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Decreto Rettore Università di Roma “La Sapienza” n 2755/2018 del 19.11.2018

MANUELA TOMAI Curriculum Vitae

Part II – Education

Type	Year	Institution	Notes (Degree, Experience,...)
University graduation	1986	Sapienza University of Rome	Degree in Psychology
School of specialization	1989	Ecopoiesis	Specialty in Community Psychology
School of specialization	1993	Family Therapy Study Centre Random	Specialty family and relational therapy
PhD	2002	University of Lecce	PhD in Community Psychology and Training Processes
Equivalence	2005	I.E. F. Co.S., Istituto Europeo Formazione Consulenza Sistemica	Equivalence to University Postgraduate Schools

Part III -Qualification

Year

2018	Abilitazione Scientifica Nazionale II. fascia, - 11/E4 - M-PSI/08 -
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Part IV – Appointments

IVA – Academic Appointments

Start	End	Institution	Position
2005	To date	Sapienza University of Rome	Researcher
2016	2016	Department of Dynamic and Clinical Psychology	Member of the Departmental Board

IIIB – Other Appointments

Year	End	Institution	Position
2018	To date.	Ordine degli Psicologi Lazio	Member of the board of the Psychologic Observatory in chronicity

Part V – Participation in the college of PhD teachers

Year	Dottorato	Position
2008 2009	“Psicologia dell’orientamento e dei processi di apprendimento”	Restricted Board Member
2012-2015	“Psicologia dinamica e clinica”	Restricted Board Member
2015-2018	“Psicologia dinamica e clinica”	Board Member

Part VI – Teaching national experience

Start	End	Institution	Lecture/Course
2005	2009	Department of Dynamic and Clinical Psychology - Sapienza Rome	“Modelli di intervento psicologico per la promozione della salute”. Bachelor Level
2006	2007	Department of Dynamic and Clinical Psychology - Sapienza Rome	“Psicologia di comunità c.a.” Master Level
2010	2015	Department of Dynamic and Clinical Psychology - Sapienza Rome	“Intervento psicologico clinico nelle strutture sanitarie e del terzo settore” Master Level
2016	2017	Department of Dynamic and Clinical Psychology - Sapienza Rome	“Intervento psicologico clinico di comunità” Master Level
2018	To date	Department of Dynamic and Clinical Psychology - Sapienza Rome	“Intervento psicologico clinico nelle strutture sanitarie e del terzo settore” Master Level
2012	To date	Department of Dynamic and Clinical Psychology - Sapienza Rome	“Intervento psicologico clinico con il gruppo – I gruppi di Self-help” Post-graduate School in Health Psychology
2013	2015	Faculty of Medicine and Psychology - Sapienza Rome	“Lavorare in équipe”. In the Two-year post-graduate master program “Lo psicologo di base nell’assistenza primaria”

Part VII – Teaching international experience

Year	Title	Institution	Lecture/Course
2016	SA.PE.VO.	University San Salvador UES	Psicologia clinica di comunità

Program

The project "El Salvador mitigar Peligro Volcanico" (Sa.Pe.Vo.) was funded by the Italian Agency for Development Cooperation (AICS) with the aim of preventing and reducing the risk of biological and psychological damage in populations living in territories with a high seismic and/or volcanic risk (cities of Santa Ana, San Miguel and San Salvador.). The proposing body of the project was the National Research Council - Institute of Geosciences and Georisources - (CNR) of Pisa.

The main action of the project was to realize, at the University of El Salvador (UES), two specialized courses, one on the study and monitoring of volcanic risks and one on emergency psychology. The training aimed to train professionals able to respond to situations of volcanic risk and to provide psychological assistance and intervention in case of earthquakes.

The courses were attended by 75 professionals and students destined to be part of teams dedicated to the intervention in case of natural disasters.

The project was carried out in collaboration with the Departments of Agronomy, Humanities, Natural Sciences and Medicine of the University of the UES.

Specifically, the undersigned has carried out training activities, for teachers and students of the UES and professionals employed in ministries and civil protection, and field activities (inspections and research) with teachers of the UES and students of the course.

The training project and the teaching materials were prepared during the month before the mission, by telematic means, in collaboration with the coordinator of the psychosocial area of the project, Dr. Elpiniki Pomoni, and with the project manager for the UES, Prof. Marcela Reyes. The classroom training and field activities took place in June 2016.

The experience was presented at the national conference of the AIP 2016: Tomai M. et al. (2016)

The contribution of clinical psychology within integrated scientific paradigms: "El Salvador: Mitigar Peligros Volcánicos" (SaPeVo), Mediterranean Journal of Clinical Psychology, 4suppl. pp. 26-27.

Year	Title	Institution	Lecture/Course
2018	Agua futura.	24 months	Psicologia clinica di comunità

Program

The project " Agua Futura"- was funded by the Italian Agency for Development Cooperation (AICS). The proposing body is the National Research Council - Istituto di Geoscienze e Georisorse - of Pisa.

It provides for the development of training and research activities aimed at monitoring and modeling the quality and quantity of water resources and evaluating and intervening on the associated psychosocial aspects in pilot areas of San Salvador, Nicaragua, and Guatemala. With respect to training activities, I have designed 2 two-year Master's degrees (in San Salvador and Nicaragua) and 1 annual diploma (Guatemala) in Community Clinical Psychology in collaboration with the University of San Salvador (UES) (Prof. Maritza Bonilla), the National University of Nicaragua (UNAN) (Prof. Jairo Rodríguez Cruz) and the San Carlos Guatemala University (USAC) (Prof. Murphy Paiz).

The two masters will provide a total of 1400 hours, including frontal laboratory teaching and field research activities, while the Diplomado will provide 700 hours of frontal and laboratory teaching. The training will be carried out in collaboration with the teachers of the three Central American universities. The inauguration of the Master and the annual diploma, as well as the start of the teaching activities, will take place on February 1, 2019.

The research activities related to the project are described in Part VII - Funding Information [grants as PI-principal investigator, international]

Part VIII - Society memberships, Awards and Honors

Year	Title		
2013	Granted as the best oral presentation abstract in Behavioral Medicine by The Swedish Behavioral Medicine Society (Svennk Beteendemedicinsk Forening, SBF).	13th European Congress of Psychology (ECP 2013), held in Stockholm on 9-12 July 2013.	Benedetti M., Francescato D., Mebane M., Tomai M., Rosa V , Angrisani L., Hospital Clown Therapy: a Study on its Impact in a Pediatric Surgery Department
1993	Ordine Psicologi Lazio		
2013	AIP - Associazione Italiana Psicologia Sez. Psicologia Dinamica e Clinica		
2016	SIPSA - Società Italiana Psicologia Salute		

Part IX - Funding Information [grants as PI-principal investigator, national

Year	Title	Length	Type of funding	PI	Grant value
2007	"Il benessere a scuola: indagine sui vissuti scolastici di alunni stranieri ed autoctoni nella	12 months	Ateneo Prot. C26F07PANK	Tomai M.	€ 600

	scuola elementare e media”				
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Program

The research considers the migrant situation as a specific risk condition for the integration in the peer group, for the development of self-esteem and sense of effectiveness and, more generally, for an effective adaptation to different life contexts. The psychodynamic dimension of the school organization (affective dynamics, irrational experiences, dynamic institutional experiences, etc.) can constitute a protective or risk factor for the onset of conflicts or the experimentation of conditions of well-being.

This work aimed to investigate, through the technique of drawing, the emotions, and experiences related to life within the school organization, experienced by Italian and non-Italian pupils of the primary and secondary school. In particular, the study aimed to verify if:

1. the experiences of well-being decrease with the transition from primary to secondary school in both native and foreign students
2. there is a difference in the school experience of international students compared to their Italian counterparts in each of the two school orders, in the direction of greater negativity among foreign students

Year	Title	Length	Type of funding	PI	Grant value
2013	“Il benessere negli anziani: una questione di personalità o di benessere relazionale?”	12 months	Ateneo	Tomai M.	€ 2.000

Program

This research aimed to identify the factors that most influence the well-being (regarding empowerment and life satisfaction) of the elderly by comparing personality theories, which emphasize dispositional variables, and systemic theories, which underline the importance of the quality of the network of relationships. Stairs, in-depth interviews and personality tests were administered to 150 triads, consisting of an older adult, a carer and a family member, for a total of 450 subjects.

This research has produced two articles:

- Tomai, M., Pezzuti, L., Mebane, M., Benedetti, M., Moro, A. (2017) The impact of dispositional variables of elders, relatives and paid caregivers on elders’ empowerment and life satisfaction. *Experimental Aging Research*. vol. 43 (4) doi.org/10.1080/0361073X.2017.1333833
- Francescato, D., Pezzuti, L., Mebane, M., Tomai, M., Benedetti, M., Moro A. (2016). Dispositional characteristics, relational well-being and perceived life satisfaction and empowerment of elders. *Aging & Mental Health* 21(10):1052-1057. doi: 10.1080/13607863.2016.1191058

An Oral presentation at the XXX International Congress of Psychology July 22-27Cape Town,

- Francescato D., Tomai M., Pezzuti L., Benedetti M., Mebane M., (2012), Personality and relational characteristics of elders, caregivers and family members and life satisfaction, *International Journal of Psychology*, ISSN 0020-7594, Psychology Press pp. 649, 10.1080/00207594.2012.709122.

