

Curriculum Vitae

Tommaso Palombi Ph.D.

Education

2013-2016	Bachelor's degree, Psychology, Sapienza University of Rome
2016-2019	Master's degree, Psychology, Sapienza University of Rome (108/110)
2020 - 2024	Ph.D., Psychology, Sapienza University of Rome

Scientific Appointments and tutoring university experience

2020-2023	Subject Expert in Psychometrics ("cultore della materia"), Department of Psychology of Development and Socialization Processes, Sapienza University of Rome – PSI/03 – Teaching assistant of Prof Fabio Lucidi
Academic year: 2024/2025	Adjunct professor in "Teorie e Tecniche dei Test" Faculty of Psychology, Curriculum: Dynamic and Clinical Psychology, eCampus University

Specialty courses

2022	Network Analysis Taught by Doug Steiner, Ph.D.
2022	Advanced Course on using Mplus Taught by Ellen Hamaker, Ph.D, Caspar van Lissa, Ph.D, Jeroen Mulder, Ph.D.
2023	Longitudinal SEM in Mplus: Latent Growth and Cross-Lagged Panel Models Taught by Michael Zyphur, Ph.D.
2023	From CFA to SEM with Moderated Mediation in Mplus Taught by Michael Zyphur, Ph.D.
2023	Path Analysis with Interactions and Indirect Effects in Mplus Taught by Michael Zyphur, Ph.D.
2023	Multilevel SEM with Random Slopes and Moderated Mediation in Mplus Taught by Michael Zyphur, Ph.D.
2023	Introduction to Meta-Analysis Taught by Mariola Moeyaert, Ph.D.
2023	Advanced Meta-Analysis Taught by Mariola Moeyaert, Ph.D.
2023	Using ChatGPT for systematic literature reviews Taught by Piers Steel, Ph.D.

Fundings

2020	Funded by EU+. Forum for Antidoping In Recreational Sport (FAIR+) project	Investigator
------	---	--------------

2020	Funded by EU+. Project: IRUNCLEAN	Investigator
2021	Department funding, Sapienza, University of Rome. Project: Positive development among Youth Living in Poverty.	Investigator
2022	Department funding, Sapienza, University of Rome. Project: L' efficacia della Realtà Virtuale nel management dello stress nelle pazienti con diagnosi di tumore della mammella durante trattamento chemioterapico	Investigator
2022	Department funding, Sapienza, University of Rome. Project: Valutazione delle funzioni cognitive attraverso una versione virtuale del Naturalistic Action Test (NAT).	Principal Investigator
2023	Department funding, Sapienza, University of Rome. Project: Emotional distress, coping, and social support: A network analysis of risk and resources in persons with cancer	Principal Investigator

Research Interest

I have different research interests in the areas of health and sport psychology with particular focus on the processes involved in people's "self-regulation" of health behavior, applying different psychometrics models, such as Factor Analysis, Path Analysis, Structural Equation Model, Network Analysis.

National and international conferences' contributions

2022	F. Alivernini, E. Cavicchiolo, S. Manganelli, S. Germani, A. Chirico, T. Palombi , M. D'Amico, F. Albarello, F. Lucidi. The validation of a time-efficient measure for assessing children's social isolation at school. 14th international conference on education and new learning technologies	Co-author	Poster
2022	T. Palombi* , A. Chirico, F. Galli, F. Alivernini, F. Lucidi. Virtual reality for the assessment of everyday function: preliminary data from virtual reality action test. 30 ^o Congresso dell'Associazione Italiana di Psicologia	Speaker	Symposium presentation
2022	A. Chirico, F. Lucidi, T. Palombi , F. Alivernini. The relations of social-cognitive factors with values in doping research: merging individual and prevalence data from a European survey. 30 ^o Congresso dell'Associazione Italiana di Psicologia.	Co-author	Symposium presentation
2023	Germani, S., Alivernini, F., Chirico, A., Palombi, T. , Asquini, G. & Lucidi, F. The effect of peer acceptance, peer friendship, and support for autonomy on students' need for relatedness with classmates. 8 th International Self-Determination Theory Conference.	Co-author	Talk presentation

2023	T. Palombi* , A. Chirico, F. Alivernini, E. Cavicchiolo, F. Lucidi. The network structure of the Behavioral Regulation in Exercise Questionnaire (BREQ-3). XXIX Congresso AIP Sezione Sperimentale.	Speaker	Symposium presentation
2023	F. Galli, A. Chirico, R. Codella, T. Zandonai, A. De Maria, T. Palombi , D. Gotti, L. Malia, F. Lucidi. "vado al massimo!": un programma di intervento interattivo per favorire i processi di autoregolazione nella prevenzione all'uso del doping nei licei sportivi	Co-author	Poster
2024	T. Palombi* , D. Borsboom, R. Freichel, A. Chirico, E. Cavicchiolo, F. Lucidi, F. Alivernini. Exploring the Dynamics of Motivation in Physical Activity among Older Adults Through Panel Network Approach. Modern Modeling Methods conference	Speaker	Symposium presentation
2024	E. Cavicchiolo, S. Manganelli, T. Palombi , F. Lucidi, F. Alivernini. Investigating the Development of Academic Motivation in Adolescents Living in Poverty: a Latent Growth Model Analysis. Modern Modeling Methods conference	Co-Author	Poster

