of the application process, each candidate will receive at [...@studenti.uniroma1.it](mailto:...@studenti.uniroma1.it) the report relating to the data entered. Each candidate must verify receipt of the report and the accuracy of the data provided, promptly communicating any compilation/receipt errors to the competent office (by e-mail to the address: [erasmustirocini@uniroma1.it](mailto:erasmustirocini@uniroma1.it)) **within 24 hours prior to the expiry date of the call for applications**

### **Art. 3.3 – Evaluation Committees**

The Evaluation Committees (henceforth the Committees) will be set up by a subsequent decree signed by the Faculty Deans and will be composed of professors and administrative staff.

### **Art. 3.4 – Selection criteria**

**The selection will take place based on qualifications and interview**, according to the selection criteria to be defined at the preliminary Committee meeting.

Applicants will be assessed on the basis of:

1. Traineeship project;
2. Academic merit.

#### **1. Traineeship project: 0 - 40 points for:**

- **The content of the traineeship project** described in the Letter of Acceptance,
- **Consistency** of the proposed traineeship with the academic pathway.

The Faculty Committee will assess, **during a specific interview**, the consistency of the traineeship project with the candidate's academic profile.

Should the applicant have submitted, at the application stage, a traineeship and related Letter of Acceptance proposing activities that are totally incongruent with her/his academic pathway, the latter may be excluded from selection, at the unquestionable discretion of the Commission. **Any award of 0 (zero) points for the traineeship project by the Evaluation Committee will result in exclusion from the selection process.**



### 1. **Academic merit: 0 - 60 points**

Academic merit will be assessed on the basis of regularity of studies and results. The career-related scoring factors are: the weighted average mark, compared to the **weighted average mark** of the degree programme to which the student belongs, and **the number of credits (ECTS) acquired** compared to the total number of credits for the year of enrolment in the current cycle (regularity of studies). **To calculate the score, career data on the date of expiry of the call for applications will be taken into consideration**, including those self-certified at the application stage.

#### **PLEASE NOTE**

The following do **NOT** count for the calculation of the weighted average and the ECTS acquired:

- exams taken abroad during the Erasmus stay if not yet validated because they relate to exams for which the recognition procedure has not yet been completed;
- extracurricular exams pursuant to Article 6 of Royal Decree No. 1269/38 as these exams do not count towards the ECTS required for attaining the degree and are not taken into account in the calculation of the average mark;
- integrated exams and ADEs (elective educational activities) if credits have not been obtained for all the tests constituting each integrated exam;
- "single-course" exams if they have not already been recognised in the degree, single-cycle degree, in which the student is enrolled for the current academic year;
- exams cancelled for non-compliance with propaedeuticities;
- exams declared as having been taken and which turn out to be only booked and not taken, or even not booked at all;
- ECTS related to the final dissertation.

In the case of **exams and/or educational activities not included in Infostud on the deadline date of the call for applications**, students may submit a **replacement statement** when applying section 4 of the application form).

The Administrative Office reserves the right to carry out appropriate checks on the truthfulness of the self-certifications. Should such checks reveal that the content of the declarations is not true, declarants shall forfeit the benefits granted to them, without prejudice to the provisions of art. 76 of Presidential Decree no. 445/2000.

### **Art. 3.5 Candidates' selection**



The Academic Programmes and Education Welfare Area will proceed to verify the fulfilment of the formal requirements set out in Article 3.1.

The list of candidates admitted to the interview will be published on the website <https://www.uniroma1.it/en/pagina/erasmus-traineeships> with the student ID number. At the same time, the faculties will publish the timetable for the candidates' assessment **interviews**, which will take place from May 2 to May 17, 2024.

**Participation in the interview is compulsory: candidates who do not attend will be considered as having withdrawn.**

**It will NOT be possible to postpone the assigned interview date** unless it coincides with the date of an exam and unless adequate justification is provided.

The Faculties reserve the right to postpone, if necessary, the date of the interview, notifying candidates promptly by e-mail.

The evaluations will be acquired by the Academic Programmes and Education Welfare Area for the purpose of publishing the ranking list.

## **Art. 4 – Drafting of rankings**

### **Art. 4.1 – Rankings structure**

The grants made available under this call for applications will be distributed among the Faculties in proportion to the number of applications received for each of them. For the drafting of the final rankings, in the event of a tie, the student's age will be taken into account, favouring the youngest recipient.

Provisional rankings will be published on the Erasmus mobility page: <https://www.uniroma1.it/en/pagina/erasmus-traineeships> presumably by June 14, 2024. Ten natural and consecutive days after the publication of the rankings, they will be considered final.

In the event of withdrawal on the part of the successful candidates, the list of eligible candidates will be updated and the eligible candidate placed in the position immediately following the withdrawing candidate in the final list of the same Faculty will take over. The rankings may also be adjusted if additional funding becomes available.

If the ranking list of a Faculty is depleted, the grant will be awarded to the first eligible candidate who is not a successful candidate, and therefore not awarded a grant, from the Faculty(ies) with the highest number of eligible candidate(s) and in the event of a tie, to the ranking list of the Faculty with the highest number of enrolled candidates.



If the ranking lists are depleted with the remaining availability of grants, the deadline for submitting applications may be reopened.

#### **Art. 4.2 – Acceptance of the grant**

Simultaneously with the publication of the ranking list, **a communication will be sent to the successful candidates by e-mail of the outcome of the selection to the student's institutional address (.....@studenti.uniroma1.it).**

They will be asked to provide feedback within 5 working days of the sending of the communication. Failure to comply with the aforementioned deadline will be considered as a withdrawal. Successful candidates will be required to comply with the procedures and time limits.