Year	Title	Length	Type of funding	PI	Grant value
2013	“Fattori protettivi e fattori di rischio dei problemi di	12 months	Research Grant (BANDO N. 3A-2013 DEL	Tomai M.	€ 23.787,00

	sovrappeso nelle diverse fasi dell'adolescenza: Le relazioni fra Tratti di Personalità, Indice di Massa Corporea, Immagine Corporea e Supporto Sociale”		27.05.13 PROT. 411).		
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Program

<p>The general aim of the research was to evaluate the influence of Personality Traits on the Body Mass Index (and on excess weight) and the perception of one's Body Image in boys and girls at the beginning and end of adolescence. Furthermore, variables considered to have a strong impact on weight and body image (Sports activities, Food behaviours, Global self-esteem, Satisfaction with one's body and SES socio-economic variables) as well as class context characteristics (perceived support from teachers and peers) were also taken into account.</p> <p>The general aim was articulated in 4 different research objectives:</p> <p>I: to explore the relationship between personality traits and BMI in male and female adolescents of the first and fifth year of high school.</p> <p>II: examine the relationships between different structural and context variables (Gender and SES, Sports Activities and Food Behaviours, Personality Traits, BMI and Body Image).</p> <p>III: examine the relationships between the Gender variable, personality characteristics (traits), BMI and Body Image</p> <p>IV: to explore the role of context characteristics and its relationship with the other variables investigated.</p> <p>The data were collected in Higher Institutes (81 classes of First and Fifth) in various regions of the North, Central, South, and Islands of the peninsula, to build a general sample (N=1.707) close to representativeness and convenient, balanced for males and females and by geographical areas of belonging.</p> <p>The results highlight interesting aspects of the nature of the relationships between body experience, personality traits, social support in the classroom and BMI. These results point to the development of interventions aimed at increasing behaviors linked to the characteristics of predictive personalities of healthy eating habits.</p> <p>This research has produced:</p> <ul style="list-style-type: none"> • Oral presentation at the 10th SIPCO National Conference, Cesena 19-21 June 2014: Rosa V., Tomai M. (2014) The relationship between personality, body mass index in male and female adolescents. In Mazzoni D., Barbieri I., Prati G., Cicognani E., Albanesi C., Costruire comunità ospitali e sostenibili pp.178-179, Proceedings of the X National Conference SIPCO, Cesena 19-21 June • Rosa V., Tomai M., Martino G., Di Trani (Under review) M. Body mass index, personality traits, and body image in Italian pre-adolescents: Possibilities for overweight prevention,. Under review in <i>Psihologija</i> journal
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Year	Title	Length	Type of funding	PI	Grant value
2014	//	//	Funding devolved by ASPIC (Scuola di Specializzazione quadriennale in Psicologia clinica di comunità e Psicoterapia Umanistica Integrata) to co-finance a	Tomai M.	€ 7000

			research grant		
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Year	Title	Length	Type of funding	PI	Grant value
2015	“Promuovere stili alimentari sani e vissuto corporeo nel contesto scolastico in adolescenza (PASIC)”.	12 months	Research grant (Bando N. 3 A – 2014 del 18.12.2014 prot. 801 Pos. B 010)	Tomai M.	€ 23787,00

Program

The project is a longitudinal study that involved the design, implementation, and evaluation in three stages of a pilot intervention aimed at promoting the development of healthy eating habits and a positive perception of their bodies in early adolescence.

The intervention was carried out in 8 experimental classes (average number of students per class:18) of two high schools in Rome and the province. In the same Institutes, 8 control classes were also involved (the average number of students per class:17). The activities in the schools started in January 2016 with the pretests in the control and experimental classes and ended in April 2016 with the post-tests. In September 2016 the follow-up in the experimental and control classes was carried out. In each classroom, the psychologist trainers attended 8 meetings for two hours a week. In order to better control the possibilities of homogenizing variables in the classes and any changes, the classes were randomly assigned to the intervention group and the control group. At the same time, teacher training was carried out (4 meetings of 3 hours each).

Part X - Funding Information [grants as PI-principal investigator, international]

Year	Title	Length	Type of funding	PI	Grant value
2018	“Agua Futura”.	24 months	Ministry of Foreign Affairs – Agenzia per la Cooperazione allo Sviluppo (AICS).	Tomai M.	€ 47.500

Program

The project includes training and research activities aimed at monitoring and modeling the quality and quantity of water resources and the associated psychosocial aspects in pilot areas of El Salvador, Nicaragua, and Guatemala.

The proposing institution is the National Research Council (CNR)- Institute of Geosciences and Georisources - of Pisa.

Concerning training activities I have designed: 2 two-year Master (in San Salvador and Nicaragua) and 1 annual diploma (Guatemala) in Community Clinical Psychology.

Regarding research activities: the research activities planned in the pilot sites are aimed at identifying critical points and psychosocial resources of the territories identified (municipalities Guazapa, San José Guayabal, Aguilares y Suchitoto in San Salvador; municipality of Tipitapa in Nicaragua). In particular, the cultural factors associated with the conflictual behaviours caused by the lack and difficulty of access to water resources will be studied. The exploration of the local culture will be aimed at reducing conflicts on the subject of water and at developing specific aspects of coexistence (social integration, inclusion/valorisation of vulnerable sections of the population, active participation). The results of the research will allow the design, implementation, and evaluation of specific intervention projects.

The project (research and training aspects) was developed in 2017 and received formal approval from the AICS in January 2018.

The official start of the project is February 1, 2019.

Part XI- Funding Information [grants as I-investigator national]

Year	Title	Length	Type of funding	I.	Grant value
2002	“Valutazione dei processi e delle dinamiche di gruppo in contesti formativi on-line e faccia a faccia“.	12 months	Faculty prot. C26F020314	Francescato D.	€ 1.500 c.a.

Program

The primary objective of the study was to study the new forms of communication and relationship within the contexts of virtual interaction. In particular, to examine whether and how the group dynamics observed in face-to-face groups differ from those of blended groups (initial and final face-to-face meetings and mainly online work) concerning leadership styles, conflict resolution, and decision-making processes. Particular attention has been paid to the study of conscious and unconscious processes, communication patterns, ways of developing relationships and group climate. A further objective, connected to this, was to analyse whether and how virtual communities can offer forms of social support (affective, emotional, informative), create a sense of belonging, and foster a greater sense of self-efficacy and empowerment in the people who belong to them.

This research has produced:

An article:

- Mebane, M. E.; Sorace, R.; Solimeno, A.; Tomai, M. (2007) Gender differences in online collaborative learning groups promoting affective education and social capital. DOI:10.1590/s1413-85572007000300003. pp.27-36. Psicologia Escolar e Educacional - ISSN:1413-8557 vol. 11 (spe)

Two chapters in international books:

- Francescato D., Mebane M., Solimeno A., Sorace R., Tomai M. (2006). Are collaborative learning face to face or online seminars more effective in enhancing professional skills, meta-social competencies and social capital . In A Mendez- Vilas, A. Solano Martin, J.A. Mesa Gondalez e J. Mesa Gondalez (Eds.), Current development in technology-assisted education. Badajoz: Formatex, 1391-1395.vol. 2
- Francescato D., Mebane M., Tomai M. (2005). Life-long affective learning: New prospectives for a more effective affective education in the “risky society”. In I. Menezes, J.L. Coimbra & B.P: Campos (Eds.), The affective dimension of education: European perspectives. Porto: FTC, 41-58

An oral presentation at International Conference on Technology Enhanced Learning:

- Francescato D.; Tomai M.; Porcelli R.; Mebane M. E.; Andò M.; Benedetti M.; Foddìs A. (2003). Computers Supported Collaborative Learning as a tool to modify teaching methods and promote self-efficacy and social empowerment of university students,. pp.109-114. In TEL. 03 Proceedings: International Conference on Technology Enhanced Learning

Year	Title	Length	Type of funding	P.I.	Grant value
2004	“Violenza negli stadi: poliziotti ed ultras a confronto. Rappresentazioni sociali, empowerment e caratteristiche di personalità”.	24 months	Ateneo prot. C26A041742	Francescato D.	€ 1.500 c.a.

Program

The general objective of the study was to compare groups of ultras and groups of police officers from different realities (small and large cities) in order to verify the presence of characteristics of similarity or difference between the two groups. In particular, the symbolic meaning of violence in the sports context (individualisation or opposition to authority) was investigated through the exploration of the reciprocal symbolic representations of ultras and police officers. Specifically, the study wanted to verify how much the symbolic representations of ultras and police officers were characterized by elements related to conflict and clash between two rival entities.

The friend/enemy scheme represents, in fact, the most primitive emotional symbolisation of the context. The creation of an enemy strengthens the cohesion of the group and founds it on the affective symbolisation of the other (police officers or ultras) as an enemy. It has been hypothesized that the reciprocal "enemy" symbolization fosters the conflicting relationship and legitimizes the aggressive acts.

The results of the study had a direct operational impact on the planning of psychological and clinical interventions with the two groups involved, in the direction of consulting and training interventions with the police forces and psychosocial interventions with groups of ultras.

Year	Title	Length	Type of funding	P.I.	Grant value
2004	“Formazione a distanza e empowerment cognitivo”,	12 months	Research grant	Francescato D.	€12.911,42

Program

Cognitive empowerment refers to the perception of control over one's cognitive processes, beliefs about one's abilities and chances of success in pursuing educational goals. The model of empowerment is useful in contexts where the intervention is aimed at the development of processes of autonomy, self-esteem and self-aware construction in subjects in developmental age. The research was aimed at assessing the ability of distance learning contexts and the relationships that can be experienced in them (teacher-student, student-student) to promote dimensions of cognitive empowerment regarding self-esteem, identity, trust, emotional connection group membership, critical thinking.

