



# Sara Brecciaroli

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## ● EDUCATION AND TRAINING

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01/11/2023 – CURRENT

**P.H.D. STUDENT IN PSYCHOLOGY & SOCIAL NEUROSCIENCE** Faculty of Medicine and Psychology, Sapienza - University of Rome

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02/02/2023 – 20/10/2023 Roma, Italy

**PRACTICAL INTERNSHIP FOR PROFESSIONAL LICENSURE'S EXAMINATION** Policlinico Umbertoo I in partnership with Department of Psychology, Sapienza - University of Rome

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**Collaboration on research and research-intervention projects, realised in team.**

10/2020 – 11/2022 Roma, Italy

**MASTER'S DEGREE IN APPLIED PSYCHOLOGY TO HEALTH AND WORK CONTEXTS** Faculty of Medicine and Psychology, Sapienza - University of Rome

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**Final grade** 110/110 cum laude | **Thesis** Personal Resources and Leadership: the impact of Proactivity on Well-being

10/2017 – 07/2020 Roma, Italy

**BACHELOR'S DEGREE IN PSYCHOLOGY AND HEALTH** Faculty of Medicine and Psychology, Sapienza - University of Rome

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**Address** 00185, Roma, Italy

2012 – 2017 Roma, Italy

**SCIENTIFIC HIGH-SCHOOL, DIPLOMA WITH A BOOST IN CHEMISTRY AND PHYSICS** Farnesina Highschool

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## ● WORK EXPERIENCE

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05/2023 – CURRENT Rome, Italy

**SUPPORTING "EMPLOYABILITY LAB" PROGRAM** SAPIENZA - UNIVERSITY OF ROME

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Collaboration on managing and carrying out individual and group activities of "Employability Lab" orientation program.

2014 – 2017 Roma, Italy

**TUITION TEACHER**

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## ● DIGITAL SKILLS

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Microsoft Office package: Microsoft Word, Excel, PowerPoint, Access | IBM Statistical package for Sciences (SPSS) | Online Survey Management Tools - Qualtrics X.M. | Video Conferencing Platforms (Google Meet, Zoom, Teams) | Operating System (Windows, MacOS) | Data storage and management (Google Drive, Dorpbox)

## ● ADDITIONAL INFORMATION

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### LANGUAGE CERTIFICATION

2017 – CURRENT

**Cambridge English Level "First" Certificate in ESOL International (Grade C)**

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## **ORGANISATIONAL SKILLS**

**Time and workload management skills** Maturing in carrying out different activities simultaneously that involves defining priorities, planning tasks, constantly monitoring progressions, correcting work in accordance to feedback received, advancing and managing overlaps.

## **COMMUNICATION AND INTERPERSONAL SKILLS**

**Communication skills** Improving during the internship, particularly through the activities of returning the reports produced as a result of the analyses conducted for the research-intervention.

**Relational skills** Improving during the internship, specifically thanks to the research and research-intervention projects, that require continuous exchange and negotiation with academic and organizational interlocutors to be effectively implemented and managed.

## **CONFERENCES AND SEMINARS**

University of Cagliari

**National Congress of the Italian Psychological Association** Brecciaroli S., Cantonetti G., Santarpia F.P., Borgogni L. Personal Resources and Leadership: the impact of proactivity on well-being. National Congress of the Italian Psychological Association, Section of Psychology for Organizations, Cagliari, Italy.

## **PUBLICATIONS**

Santarpia, F.P., Cantonetti, G., Brecciaroli S., Borgogni L. (2023). Leadership e valorizzazione delle persone nel terzo millennio: la Crafting Leadership. *Personale e Lavoro*, 653, 10-22.

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Borgogni L., Cantonetti, G., Cardone, V., Brecciaroli S. (accepted for publication). Il Job Crafting per il successo nel lavoro che cambia: un percorso di sviluppo in poste italiane. *Sviluppo e Organizzazione*.

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Santarpia F.P., Sommovigo V., Brecciaroli S., Consiglio C., Borgogni L. (under revision). From Intra-Team Conflict to Interpersonal Strain: The Role of Leader's Interpersonal Modulation of Emotional Responses and Sex. *International Journal of Conflict Management*.

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Santarpia F.P., Borgogni L., Cantonetti G., Brecciaroli S. (in progress). The Crafting Leadership model: preliminary validation of the questionnaire.

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