Peer-reviewed scientific articles:

N = 21

h-index: 8

citations: 134

source: Scopus

<https://orcid.org/0000-0001-7548-3949>

2024

Dawe, J., Cavicchiolo, E., **Palombi, T.**, Baiocco, R., Antonucci, C., Pistella, J., Alessandri, G., Filosa, L., Tavolucci, S., Borghi, A. M., Fini, C., Chirico, A., Alivernini, F., Lucidi, F. (2024). Measuring Self-Efficacy for Exercise among Older Adults: Psychometric Properties and Measurement Invariance of a Brief Version of the Self-Efficacy for Exercise (SEE) Scale. *Healthcare*. doi: 10.3390/healthcare12161642. IF: 2.4, Q2, Cit:0

Falcinelli, I., Fini, C., Mazzucca, C., Alessandri, G., Alivernini, F., Baiocco, R., Chirico, A., Filosa, L., **Palombi, T.**, Pistella, J., Tavolucci, S., Lucidi, F., Borghi, A. M. (*preprint*). What does "Internet" mean to us as we age? A multi-tasks investigation on the conceptualization of the technological domain across generations. doi: 10.31219/osf.io/4r6p9

Dawe, J., Cavicchiolo, E., **Palombi, T.**, Frederick, C., Chirico A., Lucidi, F., Alivernini, F. (*preprint*). Measuring Subjective Vitality and Depletion in Older People from a Self-Determination Theory Perspective: A Dual Country Study. doi: 10.31234/osf.io/jtfxe

Lucidi, F., Germani, S., Manganelli, S., Cavicchiolo, E., **Palombi, T.**, Alivernini, F. (2024). Understanding Motivational Factors in Students from Low-Income Families. 16th International Conference on Education and New Learning Technologies. doi: 10.21125/edulearn.2024.0420

Cazzolli, B., **Palombi, T.**, Mancini, M., Alivernini, F., Lucidi, F., Chirico, A. (2024). Enhancing Physical Activity through Motivational Stimuli in Augmented Reality. ACM International Conference Proceeding Series. doi: 10.1145/3656650.3656745

Mancini, M., Chirico, A., Niewiadomski, R., Varni, G., **Palombi, T.**, Alivernini, F., Lucidi, F. (2024). Multimodal interactive VR mindfulness experience. ACM International Conference Proceeding Series. doi: 10.1145/3656650.3656753

Baiocco, R., Antonucci, C., Pistella, J., Alessandri, G., Alivernini, F., Borghi, A. M., Chirico, A., Filosa, L., Fini, C., **Palombi, T.**, Rosati, F., Tavolucci, S., Lucidi, F. (2024). Aging well in an aging society: physical health in older lesbian, gay, and bisexual adults. *Frontiers in Psychology*, doi: 10.3389/fpsyg.2024.1369021
IF: 2.6, Q2, Cit:0

Filosa, L., Sommovigo, V., Tavolucci, S., Rosa, V., Alivernini, F., Baiocco, R., Borghi, A., Chirico, A., Fini, C., **Palombi, T.**, Pistella, J., Lucidi, F., Alessandri, G. (2024). Daily associations between global self-esteem and self-concept clarity and their relationships with subjective well-being in a sample of adult workers. *Journal of Personality*. doi:10.1111/jopy.12934
IF: 2.2, Q2, Cit:0

Chirico, A., Avellone, M., **Palombi, T.**, Alivernini, F., Alessandri, G., Filosa, L., Pistella, J., Baiocco, R., Lucidi, F. (2024). Catalysts of Wellness: Exploring the Psychological Nexus of Virtual Reality and Physical Activity in Older Adults. *Behavioral Sciences*. 14, 11. doi: 10.3390/bs14010031
IF: 2.5, Q2, Cit:2

Chirico, A., **Palombi, T.**, Alivernini, F., Lucidi, F., and Merluzzi, T. (2024). Emotional distress, coping, and social support: A network analysis of risk and resources in persons with cancer. *Annals of Behavioral Medicine*. doi: 10.1093/abm/kaae025
IF: 3.6, Q1, Cit:0