Year	Title	Length	Type of funding	P.I.	Grant value
2004	“Livelli di apprendimento, stili di apprendimento e caratteristiche di personalità in studenti universitari formati in contesti gruppali faccia a faccia ed on-line”.	12 months	Faculty prot. C26F049995	Francescato D.	€ 1.500 c.a

Program

The general objective of the study was to verify, in online group contests, the possibility of learning from confrontation with others and overcome the isolation typical of traditional learning modes.

More specifically, the research aimed at:

- verify the effectiveness of online group contexts in promoting interdependent relationships, mutual support and group cohesion, such as to allow peer learning models
- to verify the effectiveness of online group contexts in promoting the development of social capital, the sense of self-efficacy, the sense of personal and socio-political empowerment of students
- to study the influence of some individual variables (personality traits and the locus of control) on the learning level in virtual and traditional learning contexts.

In particular, I contributed to the research design by introducing, among the individual variables, the study of anxiety and emotional stability. The results of the study indicate that students with low levels of anxiety and high control of their emotional reactions can benefit more from online environments.

This research has produced

Two articles:

- Solimeno A, Mebane M. E, Tomai M., Francescato D (2008). The influence of students and teachers characteristics on the efficacy of face-to-face and computer supported collaborative learning. *Computers & Education*, vol. 51; p. 109-128, ISSN: 0360-1315, doi: 10.1016/j.compedu.2007.04.003.
- Francescato D., Solimeno A, Mebane M.E, Tomai M, (2009). Increasing students' perceived sociopolitical empowerment through online and face-to-face community psychology seminars. *Journal of Community Psychology*, Vol 37, pag. 874-894, ISSN: 0090-4392; DOI: 10.1002/jcop.20338

Year	Title	Length	Type of funding	P.I.	Grant value
2006	“Dinamiche conflittuali in gruppi online maschili, femminili e misti in modalità sincrona ed asincrona”.	12 months	Ateneo prot. C26A065N9J	Francescato D.	€ 1500 c.a.

Program

The study aimed to verify whether computer-mediated communication modifies relationships, conflict dynamics and decision-making processes in online groups and to assess the role of the gender variable in the group development process.

The messages exchanged by the participants in the group throughout the period of activity of the groups (2 months) were subjected to content analysis with Bales' IPA in order to observe the phases of the group development process, the interactive and collaborative processes, the orientation to the task or to the emotional and relational dimension of the individual participants. Groups of different sizes (from 6 to 20 participants) and different composition compared to the gender (male, female and mixed) were used. The results of the research have interesting clinical implications; virtual teams, if characterized by specific characteristics, have development processes that reduce the number of conflicts and the development of feelings of hostility, aggression, resentment and/or perception of being hindered in achieving the goal. Online contexts seem to favour the development of a positive climate that promotes a sense of belonging, mutual trust, social capital and can prevent victimisation and social exclusion.

This research has produced:

- Francescato D., Mebane M.E. Tomai M., Benedetti M., Rosa V., (2012), Promoting social capital, empowerment and counter-stereotypical behavior in male and female students in on-line cscl communities, in Hector Cuadra Montiel, *Globalization / Book 1*, ISBN 9780520241251, Hector Cuadra Montiel Publishing house: InTech. DOI: 10.5772/48759
- Tomai M., Mebane M. E., Rosa V., Ingravalle V., Benedetti M. (2013). Do virtual groups experience less conflict than traditional teams? *AWER Procedia Information Technology & Computer Science*, 4, 926-938.
- Tomai M., Mebane M.E., Rosa V., Benedetti M. (2014), Can Computer Supported Collaborative Learning (CSCL) Promote Counter-stereotypical Gender Communication Styles in Male and Female University Students? *Procedia - Social and Behavioral Sciences*, Vol. 116, 4384-4392. DOI: 10.1016/j.sbspro.2014.01.952.

Year	Title	Length	Type of funding	P.I.	Grant value
2006	"Influenza dei programmi televisivi sui modelli identificativi e sui disturbi del comportamento alimentare in età evolutiva"	12 months	Faculty Prot. C26F06Y92Y	Francescato D.	€ 1.202

Program

The general objective of the study was to identify which television experiences in children's daily routines are potential risk factors for eating disorders.

In particular, they have been studied:

- TV models that could promote attitudes and behaviours at risk for the onset of eating disorders in pre-adolescents;
- the relationship between these models and the characteristics of personality, self-esteem and "self-representation of pre-adolescents
- the influence of advertising spots (in particular food spots) on children's food consumption and the occurrence of specific eating disorders.
- the relationship between the representation of parent and child advertising spots and the impact on weight disorders.

This research has produced:

Francescato D, Solimeno A, Sorace R, Tomai M. (2009). Mass media e modelli identificativi nella percezione dei bambini/ragazzi e genitori. *Età Evolutiva*, vol. I; p. 15-23, ISSN: 0392-0658

Year	Title	Length	Type of funding	P.I.	Grant value
2009	"Le relazioni familiari come fattore protettivo per i comportamenti di dipendenza dei figli. Una ricerca su un campione clinico"	12 months	Ateneo Federato prot. C26F09LBRA	Tafà M.	€ 1.000

Program

The family context has a significant influence on the physical and psychological health of individuals and the onset of pathological addictions. The systemic relational model considers the symptom as an expression of the dysfunctional relational modalities present in the family system.

From these premises, the research was carried out on a clinical sample, composed of children living in residential communities of the Centro Italiano di Solidarietà (Ceis) and reported for specific psychological or behavioral problems, and their parents. The objectives of the study were:

- Describe the functioning of families of children reported for specific psychic or behavioral problems
- verify whether and which characteristics of this family functioning are related to the addictive behaviour found in the children.

Traditional dependencies and more recently widespread dependencies (web dependencies) have been taken into account.

The results of the study had a direct operational impact on the planning of psychological and clinical interventions with the family groups involved in the study.

Year	Title	Length	Type of funding	P.I.	Grant value
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2010	“Antecedenti e moderatori dei comportamenti controproduitivi nelle organizzazioni: una lettura del modello Stressor-Emotion attraverso la Teoria Social Cognitiva”.	12 months	Ateneo Federato prot. C26F09LBRA	Fida R.	€ 5.000 c.a.
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Program

The primary objective of this study was to assess the relationships existing between the variables of the organizational context (emotional relationships, interpersonal conflicts, equity, role ambiguity, support of colleagues, workloads), burn-out, moral disengagement and counter-productive behaviors (such as theft and bullying). In particular, the role of negative emotions in mediating the relationship between environmental stressors and counter-productive behaviour was assessed. According to this model, the frustrations of the organizational context, interfering with the objectives, activities or performance of a worker, provoke negative emotions (anger, anxiety, depression) which, in turn, amplify the risk of developing burn syndromes. The study confirmed the hypotheses and suggested operational indications.

Year	Title	Length	Type of funding	P.I.	Grant value
2015	"Applicazione della tecnica della scrittura secondo Pennebaker nella procreazione medicalmente assistita".	12 months	Ateneo prot.C26A15W437	Solano L.	€ 7.900

Program

The research aimed to evaluate the effects of the writing technique according to Pennebaker during a medically assisted procreation process, assuming that the cognitive-emotional processing activated by writing could:

- decrease alexithymia scores (index of a greater cognitive-emotional processing capacity of the experience) both in the women involved in the path and in their partners;
- reduce the psychophysical discomfort in both partners;
- result in a higher percentage of positive outcomes of medically assisted procreation procedures in women who write compared to women who do not write. An analysis of the texts obtained through the application of the writing technique was also carried out to verify any differences in the narratives linked to the different outcomes.

100 couples were recruited in the initial phase of assisted reproduction treatment; women that belonged to the experimental group were asked (for three meetings) to write thoughts and emotions about the assisted reproduction experience they were living and thoughts related to the infertility experience. Personally, I was in charge of making contact with centers specialized in medically assisted reproduction, carrying out a preliminary analysis of the context, establishing a relationship with the staff of the facility and starting the recruitment of subjects.

Year	Title	Length	Type of funding	P.I.	Grant value
2016	Cognitive reappraisal, mindfulness and emotional intelligence abilities moderate the relations of pre-	12 months	Ateneo prot. RM116154F314BE88	Lauriola M.	€ 12.000

	procedural anxiety with gastrointestinal endoscopy tolerability and outcomes				
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Program

EGD patients not only are anxious and distressed by this medical examination but also have trait characteristics exacerbating their worries. Moreover, a calm and relaxed patient is more compliant with EGD, and the procedure can be more easily completed with greater tolerability and diagnostic accuracy. Nevertheless, a not negligible proportion of patients reports acute pain and severe discomfort with EGD, despite a standard dose of sedatives is administered. Taking this literature into account, the present observational study investigated emotional processing factors, which might moderate the insurgence of pre-procedural anxiety, in turn predicting EGD tolerability, satisfaction, and medical outcomes. These factors are cognitive reappraisal (CR), mindfulness skills (MS) and emotional intelligence (EI). All of them have been extensively studied in psychology during the past decade, and there is evidence that all protect people from the insurgence of negative affective states, such as fear and anxiety. However, CR, MS, and EI have never been studied in the context of EGD and, more specifically, as moderators of EGD tolerability outcomes (i.e., pain and discomfort). A secondary goal of the study was to profile patients undergoing to EGD concerning trait characteristics related to medical and patient-reported outcomes. Around 300 consecutive patients referred for EGD at the Endoscopy Unit of "Sapienza" University of Rome have been asked to complete of psychological scales in the context of a semi-structured interview and the collection of medical data related to EGD and GI symptoms.