The final allocation of the Erasmus+ Community grant is subject to:

- sending the required pre-departure and arrival documents;
- submission and approval of the *Learning Agreement for Traineeship*;
- Signature of the Financial Agreement between the student(s) and Sapienza University of Rome.

These documents will be made available following the award of the mobility grant on the successful candidate's personal page on the Erasmus platform.

#### **Art. 4.3 - Renunciation of apprenticeship and takeovers**

It is possible to renounce the grant and thus the carrying out of the traineeship. In this case, the recipient must inform the Erasmus office by e-mail [erasmustirocini@uniroma1.it](mailto:erasmustirocini@uniroma1.it) at least one month before the expected start of the mobility.

Until the ranking lists are depleted, the Erasmus Unit will proceed with the allocation of the grant to the students on the ranking list, who will be contacted by e-mail and must provide feedback within the deadline indicated, under penalty of withdrawal of the grant.

#### **Art. 4.4 – Entry into the host country and insurance**

Students must find out for themselves about any regulations governing:

- I entry into the host country by contacting the relevant diplomatic representations (Embassies and Consulates) in Italy in good time;
- health care in the host country by contacting their local health authority or diplomatic representation



The legislation and regulations governing the entry of non-EU students in the various countries participating in the Erasmus+ Programme are linked to the nationality of these students: it is the student's responsibility to gather, well in advance, the information and obtain the documents that will allow entry and stay in the country of destination, contacting the respective diplomatic representations.

Accident and civil liability insurance in the workplace, which the student benefits from automatically upon enrolment at the University, is extended, in the same way, for the entire period spent abroad at the destination institution. The policies and related information are published on the web page: <https://www.uniroma1.it/en/pagina/student-insurance>.

The aforementioned insurances only cover traineeship activities and do not include coverage of risks related to the practice of medicine and healthcare facilities. Therefore, health students are responsible for obtaining such insurance independently.

Mobility students are required to make their own arrangements for adequate health insurance coverage during their stay abroad by contacting their local health authority or diplomatic representation and consulting the following link:

<http://www.salute.gov.it/>.

It is also recommended to register on the MAECI website managed by the Crisis Unit 'Where are we in the world' ([www.dovesiamonemondo.it](http://www.dovesiamonemondo.it)) clearly indicating the required data: names, city/country, destination company, current contact details and period of stay.

#### **Art. 4.5 – Narrative report (EU SURVEY)**

At the end of the mobility period, Participants will have to fill in a final questionnaire (EU SURVEY) on their experience. The invitation to complete the survey will be sent by email.

#### **Art. 4.6 – Recognition of the experience**

For those who undertake **mobility as a student**, *Erasmus+ for Traineeship* mobility is a traineeship experience whose recognition procedure is carried out in accordance with the regulations and individual study plans, and following the procedures established by the individual Faculties

Successful applicants are required to obtain information on the recognition of ECTS **before their departure from the Department or Faculty Educational Affairs Officer.**



## **Art. 5 – Final dispositions**

### **Art. 5.1 – Person in charge of the procedure**

Pursuant to Law no. 241 of August 7, 1990, the person in charge of the procedure for the area falling within the exclusive competence of Sapienza University of Rome is Ms Tiziana De Matteis, Head of the Erasmus Unit, at the Academic Programmes and Education Welfare Area telephone number 06 49690436, e-mail address [erasmustirocini@uniroma1.it](mailto:erasmustirocini@uniroma1.it).

### **Art. 5.2 - Notice on processing and access to personal data**

The processing of personal data is governed by Art. 13 of Legislative Decree 196/2003 and Art. 13 and 14 of EU Regulation no. 2016/679 - GDPR (General Data Protection Regulation) on the protection of persons and other subjects with regard to the processing of personal data provided, in compliance with the above-mentioned legislation and confidentiality obligations.

### **Art. 5.3 – Reference provision**

For anything not expressly provided for in this call for applications, the provisions of the regulations cited in the introduction to this decree, as well as the laws in force on the subject, shall apply.

In the event of differences in interpretation between the English and Italian versions of this call for applications, the Italian text shall prevail.

The original of this provision is acquired in the Administration's records.

**THE RECTOR**



<b>SUMMARY OF DEADLINES</b>	
<b>Opening of the call for applications</b>	February 5, 2024
<b>Deadline for submitting applications</b>	March 28, 2024
<b>Formal verification of applications</b>	April 2 – April 19, 2024
<b>Publication of candidates admitted to the selection</b>	April 24, 2024
<b>Interviews at the faculty</b>	May 2 – May 17, 2024
<b>Ranking publication</b>	Presumably by June 14, 2024
<b>Mobility period</b>	September 1, 2024 - July 31, 2025

### Useful reference links:

- Application: [https://relint.uniroma1.it/candidatura\\_placement/login.aspx](https://relint.uniroma1.it/candidatura_placement/login.aspx)
- Cost of living in different destination countries: <https://www.numbeo.com/cost-of-living/>
- Working conditions: [https://eures.ec.europa.eu/living-and-working/living-and-working-conditions\\_en](https://eures.ec.europa.eu/living-and-working/living-and-working-conditions_en)
- Erasmus grants: <https://www.uniroma1.it/en/pagina/erasmus-traineeships>
- For technical assistance during the application phase, you can fill in the Help Desk form: <https://relint.uniroma1.it/candidatura/sendmail.aspx>
- Information and advice on finding a host company: <https://www.uniroma1.it/en/pagina/find-your-host-organisation>