Pistella, J., Baiocco, R., Antonucci, C., Alessandri, G., Alivernini, F., Borghi, A. M., Filosa, L., Fini, C., **Palombi, T.**, Tavolucci, S., and Lucidi, F. (2024). Older LGBT+ Adults and Physical Activity: A Systematic Review of Qualitative and Quantitative Data. *Sexuality Research and Social Policy*.
Doi: 10.1007/s13178-023-00925-w
IF: 2.5, Q1, Cit:1

2023

Codella, R., Della Guardia, L., Salvetti, M., **Palombi, T.**, Alivernini, F., Epifano, V., Mariani, C., Lucidi, F., Chirico, A. (*Under review*). Recreational sport-based activity improves psycho-emotional status in community-dwelling individuals living with substance abuse disorder. *Mental Health and Physical Activity*.

Codella, R., Lucidi, F., Alivernini, F., **Palombi, T.**, Glad, B., Gracia, J., Gotti, D., La Torre, A., Chirico, A. (2023) "I RUN CLEAN Project" - an innovative and self-sustainable approach to develop clean sport behaviors in grassroots athletes. *Eur. J. Investig. Health Psychol. Educ.* 2023, 13, 2561–2573.
<https://doi.org/10.3390/ejihpe13110178>
IF: 3.0, Q1, Cit:0

Galli, F., Chirico, A., Codella, R., Zandonai, T., Deplano, V., De Maria, A., **Palombi, T.**, Gotti, D., Alivernini, F., Mallia, L. and Zelli, A., (2023). "I Am on Top!": An Interactive Intervention Program to Promote Self-

Regulation Processes in the Prevention of the Use of Doping in Sports High Schools. *s. Eur. J. Investig. Health Psychol. Educ.* 2023, 13, 2630–2641. <https://doi.org/10.3390/ejihpe13110183>
IF: 3.0, Q1, Cit:0

Palombi, T., Galli, F., Giancamilli, F., D'Amico, M., Alivernini, F., Gallo, L., Neroni, P., Predazzi, M., De Pietro, G., Lucidi, F., Giordano, A., and Chirico, A. (2023). The role of sense of presence in expressing cognitive abilities in a virtual reality task: an initial validation study. *Scientific Reports*. Volume 13, Issue 1. doi: 10.1038/s41598-023-40510-0
IF: 3.8, Q1, Cit:2

Palombi, T., Lucidi, F., Chirico, A., Alessandri, G., Filosa, L., Tivolucci, S., Borghi, A.M., Fini, C., Cavicchiolo, E., Pistella, J., Baiocco, R., and Alivernini, F. Is the Behavioral Regulation in Exercise Questionnaire a Valid Measure in Older People? *Healthcare* 2023, 11, 2707. <https://doi.org/10.3390/healthcare11202707>
IF: 2.4, Q2, Cit:0

S. Germani, **T. Palombi**, A. Chirico, G. Asquini, F. Alivernini, F. Lucidi. (2023). Supporting students' motivation: the pathway between parents and teachers autonomy support and students' achievement. 17th International Technology, Education and Development Conference. pp. 5665-5671

2022

Cavicchiolo, E.; Lucidi, F.; Diotaiuti, P.; Chirico, A.; Galli, F.; Manganelli, S.; D'Amico, M.; Albarello, F.; Girelli, L.; Cozzolino, M.; Sibilio, M.; Zelli, A.; Mallia, L.; Germani, S., **Palombi, T.**, Fegatelli, D., Liparoti, M., Mandolesi, L., Alivernini, F. Adolescents' Characteristics and Peer Relationships in Class: A Population Study. *Int. J. Environ. Res. Public Health* 2022, 19, 8907. Doi: 10.3390/ijerph19158907
IF: 4.6, Q2, Cit:5

Cavicchiolo, E.; Sibilio, M.; Lucidi, F.; Cozzolino, M.; Chirico, A.; Girelli, L.; Manganelli, S.; Giancamilli, F.; Galli, F.; Diotaiuti, P.; Zelli, A.; Mallia, L., **Palombi, T.**, Fegatelli, D., Albarello, F., Alivernini, F. The Psychometric Properties of the Behavioural Regulation in Exercise Questionnaire (BREQ-3): Factorial Structure, Invariance and Validity in the Italian Context. *Int. J. Environ. Res. Public Health* 2022, 19, 1937. doi: 10.3390/ijerph19041937
IF: 4.6, Q2, Cit:17

Palombi, T.; Mandolesi, L.; Alivernini, F.; Chirico, A.; Lucidi, F. Application of Real and Virtual Radial Arm Maze Task in Human. *Brain Sci.* 2022, 12, 468. doi: 10.3390/brainsci12040468
IF: 3.3, Q3, Cit:8