The study produced two presentations at international conference Digestive Disease Week (DDW), Washington DC June 2-5, 2018:

- Palma R., Pontone S., Panetta C., La Spina G., Foglia A., Raniolo M., Tomai M., Lauriola M. (2018) Tu1730 - Intolerance of Uncertainty, Anxiety Sensitivity and Health Distress Predicted Self-Reported and Clinician Rated Pain During Upper Endoscopy Though Pain Catastrophizing *Gastroenterology*, Vol. 154, Issue 6, Supplement 1, Pages S-1003–S-1004 DOI: [https://doi.org/10.1016/S0016-5085\(18\)33356-0](https://doi.org/10.1016/S0016-5085(18)33356-0)
- Panetta C., Pontone S., Palma R., Raniolo M., La Spina G., Foglia A., Tomai M., Lauriola M. (2018) “Tu1727 - Mindfulness Awareness and Emotion Regulation Predicted Clinician Rated and Patient Reported Pain Duriing Colonoscopy: A Multidisciplinary Study of Gastrointestinal Patients. *Gastroenterology*, Vol. 154, Issue 6, Supplement 1, Pages S-1003–S-1004 DOI: [https://doi.org/10.1016/S0016-5085\(18\)33356-0](https://doi.org/10.1016/S0016-5085(18)33356-0)

A presentation at national conference: 24th National Congress of Digestive Diseases: Italian Federation of Societies of Digestive Diseases - FISMAD

- Palma R., Panetta C., Pontone S., Rantolo M., Gallo G., ., Foglia A La Spina G., Cremona M., Tomai M., Lauriola M. (2018). Pain catastrophizing and pain experience during endoscopic procedures. *Digestive and liver Disease* Vol 50, issue 2, supplement:S pag E69. DOI: [https://doi.org/10.1016/S1590-8658\(18\)30269-X](https://doi.org/10.1016/S1590-8658(18)30269-X)

Year	Title	Length	Type of funding	P.I.	Grant value
2018	“Concetti astratti ed emotivi ed esperienze traumatiche: correlati psicobiologici”	12 months	Ateneo MA11816436290 B1F	Borghetti A.M.	€ 30.000

Program

The project is characterized by an interdisciplinary perspective and has implications in many areas (cognitive, evolutionary, social and dynamic-clinical).

The study aims to investigate the neurophysiological mechanisms underlying the elaboration of

abstract and emotional concepts and the emotional response in subjects with traumatic experiences. Electroencephalography (EEG) and transcranial magnetic stimulation (TMS), thanks to their low invasiveness and complementarity (high temporal and spatial resolution) are valid research tools in this field.

The project is divided into 3 lines of research. The first line of research investigates the synchronization of mother-child movements, the use of objects suitable for children by mothers and the representation of these objects by TMSc in children aged 6-12 months. In depressed mothers, due to the reduced synchronization with the movements of the child, a lower corticospinal reactivity of the muscles related to prehension is hypothesized. The second line of research involves dyads with children aged 24-36 months and investigates through hdEEG and TMS the activation of the motor area of the mouth and hand during the observation of faces and the reading of abstract, concrete and emotional words.

The third line of research investigates, through EEG, the effects of abstract stimuli, emotional and otherwise, on the processes of attention and consolidation in memory in subjects with bipolar depression and control.

The project has been financed thanks to the "Excellent scientific quality of the proposing group, very good breadth of users, excellent innovation of the required instrumentation".

Around 300 consecutive patients referred for EGD at the Endoscopy Unit of "Sapienza" University of Rome have been asked to complete of psychological scales in the context of a semi-structured interview and the collection of medical data related to EGD and GI symptoms.

Part XII - Funding Information [grants as I-investigator international]

Year	Title	Length	Type of funding	P.I.	Grant value
2009-11	"Programma di sostegno all'istruzione tecnico-professionale in Mozambico"	24 months	Ministero per gli affari esteri AID n. 8095	Langher V.	€ 20.000

Program

The project was funded by the Ministry of Foreign Affairs for the period 2009-2011 and carried out in partnership between the Faculty of Psychology 1 (Prof. Langher V. and Tomai M.) University Sapienza Rome, the Faculty of Educational Sciences, University Eduardo Mondlane Maputo (Prof.ssa Lenia Mapelane) and the Ministry of Education of Maputo (Dr. Aissa Abdul Gani Ismael Braga, Dr. Carlos Antonio Manhiça, Dr. Luiz Antonio Muhau Junior).

The research intervention was conducted in 5 schools and aimed to promote inclusive practices of pupils with disabilities in the city of Maputo. The undersigned was a member of the research group as scientific coordinator of the research-intervention phase with the focus groups.

The work with the focus groups of teachers allowed to explore the local culture of the Maputo teachers regarding the representation of disability, attitudes towards school inclusion, obstacles to the process of inclusion and to start a processing of stereotypical thoughts, false beliefs and fears, conscious and unconscious, with respect to the relationship teacher-pupil with and without disabilities.

This collaboration has produced:

- An article: Tomai M., et al. (2017). Promoting the development of children with disabilities through school inclusion: clinical psychology in supporting teachers in Mozambique, *Mediterranean Journal of Clinical Psychology*, 5(3), 1-29.
- a contribution to an international conference, published in long version in the proceeding: "Ricci M.E., Langher V., Tomai M., Pirrò V., Esposito F, Propersi F (2011), School inclusion of disabled students in Mozambique. A pilot project of Best Practices in class. In *Special education*

and rehabilitation today. Pp 25-27, International conference "Special education and rehabilitation today", Zlatibor, Serbia.

- a contribution to an international conference: "Partecipatory action research in an international cooperation plan", Barcelona, June 2012

Part XIII - Participation in a research group with collaborations at national level

Year	Partner	Role and institution
2005/2006	Prof.ssa Tomai M. Prof Pietrella A. Dott.ssa Sbardellati P. Dott.ssa Marini N.	Ricercatore c/o Dipart. Psico. Dinam e Clinica Sapienza Roma Primario neurologia - Ospedale S. Pietro Roma Consulente psicologa c/o Ospedale S. Pietro Roma Assistente sociale c/o Ospedale S. Pietro Roma

Program

The research group is the result of a collaboration with the Department of Neurology, the Psychology Service and the Social Service of the S. Pietro - Fate Bene Fratelli Hospital in Rome with the aim of developing and evaluating the effectiveness of a multidisciplinary intervention for caregivers of patients with dementia. The intervention has been designed to prevent and/or contain depressive aspects and forms of burn-out of the caregiver and to improve the management of degenerative disease in the assisted family member.

This collaboration produced two presentations at national conferences:

- Tomai M., Sbardellati P., (2006). Promuovere iniziative di salutogenesi in servizi territoriali tradizionalmente deputati alla cura. In VII Congresso Nazionale di Psicologia della Salute (SIPSA) Promuovere benessere con persone, gruppi, comunità Cesena, settembre 2006
- Tomai M., (2005) Sviluppare risorse del territorio nella gestione di patologie degenerative dell'anziano: la promozione dei gruppi di self-help per i caregiver, V convegno nazionale La prevenzione nella scuola e nella comunità, giugno 2005

Year	Partner	Role and institution
2007-2008	Prof.ssa Tomai M. Prof Lauriola M. Dott. Potenza E. A. Dott. Ricciardi V. N. Dott. Panno A.	Ricercatore c/o Dipart. Psico. Dinam e Clinica Sapienza Roma Prof assoc. c/o Dipart. Processi di Sviluppo e Socializzazione Unità operativa chir. Gen.– complesso integr. Columbus Roma Unità operativa chir. Gen.– complesso integr. Columbus Roma Psychology Doctor, Dipart. Psico. Dinam e Clinica Sapienza Roma

Program

The research group is made up of the undersigned, Prof. Lauriola, of the Department of Development and Socialisation Processes, Dr. Potenza and Dr. Ricciardi (General Surgery Unit of Rome - Columbus integrated complex of Rome). The research aimed to study risk factors in the onset of gastrointestinal diseases, focusing, in particular, on the role of alexithymia in colon cancer.

This collaboration has produced:

- an article in a journal: Lauriola, M., Panno, A., Tomai, M., Ricciardi, V. & Potenza, A.E. (2011). Is alexithymia related to colon cancer? A survey of patients undergoing screening colonoscopy examination. *Journal of Clinical Psychology in Medical Settings*, 18, 410-415.
- a contribution in a national conference: Fattori di rischio nell'insorgenza di patologie gastrointestinali, VIII Congresso Nazionale di Psicologia della Salute (SIPSA), Rovigo, ottobre 2008
- two contributions to an international conference (abstracts published in impacted journals):
 - Panno A., Lauriola M., Potenza A., Tomai M. (2009), Alexithymia and gastro-intestinal endoscopic outcomes, *Panminerva medica*, 51, suppl1 to N. 3, pag 1111-13, ISSN 0031-0808
 - Panno, A., Lauriola, M., Tomai, M., & Potenza, A.E. (2010). The role of alexithymia in

patients with colon adenoma. *Journal of Psychosomatic Research*, 68, 654

Year	Partner	Role and institution
2008-2009	Prof.ssa Tomai M. Prof Lauriola M. Prof. re di Palma M. Dott.ssa Pavese I.	Ricercatore c/o Dipart. Psico. Dinam e Clinica Sapienza Roma Prof assoc. c/o Dipart. Processi di Svil.e Socializ. Sapienza Roma UOC di oncologia dell'ospedale S. Pietro di Roma UOC di oncologia dell'ospedale S. Pietro di Roma

Program

The research group is formed by the undersigned, Prof. Lauriola, Prof. Di Palma and Dr Pavese (UOC of oncology of the S. Pietro hospital in Rome). The research aimed to study the role of formal social support (provided by doctors and nurses) and support provided by informal patient support networks (family and friends) on the psychological adaptation and quality of life of cancer patients in day hospital settings.

This collaboration has produced:

- a contribution in a national conference: "Diversi tipi di supporto sociale predicano in maniera differente l'adattamento psicologico e la qualità della vita del paziente oncologico". VIII Congresso Nazionale di Psicologia della Salute (SIPSA), Rovigo, ottobre 2008
- two articles in journal:
 - Tomai M., Lauriola M., Caputo A. (in press) Are social support and coping styles differently associated with adjustment to cancer in early and advanced stages? *Mediterranean Journal of clinical psychology*
 - Lauriola M. & Tomai M. (under review) Biopsychosocial correlates of adjustment to cancer during chemotherapy: The key role of health-related quality of life *The Scientific World Journal*

Year	Partner	Role and institution
2013/2014	Prof.ssa Tomai M. Prof Lauriola M. Dott. Calabrò F.	Ricercatore c/o Dipart. Psico. Dinam e Clinica Sapienza Roma Prof. assoc. c/o Dipart. Processi di Svil.e Socializ. Sapienza Roma Direttore U.O.S. Day Hospital Oncol. Medica S. Camillo Roma

Program

Research group formed by the undersigned, Prof. Lauriola and Dr. Calabrò (UOC of oncology of the S. Camillo hospital in Rome). The research is a continuation of the one started in 2009 with the S. Pietro hospital in Rome. The new data collection was aimed, first of all, at the construction and validation of a scale of formal social support, the Healthcare Perceived Social Support scale (HPSS), able to measure the different forms of social support provided by the doctor. The benefits of social support in the health context, in terms of reducing stress, anxiety and increasing levels of patient satisfaction, make this construct an important indicator of the quality of care.

This collaboration has produced an article:

Tomai M., Lauriola M. (submitted) Separate but related: Dimensions of healthcare provider social support in day-treatment oncology units, *Psicologia della salute*

Part XIV – Responsible for scientific studies and research assigned by qualified public or private institutions

Year	Institution
2011-2012	Cooperativa sociale Be Free

Program

As clinical supervisor of the Be Free Cooperative, I supported the start-up of the "Sportello donna" project of the social cooperative, hosted within the triage of San Camillo. "Sportello Donna" is a

reception and assistance service for victims of intra-family violence that offers a response to users in a phase of acute problem.

The implementation of an intervention project able to support women in a more advanced stage of rehabilitation from the experience of violence has been included among the objectives of supervision. After the processing of pain, loss, and impotence, it becomes a priority for women victims of violence to rebuild their self-esteem, develop relationships that can offer various forms of social support, overcome the identity of the victim, promote the development of an identity of the survivor. Models of intervention have been tested and evaluated in this direction, including the creation of self-help groups for women victims of violence.

This collaboration has produced

- three contributions in national and international conference
 - Esposito F., Tomai M., (2013) The Phoenicians who fly to Ithaca: discovering the potential of self-help through survivors' narratives. IX European Congress of Community Psychology "Beyond the Crisis Building Community and critical visions to achieve justice, fairness and well-being", Novembre, Napoli
 - Esposito F. & Tomai M. (2014) Self-help groups for women survivors of intimate partners violence: an Italian experience. "Paper selected for presenting in the 4th International Conference on Survivors of Rape"
 - Esposito F. & Tomai M. (2015) "E' come vivere in una notte buia e vedere il giorno che compare": auto-aiuto e violenza nelle relazioni intime XI Congresso Nazionale SIPSA 28-30 maggio, Catania
- an article in journal. "From Rehabilitation to Recovery: Esposito F., Tomai M., Langher V, Giardinieri L. Costa P.A. (in press). A Self-Help Experience for Regaining Quality of Life after Intimate Partner Violence. Journal of Special Education and Rehabilitation

Year

Institution

2014-2016	Ordine Psicologi Lazio
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Program

Co-responsible for the initiative "The psychologist for the development of diabetic patient adherence (Phase I). Aims of the contract: to design a group psychological treatment, lasting six months, and to implement a research project to evaluate the effectiveness of the treatment on the quality of life of the patient, on the improvement of adherence and the relative reduction of the costs of the health system.

The work was carried out by the research group composed of the undersigned, Professor Lai C. (Department of Dynamic and Clinical Psychology), Dr. Visalli N., (Medical Director) and Dr. Lastretti M. (psychologist) of the UOC of Diabetology and Dietetics Hospital S. Spirito in Rome.

The analysis of the literature has shown a prevalence of interventions that favour the use of cognitive-behavioural models and proposing a work mainly centred on cognitive and informative dimensions, learning mechanisms, beliefs supporting dysfunctional thoughts. In addition to the development of strategies to integrate the disease in daily life, the life experience with diabetes requires the recognition and processing of emotional dimensions. The process of adjustment and management of the disease requires the identification and expression of emotions, the elaboration of grief for the loss of health, the construction of a new representation of oneself that implies the condition of the disease. The psychotherapeutic intervention elaborated aimed, therefore, to experiment and evaluate a model of intervention that gave more space to the emotional dimensions, to the development of awareness and understanding of the symbolic meaning of one's actions.

To this end, 30 patients with type 2 diabetes were selected, and then divided into two groups (Experimental and Waiting List), comparable regarding gender, age and years of schooling.

Diabetic patients in the experimental group were offered group psychotherapeutic treatment, lasting 6 months. Data collection was carried out in two stages (before and after the psychological intervention, in both groups). Anamnestic data, information on lifestyles (smoking, alcohol, physical activity, social support, etc.), psychological health (possible disorders, psychological therapies, etc.) and biological indicators (HbA1c, Pressure, Lipids, Eye Analysis, Foot Analysis, Smoking, Weight) were collected. Stress level, anxiety, depression, coping styles, alexithymia, emotional regulation, the locus of control have also been measured. Finally, to assess health expenditure, the following indicators were collected: loss of working days and caregivers, drugs, specialist visits, emergency visits, hospitalizations and hospitalizations, days of hospitalization. The first data of the research were presented at the Panel of the Order of Psychologists of Lazio, within the XVIII National Congress of the of clinical and dynamic psychology section AIP - Symposium of the Diabetes Project Group.

Year	Institution
2016-2018	Ordine Psicologi Lazio

Program

Co-responsible for the project "The psychologist for the development of diabetic patient adherence (Phase II). Aims of the contract: to implement a research project to evaluate the effectiveness of the intervention on the improvement of adherence and the relative reduction of the costs of the health system (enlargement of the sample). The work was carried out by the research group composed by the undersigned, Prof.ssa Casagrande of the Department of Psychology, Dr.ssa Visalli N., (Medical Director) and Dr.ssa Lastretti M. (psychologist) of the UOC of Diabetology and Dietetics Hospital S. Spirito, Rome. This research is an extension of the previous one. The same project was replicated on the second group of 30 patients belonging to the UOC of Diabetology and Dietetics Hospital S. Spirito, Rome. On this new group of patients with type 2 diabetes (divided into Experimental group and Waiting List), the same measurements were carried out in the two times provided by the research model. Patients underwent the same six-monthly psychotherapeutic group treatment.

The first data from the extended sample research were presented at:

- XXI AMD National Congress, 17-20 May 2017, Naples.
- Conference "Good practices for psychological intervention in diabetes: psychology in support of adherence and costs of the SSN", March 16, 2018, Rome.

Year	Institution
2016-2018	Ordine Psicologi Lazio

Program

Responsible for the group-project to produce a policy document and good practices for psychological intervention in diabetes.

The document proposes recommendations of professional behaviour identified through a process of careful and systematic review of the literature, integrated with the opinions of experts in the field (doctors, psychologists, nurses, dietitians, etc.). The document is based on a biopsychosocial model. The primary objective of the research was to identify the most effective and validated psychological and psychotherapeutic interventions from which professional indications could be drawn.

The interventions were selected taking into consideration:

- the age groups (child, adolescent, adult),
- the type of diabetes (type 1, type 2, gestational),
- the most common/experienced interventions (depression, lifestyles)
- the most recent and innovative interventions (e-health).

The research was conducted on the databases of Pubmed, Cihanl, Ebscho and Cocharine. Studies

published between 2000 and 2016 have been considered and, in order to guarantee reliability and scientific value to the indications that can be obtained from the document, only randomized controlled clinical studies, systematic reviews of randomized studies, randomized studies of adequate design, non-randomized cohort studies with concurrent controls, meta-analysis of non-randomized cohort studies with concurrent controls have been selected. A further criterion for the selection of the traced studies was the presence of a follow-up of 12 months or more, considering the stability of the changes obtained over time an essential indicator for defining the quality of an intervention practice.

More than 400 bibliographic entries have been consulted.

The Document; "Good practices for psychological intervention in diabetology – 2018" is published on the website of the Lazio Psychological Order and was presented at the conference: "Good practices for psychological intervention in diabetology: psychology in support of adherence and costs of the SSN". Rome 16/03/2018

Year	Institution
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2017-to date	ASL RM/1, UOC Direzione Distrettuale 14
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Program

Coordinator of phase 1 (Esplorazione di visioni sanitarie all'interno di alcune aree tematiche) of the project " Percorsi di partecipazione per la co-costruzione di itinerari orientati alla promozione della salute". Project commissioned to the Post-graduate School in Health Psychology of the Department of Dynamic and Clinical Psychology by the UOC Direzione distrettuale 14 ASL RM/1 and financed by a fund of 38,800 (+ IVA). The objective of phase 1 of the project is to investigate the local culture of the reference context (district 19/municipio 14) and the representation of the health of the different stakeholders (top management, local authorities, services of the territory, users). The knowledge of the cultural dimensions will allow (Phase 2) a co-constructed design of the "Casa della Salute", which will be located within the park of the former asylum hospital of "S. Maria della Pietà", and a greater adherence to the health needs of the population.