Chirico, A., Vizza, D., Valente, M., Lo Iacono, M., Campagna, M.R., **Palombi, T.**, Alivernini, F., Lucidi, F., Bruno, F. (2022). Assessing the fear of recurrence using the Cancer Worry Scale in a sample of Italian breast cancer survivors. *Supportive care in cancer*. doi: 10.1007/s00520-021-06718-4.
IF: 3.1, Q2, Cit:13

Galli, F., Giancamilli, F., **Palombi, T.**, Vitale, J., Borghi, S., La Torre, A., Lucidi, F., Codella, R., Chirico, A. (2022). Anxiety, motives, and intention for physical activity during the Italian COVID-19 lockdown: a longitudinal study. *Int. J. Environ. Res. Public Health*.
IF: 4.6, Q2, Cit:24

Giancamilli, F., Galli, F., Chirico, A., Fegatelli, D., Mallia, L., **Palombi, T.**, Lucidi, F. (2022). High-Pressure Game Conditions affect Quiet Eye depending on the Player's Expertise: Evidence for Online Control function during the Basketball Three-Point Shot. *Brain sciences*. 12(2),286. Doi: 10.3390/brainsci12020286
IF: 3.3, Q3, Cit:8

S. Germani, **T. Palombi**, M. D'Amico (2022) The Relationship Between Teachers' Autonomy Support And Students' Motivation, Achievement And Well-Being, Edulearn22 Proceedings, pp. 9463-9469.

S. Germani & **T. Palombi** (2022). Relationship between autonomy support and students' school well-being: the mediating role of need for competence. Education and New Developments 2022. pp. 9463-9469.

2021

Palombi. T., Galli, F., Mallia, L., Alivernini, F., Chirico, A., Zandonai, T., Zelli, A., Lucidi, F., Giancamilli, F. (2021). The effect of emergency remote teaching from a student's perspective during COVID-19 pandemic: findings from a psychological intervention on doping use. Smart Education and e-Learning 2021.

Galli, F., **Palombi, T.**, Mallia, L., Chirico, A., Zandonai, T., Alivernini, F., De Maria, A., Zelli, A., Lucidi, F. (2021). Promoting media literacy online: An intervention on performance and appearance enhancement substances with sport high school students. Environmental Research and Public Health.
IF: 4.6, Q1, Cit:5

Giancamilli, F., Galli, F., Chirico, A., Fegatelli, D., Mallia, L., **Palombi, T.**, Cordone, S., Alivernini, F., Mandolesi, L., & Lucidi, F. (2021). When the going gets tough, what happens to quiet eye? The role of time pressure and performance pressure during basketball free throws. Psychology of Sport and Exercise, 102057. <https://doi.org/10.1016/j.psychsport.2021.102057>
IF: 5.1, Q1, Cit:8

2020

Mallia, L., Chirico, A., Zelli, A., Galli, F., **Palombi, T.**, Bortoli, L., Conti, C., Diotaiuti, P., Robazza, C., Schena, F., Vitali, F., Zandonai, T., Lucidi, F. (2020). The Implementation and Evaluation of a Media Literacy Intervention About PAES Use in Sport Science Students. Frontiers in Psychology, 11(March), 1-10. <https://doi.org/10.3389/fpsyg.2020.00368>
IF: 2.9, Q2, Cit:14

Lardone, A., Sorrentino, G., Giancamilli, F., **Palombi, T.**, Simper, T., Mandolesi, L., Lucidi, F., Chirico, A., Galli, F. (2020). Psychosocial variables and quality of life during the COVID-19 lockdown: A correlational study on a convenience sample of young Italians. PeerJ. <https://doi.org/10.7717/peerj.10611>
IF: 2.9, Q2, Cit:27

Dichiarazione sostitutiva di certificazione e dell'atto di notorietà ai sensi degli artt. 46 e 47 e degli artt. 75 e 76 del DPR 445/2000 e successive modificazioni ed integrazioni.

Il sottoscritto Tommaso Palombi, sotto la propria responsabilità, ai sensi e per gli effetti degli articoli 46 e 47 del DPR 445/2000, consapevole di quanto prescritto dagli articoli 75 e 76 del medesimo DPR, rispettivamente sulla responsabilità penale prevista per chi rende false dichiarazioni e sulla decadenza dai benefici eventualmente conseguenti al provvedimento emanato sulla base di dichiarazioni non veritiere,

Dichiara

Che le informazioni riportate nel seguente curriculum vitae corrispondono a verità.
Tale versione del curriculum vitae è redatta in modo da garantire la conformità del medesimo
a quanto prescritto dall'art. 4 del Codice in materia di protezione dei dati personali e dall'art.
26 del D. Lgs. 14 marzo 2013, n. 33, al fine della pubblicazione