This collaboration has produced a conference presentation:

Giovannelli I., Tomai M., Braibanti P., et al (2017) "Percorsi di partecipazione per la co-costruzione della Casa della Salute, in Boniforti D., Albanesi C., Zatti A., *Frontiere di comunità. Complexity in comparison*, pp 97-98. ISBN 9788898010448. DOI 10.6092/unibo/amsacta/5502

Year	Istitution
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2018	Ordine Psicologi Lazio
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Program

Scientific responsible of the Psychologic Observatory in chronicity

The objectives of the Observatory include:

- To build shared and integrated perspectives on health intervention (biological, psychological and social) in the field of chronicity
- To provide a "place" for discussion and exchange between the various health stakeholders (psychologists, doctors, nurses) for the protection of the health of people with chronic diseases.
- To produce programmatic and good practice documents for psychological intervention in different chronic diseases
- To organize information and sensibilisation events for the population

Part XV Participation in editorial boards of journals

Year	Journal
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2015-to date	Journal of Education and Training Studies (JETS)
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2018	International Journal of Psychology and Counselling (IJPC)
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2018	Journal of Clinical and Developmental Psychology (JCDP)
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Part XVI Reviewer activity

Year	Journal
2012-to date	Journal of Health Psychology (con Impact factor) Australasian Journal on Ageing (con Impact factor) International Journal of Psychology and Counselling Journal of Education and Training Studies (JETS). Computer and Education (con Impact factor) Journal of Psychosocial Research on Cyberspace Science Journal of Psychology
2016 to date	Rivista di Psicologia Clinica Rassegna di Psicologia
2018	Frontiers in Psychology

Part XVII – Research Activities

Keywords	Brief Description
Research-intervention models	Development of participatory research-intervention models (PAR) targeted at the design of interventions for groups at risk of psychological distress or social exclusion (person with disability and victims of violence).
Social Support	The role of formal (family, friends, relatives) and informal (health team) social support in disease adjustment processes and quality of life in cancer patients and chronic diseases
Chronic diseases	Design of group psychological treatments for diabetic patients, and assessment of the efficacy on the patient quality of life, on the adherence, and on the costs reduction of the health system
Pain	Emotional processing factors predicting EGD tolerability, satisfaction and medical outcomes in order to reduce pain and discomfort, improve examinations tolerability and diagnostic accuracy
Health care systems	Hospital physicians' representations of, psychological intervention and continuity of care in hospital settings in order to implement the use of multidisciplinary teams and networking between hospital and territory
Well-being	The key modifiable variables most related to the quality of life and life satisfaction of healthy individuals in order to improve the effectiveness of intervention projects.

Part XVIII – Third mission

Year	Organization	Activities
2011/ 2012	<u>Be Free</u> Social Cooperative against Trafficking, Violence, Discrimination,	Clinical Supervisor Project start-up consultant “Sportello Donna”,
2016- to date	<u>San Saturnino</u> – Social Cooperative Early Childhood Reception Centre of Rome Capital "Il Girotondo”.	Professional training and supervision of the work performed in favor of children guests of the municipal center for infancy "Il Girotondo
2018	<u>San Saturnino</u> – <u>Coop Sociale</u> Immediate reception centre for mothers with children- “La casa verde”	Networking Integration with local services Social inclusion interventions

Fin qui → rifei il cv senza dati

Part XIX – Summary of Scientific Achievements

XIXA - Articles in international journals

Year	Reference	Scopus.	WOS	I.F.	Cit
In Press	Tomai M., Lauriola M., (in press) “Are social support and coping styles differently associated with adjustment to cancer in early and advanced stages?” <i>Mediterranean Journal of Clinical Psychology</i> ,	SI	SI		
In Press	Esposito F., Tomai M., Nannini V., Giardinieri L., Costa P.A. (in press).From Rehabilitation to Recovery: A Self-Help Experience to Regain Quality of Life after Violence, <i>Journal of Special Education and Rehabilitation</i>	SI			
2017	Tomai M., Langher V., Martino G., Esposito F., Ricci M.E., Caputo A. (2017), Promoting the development of children with disabilities through school inclusion: clinical psychology in supporting teachers in Mozambique, <i>Mediterranean Journal of Clinical Psychology</i> , 5(3), 1-29	SI	SI		
2017	Tomai, M., Esposito, F., & Rosa, Veronica. (2017). Psychologist in Italian hospital settings: An exploratory analysis of hospital physicians' representations and demands of psychological intervention. <i>Interdisciplinaria</i> , 34(1), 5-23. Recuperado en 12 de octubre de 2017, de http://www.scielo.org.ar/scielo.php?script=sci_arttext&pid=S1668-70272017000100001&lng=es&tlng=en	SI		0.179	
2017	Tomai, M., Pezzuti, L., Mebane, M., Benedetti, M., Moro, A. (2017) The impact of dispositional variables of elders, relatives and paid caregivers on elders' empowerment and life satisfaction. <i>Experimental Aging Research</i> . doi.org/10.1080/0361073X.2017.1333833	SI	SI	1.048	
2016	Francescato D., Pezzuti L., Mebane M., Tomai M., Benedetti M., Moro A., (2016) Dispositional characteristics, relational well being and perceived life satisfaction and empowerment of elders, <i>Aging and Mental Health</i> , 21(10):1052-1057. doi: 10.1080/13607863.2016.1191058	SI	SI	2.329	
2015	Tomai M., Rosa V., Bua V., Valotta R., (2015) Il rapporto tra ospedale e territorio nell'attuazione della continuità assistenziale: il caso del fine vita, <i>Rivista di Psicologia Clinica</i> , ISSN 1828-9363				
2014	Tomai M., Mebane M.E., Rosa V., Benedetti M. (2014), Can Computer Supported Collaborative Learning (CSCL) Promote Counter-stereotypical Gender Communication Styles in Male and Female University Students? <i>Procedia - Social and Behavioral Sciences</i> , 116(21) 4384-4392. DOI: 10.1016/j.sbspro.2014.01.952		SI		3
2013	Tomai M., Mebane M. E., Rosa V., Ingravalle V., Benedetti M. (2013). Do virtual groups experience less conflict than traditional teams? <i>AWER Procedia Information Technology & Computer Science</i> , 4, 926-938.				
2011	Lauriola M., Panno A., Tomai M., Ricciardi M., Potenza A. (2011) Is Alexithymia related to colon cancer? A survey of patients undergoing a screening colonoscopy examination, <i>Journal Of Clinical Psychology In Medical Settings</i> , 1.18(4), 410-15, ISSN 1068.9583, DOI: 10.1007/s10880-011-9267-y	SI	SI	1.866	8

2010	Francescato D., Mebane M. Benedetti M. Rosa V. Solimeno A, & Tomai M, (2010), Empowering students, teachers, non-teaching staff and parents in a troubled high school through community psychology multidimensional interventions. <i>Global Journal of Community Psychology Practice</i> , pag 2-12,. Volume 1 Issue 1, ISSN: 2163-8667.				
2010	Tomai M., Rosa V., Mebane M., D'Acunti A., Benedetti M., Francescato D. (2010). "Virtual communities in school as tools to promote social capital with high school students", <i>Computers and Education</i> , 265-274. issn: 0360-1315 10.1016/j.compedu.2009.08.009	SI	SI	5.139	30
2009	Francescato D., Solimeno A, Mebane M.E, Tomai M, (2009), Increasing students' perceived sociopolitical empowerment through online and face-to-face community psychology seminars. <i>Journal of Community Psychology</i> , Vol 37, pag. 874-894, ISSN: 0090-4392; DOI: 10.1002/jcop.20338,	SI	SI	1.291	4
2008	Solimeno A, Mebane M. E, Tomai M., Francescato D (2008). The influence of students and teachers characteristics on the efficacy of face-to-face and computer supported collaborative learning. <i>Computers & Education</i> , vol. 51; p. 109-128, ISSN: 0360-1315, doi: 10.1016/j.compedu.2007.04.003,	SI	SI	3.542	67
2007	Mebane M. E; Sorace R; Solimeno A; Tomai M.(2007), Gender differences in online collaborative learning groups promoting affective education and social capital, <i>Psicol. Esc. Educ. (Impr.)</i> vol.11 no.spe Campinas, pag. 27-36, ISSN 1413-8557, http://dx.doi.org/10.1590/S1413-85572007000300003 .				
2002	Francescato D, Tomai M., Foddìs A., (2002), I fattori di efficacia nei gruppi di auto-aiuto, <i>Psicologia della salute</i> , 2, pp. p. 127-139, ISSN: 1721-0321.				
2001	Francescato D., Tomai M., (2001), Community Psychology: should there be a european perspective?, <i>Journal of Community and Applied Social Psychology</i> , 11: 371-380, DOI: 10.1002/casp.638 ISSN: 1052-9284	SI	SI	0.508	14

XIX B - Articles in national journals

Year	Reference
2009	Francescato D, Solimeno A, Sorace R, Tomai M. (2009). Mass media e modelli identificativi nella percezione dei bambini/ragazzi e genitori., <i>Età Evolutiva</i> , vol. I; p. 15-23, ISSN: 0392-0658.
2007	Francescato D., Mebane M., Sorace R., Vecchione M., Tomai M., (2007), EMPO: una scala di misurazione dell'empowerment personale e politico, <i>Giornale Italiano di Psicologia</i> , n.2, pp. 465-487, Il Mulino, Bologna ISSN: 0390-5349
2007	Francescato D., Tomai M., Rosa V., Caimmi S., Andò M., (2007), Benessere/malessere a scuola: un'indagine sulle dimensioni psicodinamiche e relazionali in classe, <i>Psicologia e scuola</i> , vol. 136; p. 3-13, ISSN: 0392-680X
2005	Francescato D., Solimeno A., Tomai M., Paulesu N., (2005), La partecipazione sociale come strumento di accrescimento dell'empowerment: l'esperienza della "Leva Giovanile" del comune di Firenze. <i>Giornale Italiano di Psicologia</i> , 2, pp. 309-330. ISSN: 0390-5349.
2003	Francescato D., Andò M, Foddìs A., Mebane M. Tomai M, (2003), Percorsi di vita di ragazzi e ragazze che hanno abbandonato precocemente gli studi, in <i>Psicologia dell'educazione e della formazione</i> , vol.5, n. 3, p. 345-364, ISSN: 1128-6881, Edizioni Erickson, Trento.
2002	Francescato D., Tomai M, Mebane M.E (2002). Psicologi a scuola: il punto di vista della psicologia di comunità. <i>Psicologia Scolastica</i> , vol. 1,1, p. 36-47, ISSN: 1721-9795
2001	Francescato D., Tomai M., (2001), Analisi organica ozzativa multidimensionale e successo scolastico, in <i>Psicologia dell'educazione e della formazione</i> , vol. 3, 1, pag. 91-104, ISSN: 1128-

6881

XIX C – Books national and international

Year	Reference
2018	Tomai M., et al (2018). Buone Prassi per l'intervento psicologico in diabetologia – 2018, Ordine degli Psicologi del
2008	Francescato D., Tomai M., Solimeno A., (2008), <i>Lavorare e decidere meglio in organizzazioni empowering ed empowered: l'Analisi organizzativa Multidimensionale e la formazione empowering come strumenti di intervento nei contesti di lavoro</i> , Franco Angeli, Milano.
2006	Francescato D, Tomai M., Mebane M.E., (2006), <i>Psicologia comunitaria en la ensenanza y la orientaciòn</i> , Narcea,, S.A. ediciones, Madrid.
2005	Francescato D., Tomai M., (2005), <i>Psicologia di comunità e mondi del lavoro. Sanità, pubblica amministrazione, azienda e privato sociale</i> , Carocci Editore, Roma
2004	Francescato D., Tomai M., Mebane M. E., (2004), <i>Psicologia di comunità per la scuola, l'orientamento e la formazione. Esperienze faccia a faccia e on line</i> , Il Mulino, Bologna.
2002	Francescato D., Tomai M., Ghirelli G., (2002), <i>Fondamenti di psicologia di comunità</i> , Carocci, Editore.

XIX D - Chapters in international books

Year	Reference
2012	Francescato D., Mebane , M.E. Tomai M., Benedetti M., Rosa V. (2012), Promoting social capital, empowerment and counter-stereotypical behavior in male and female students in on-line cscl communities, in Hector Cuadra Montiel, <i>Globalization / Book 1</i> , ISBN 9780520241251, Hector Cuadra Montiel Publishing house: InTech.
2006	Mebane M., Sorace R., Solimeno A., Tomai M. (2006). Gender differences in online collaborative learning groups promoting affective education and social capital. In A Mendez- Vilas, A. Solano Martin, J.A. Mesa Gonzalez e J. Mesa Gonzalez (Eds.) <i>Current developments in technology-assisted education</i> . Badajoz: Formatex, 1458-1461
2006	Francescato D., Mebane M., Solimeno A., Sorace R., Tomai M. (2006). Are collaborative learning face-to-face or online seminars more effective in enhancing professional skills, meta-social competencies and social capital? In A Mendez- Vilas, A. Solano Martin, J.A. Mesa Gondalez e J. Mesa Gondalez (Eds.), <i>Current development in technology-assisted education</i> . Badajoz: Formatex, 1391-1395.
2005	Francescato D., Mebane M., Tomai M. (2005). Life-long affective learning: New prospectives for a more effective affective education in the “risky society”. Menezes, J.L. Coimbra & B.P: Campos (Eds.), <i>The affective dimension of education: European perspectives</i> . 41-58.Porto: FTC.
2004	Francescato D, Tomai M., (2004), Which European community psychology should we promote in the era of globalisation, in Sanchez Vidal; A.; Combrano Costanzo; A.; Palacin Lois; M, <i>Psicologia Comunitaria Europea: comunidad, poder, etica e valores. European community psychology, community power, ethics and values</i> , pp.32-43, Universitat de Barcelona Publicacions, Barcelona.

XIX E - Chapters in national books

Year	Reference
2003	Francescato D., Mebane M. E., Tomai M., (2003), <i>Psicologia di comunità e istituzioni educative</i> , in De Piccoli N., Lavanco G., <i>Setting di comunità. Gli interventi psicologici nel sociale</i> , pp. 139-157, Edizioni Unicopoli, Milano.
2003	Francescato D., Tomai M., Mebane M. E., (2003), <i>Gli interventi di empowerment dei giovani nel modello di psicologia di comunità</i> , in Garofalo D., (a cura di), <i>La psicologia dell'età evolutiva nelle aziende sanitarie</i> , pp. 165-212, Edizioni Sapere, Padova.
2002	Francescato D., Tomai M., (2002), <i>I profili di comunità nell'era della globalizzazione</i> , in Prezza M., Santinello M., (a cura di), <i>Conoscere la comunità: l'analisi degli ambienti di vita quotidiani</i> , pag. 39-65, editore Il Mulino.

XIX F - Paper selected for presenting in International Conference

Year	Reference
2014	Esposito F., Tomai M. (2014) Self-help groups for women survivors of intimate partner violence: an Italian experience, IV International Conference on Survivors of Rape - <i>Rape, Survivors, Policies and Support Systems a European Challenge</i> 21st and 22nd November, Lisbona. Paper has been selected for presenting in the 4th International Conference on Survivors of Rape. (The conference fee is free for the presenting author) (Role: Invited Speaker)

XIX G – Conference papers

Year	Reference
2012	Tomai, M., Esposito, F., & Brancadoro, B. (2012, July). Enhancing psychological intervention in hospital settings: a glimpse of the Italian physicians' representations and demands. In G. Graffigna, J. M. Morse, A. C. Bosio (Eds.), <i>Engaging People in Health Promotion and Well-being. New opportunities and challenges for qualitative research</i> (pp. 171-172). Milan, Italy: Vita e Pensiero., ISBN: 9788834322512.
2011	Ricci M.E., Langher V., Tomai M., Pirrò V., Esposito F, Propersi F (2011), School inclusion of disabled students in Mozambique. A pilot project of Best Practices in class. In “ <i>Special education and rehabilitation today</i> ”. Pp 25-27, International conference "Special education and rehabilitation today", Zlatibor, Serbia.
2009	Panno A., Lauriola M., Potenza A., Tomai M. (2009), Alexithymia and gastro-intestinal endoscopic outcomes, <i>Panminerva medica</i> , Edizioni Minerva Medica, pag 1111-13, ISSN 0031-0808
2006	Francescato D., Mebane M., Sorace R., Solimeno A., M. Tomai (2006). Teaching Community Psychology Online to Promote Socio-political Empowerment and Social Capital among Students and Professionals. In: <i>Proceeding of the First International Conference on Community Psychology</i> ; Puerto Rico, June 8-10.

XIX H - Abstracts published in indexed journals or with I.F.

Year	Reference
2018	Palma R., Pontone S., Panetta C., La Spina G., Foglia A., Raniolo M., Tomai M., Lauriola M. (2018) Tu1730 - Intolerance of Uncertainty, Anxiety Sensitivity and Health Distress Predicted Self-Reported and Clinician Rated Pain During Upper Endoscopy Though Pain Catastrophizing <i>Gastroenterology</i> , Vol. 154, Issue 6, Supplement 1, Pages S-1003–S-1004 DOI: https://doi.org/10.1016/S0016-5085(18)33356-0
2018	Panetta C., Pontone S., Palma R., Raniolo M., La Spina G., Foglia A., Tomai M., Lauriola M. (2018) “Tu1727 - Mindfulness Awareness and Emotion Regulation Predicted Clinician Rated and Patient Reported Pain During Colonoscopy: A Multidisciplinary Study of Gastrointestinal Patients. <i>Gastroenterology</i> , Vol. 154, Issue 6, Supplement 1, Pages S-1003–S-1004 DOI: https://doi.org/10.1016/S0016-5085(18)33356-0
2018	Palma R., Panetta C., Pontone S., Rantolo M., Gallo G., Foglia A La Spina G., Cremona M., Tomai M., Lauriola M. (2018). Pain catastrophizing and pain experience during endoscopic procedures. <i>Digestive and liver Disease</i> Vol 50, issue 2, supplement:S pag E69. DOI: https://doi.org/10.1016/S1590-8658(18)30269-X
2016	Tomai M., Rosa V., Lai C., Pomoni E. Caprai A., Alarcon Sandoval F, Elias M.R., Colorado Hernandez S.C., Romero de Burgos F., de Guzmán Y. B. (2016), The contribution of clinical psychology within integrated scientific paradigms: “El Salvador: mitigar peligros volcánicos” (SaPeVo) - training, monitoring and study to a preliminary assessment of the dangerousness of some volcanic areas of el salvador. The contribution of psychological support to the population before and after a natural event. <i>Mediterranean Journal of Clinical Psychology</i> 4, 2 (suppl.).26-27 (Role: Member of the Scientific-Organisational Committee)
2013	Rosa, V., Tomai, M., & Esposito, F. (2013). The role of psychologists in Italian hospital settings. <i>Psychotherapy & Psychosomatics</i> , 82 (sup1), 22. doi:10.1159/000354142
2013	Tomai, M., Rosa, V., & Esposito, F. (2013). The representation of the psychological intervention among Italian hospital physicians. <i>Psychotherapy & Psychosomatics</i> , 82 (sup1), 22. doi:10.1159/000354142
2012	Francescato D., Tomai M., Pezzuti L., Benedetti M., Mebane M., (2012), Personality and

	relational characteristics of elders, caregivers and family members and life satisfaction, <i>International Journal Of Psychology</i> , ISSN 0020-7594, Psychology Press pp. 649, 10.1080/00207594.2012.709122
2012	Francescato D., Tomai M., Brancadoro B., Benedetti M., Mebane M.E., (2012), Perceived obstacles and empowering factors influencing the wellbeing of residents in small towns, and urban areas, <i>International Journal Of Psychology</i> , ISSN 0020-7594, Psychology Press pp. 153-4, 10.1080/00207594.2012.709090
2012	Tomai, M., Esposito, F., Brancadoro, B.& Costa, P. A.(2012). Integrating psychologists into hospital settings: Which needs, which challenges? <i>International Journal of Psychology</i> , 47 (sup1, Health), 449. doi:10.1080/00207594.2012.709108
2010	Panno A, Lauriola M, Tomai M, Potenza A.E (2010). The role of alexithymia in patients with colon adenoma in <i>Journal of Psychosomatic Research</i> ; p. 654, ISSN: 0022-3999
2009	Panno, A., Lauriola, M., Potenza, A. E. & Tomai, M. (2009). Alexithymia and gastro-intestinal endoscopic outcomes. <i>Panminerva Medica</i> , 51, 3, 87, ISSN 0031-0808
2009	Panno, A., Lauriola, M., Potenza, A. E., & Tomai, M. (2009, January). Alexithymia predicts gastro-intestinal endoscopic outcomes. In <i>Psychology & Health</i> (Vol. 24, pp. 305-305). 4 Park Square, Milton Park, Abingdon Ox14 4rn, Oxon, England: Taylor & Francis LTD.

XIX I - Abstract in International Conference Proceedings

Year	Reference
2016	Rosa V., Tomai, M., Diaco S., Gammarini V., Minopoli Caterina, (2016), Promuovere vissuto corporeo positivo e stili alimentari sani in adolescenza attraverso la costruzione di un clima sociale di convivenza ed empatia in classe, <i>Conflict, dialogue and the culture of unity</i> . International Interdisciplinarity Congress, Lublin, Poland, 3-4 June 2016
2013	Esposito F. & Tomai M. (2013) The Phoenicians who fly to Ithaca: discovering the potential of self-help through survivors' narratives, 9th European Congress of Community Psychology. Beyond the Crisis. Building Community and critical visions to achieve justice, fairness and well-being. 6-9 November, Naples, Italy Communication
2013	Tomai, M., Rosa, V., & Esposito, F.(2013) The Representation of the Psychological Intervention Among Italian Hospital Physicians; 22nd World Congress on Psychosomatic Medicine. Psychosomatic Assessment and Integrative Care. 12-14 september 2013, Lisbon, PT.
2013	Esposito F. & Tomai M. (2013) From victims to survivors: narratives of self-help impact on women empowerment Biennial Conference of the Society for Community Research and Action - SCRA (27 ^a division of APA) "Communal Thriving: Pursuing Meaning, Justice & Well-Being", 27-29 Giugno 2013, Miami (Florida,US) pp.111.
2012	Benedetti M., Mebane M.E., Brancadoro B., Tomai M., (2012), Percieved quality of life and sense of community of young, middle age and old resident of the city centers, suburbs and small towns, Book of abstract of 4th International Conference of Community Psychology, Comunidad y politica en un mundo en crisis: repensando la acción comunitaria en el Nuevo siglo, 21-23 giugno, Barcelona.
2012	Tomai M., Langher V., Esposito F., Ricci M. E., Pirrò V., Propersi F., (2012), Participatory Action Research in an international cooperation plan: promoting school inclusion in Mozambique, p.174, <i>Proceedings of the 4th International Conference of Community Psychology</i> , Comunidad y politica en un mundo en crisis: repensando la acción comunitaria en el Nuevo siglo, 21-23 giugno, Barcellona.
2012	Esposito, F., & Tomai, M. (2012). Usar a ajuda-mútua para promover o empowerment de mulheres sobreviventes de violência nas relações íntimas. <i>Proceedings of the II Encontro Psicologia Comunitária</i> .
2011	Benedetti M., Mebane M., Tomai M., Brancadoro B., Francescato F., (2011), Perceived strong points and problems of living in Italian city centers, suburbs and small towns, Abstract book of The 8th European Congress of Community Psychology, "Community Psychology, Critical Issues, pag 18. York, 15-16 september.
2009	Panno A, Lauriola M, M. Tomai, (2009), Alexithymia and gastro-intestinal endoscopic outcomes, 20th world congress on psychosomatic medicine Psychosomatic Innovations for a New Quality of

	Health Care, p.25, Lavoro notificato TORINO 23-26 settembre.
2006	Francescato D, Mebane M. E, Solimeno A, Sorace R, Tomai M. (2006), Are collaborative learning face to face or online seminars more effective in enhancing professional skills, meta-social competencies and social capital? IV International conference on multimedia Current, Developments in Technology-Assisted Education, Seville, Spain, 22-25 novembre.
2006	Francescato D., Mebane M, Solimeno A, Sorace R, Tomai M, (2006), Enhancing Professional Skills, Meta-Social Competencies and Social Capital through Online Collaborative Learning. Proceedings of the 5th WSEAS International Conference on Applied Computer Science, p. 47, Hangzou, China, 16-18 aprile.

Part XX – Summary of Scientific Achievements

Product type	Number	Data Base	Start .	End
Papers International	2	Scopus	2001	2018
Papers International	1	WOS	2014	2014
Papers International	9	Scopus and WOS	2001	2018
Papers International Indexed TOTAL	12	Scopus and WOS		
Papers International Not indexed	5	Google Scholar	2002	2015
Papers International TOTAL	17			
Papers [national]	4	Google Scholar	2001	2009
Papers [national]	1	Rivisteweb e ACNP	2007	2007
Papers [national]	1	PsycINFO	2005	2005
Papers [national]	1	Rivista cartacea	2002	
Papers [national] TOTAL	7			
Books [scientific] National	2		2008	2018
Books [teaching] International	1		2008	2008
Books [teaching] National	3		2002	2005
Book National [teaching and scientific] TOTAL	6			
Chapters in international books [online]	1	Google Scholar	2012	2012
Chapters in international books	4		2004	2006
Chapters in international books TOTAL	5			
Chapters in national books	3		2002	2003
Conference papers	4		2006	2012
Abstracts in indexed journals or with I.F.	10	WOS	2009	2018

Abstracts in indexed journals or with I.F	2	Google Scholar	2009	2016
Abstracts in indexed journals or with I.F TOTAL	12			
Abstract in International Conference Proceedings	11		2006	20016

Database	Scopus	WOS
Total Impact factor	15,902	15,902
Total Citations	123	110
Average Citations per Product	13,7	5,7
Hirsch (H) index	4	4
Normalized H index*	0,25	0,25
Total publication	9	22

*H index divided by the academic seniority.
academic seniority= time span from graduation= 16 years

Part XXI– Selected Publications

List of the publications selected for the evaluation. For each publication report title, authors, reference data, journal IF (if applicable), citations, press/media release (if any).

Tomai M., Lauriola M., (in press) Are social support and coping styles differently associated with adjustment to cancer in early and advanced stages?" *Mediterranean Journal of Clinical Psychology*. **Indexed on Scopus and WOS**

Esposito F., Tomai M., Nannini V., Giardinieri L., Costa P.A. (in press).From Rehabilitation to Recovery: A Self-Help Experience to Regain Quality of Life after Violence, *Journal of Special Education and Rehabilitation*. **Indexed on Scopus**

Tomai M., Langher V., Martino G., Esposito F., Ricci M.E., Caputo A. (2017), Promoting the development of children with disabilities through school inclusion: clinical psychology in supporting teachers in Mozambique, *Mediterranean Journal of Clinical Psychology*, 5(3), 1-29. **Indexed on Scopus and WOS**

Tomai, M., Esposito, F., & Rosa, Veronica. (2017). Psychologist in Italian hospital settings: An exploratory analysis of hospital physicians' representations and demands of psychological intervention. *Interdisciplinaria*, 34(1), 5-23. Recuperado en 12 de octubre de 2017, de http://www.scielo.org.ar/scielo.php?script=sci_arttext&pid=S1668-70272017000100001&lng=es&tlng=en **indexed on Scopus. Impact Factor 0,179**

Tomai, M., Pezzuti, L., Mebane, M., Benedetti, M., Moro, A. (2017). The impact of dispositional variables of elders, relatives and paid caregivers on elders' empowerment and life satisfaction. *Experimental Aging Research*. doi.org/10.1080/0361073X.2017.1333833. **Indexed on Scopus and WOS. Impact Factor 1.048**

Francescato D., Pezzuti L., Mebane M., Tomai M., Benedetti M., Moro A., (2016) Dispositional characteristics, relational well being and perceived life satisfaction and empowerment of elders, *Aging and Mental Health*, 21(10):1052-1057. doi: 10.1080/13607863.2016.1191058. **Indexed on Scopus and WOS. Impact Factor 2.329**

Tomai M., Mebane M.E., Rosa V., Benedetti M. (2014), Can Computer Supported Collaborative Learning (CSCL) Promote Counter-stereotypical Gender Communication Styles in Male and Female University Students? *Procedia - Social and Behavioral Sciences*, 116(21) 4384-4392. DOI: 10.1016/j.sbspro.2014.01.952. **Indexed on WOS. Cit. 3**