

INFORMAZIONI PERSONALI

Simone Di Cola

POSIZIONE RICOPERTA
TITOLO DI STUDIO

-**PhD student** in Experimental and Clinical Hepato-gastroenterology
-**Research assistant** at the Department of Translational and Precision Medicine
-**Specialist** in Gastroenterology and Endoscopy
-**Medical Doctor**

ESPERIENZA
PROFESSIONALE

Mar 2023 - Oct 2024

Worked as a contracted MD
Fondazione Policlinico Campus Bio-Medico of Rome
Gastroenterologist and endoscopist
Fondazione Policlinico Campus Bio-Medico of Rome- Rome

Nov 2024

Expert Workshop in IBD
"Upadacitinib"

May 2024

Expert Workshop in IBD
"Le più recenti novità nel trattamento della malattia di Crohn con risankizumab"

Aug 2019 - Oct 2019

Data management contract for metabolic
syndrome after liver transplantation
Sapienza, University of Rome - Rome

Jun 2017 - Jul 2018

Medical Assistance at Department of Clinical
Medicine
Sapienza, University of Rome - Rome

2015

Winner of announcement "Student collaboration fellowship" Disabled and
Learning Disabilities affected students support area
Sapienza, University of Rome - Rome

2014

Winner of the announcement "student collaboration fellowship"
Sapienza, University of Rome - Rome

ISTRUZIONE E FORMAZIONE

Nov 2019 - Nov 2023	Resident in Gastroenterology Sapienza, University of Rome - Rome
Nov 2022 - actual	PhD Course In "Epato-gastroenterologia sperimentale e clinica" VIII° ciclo Sapienza, University of Rome - Rome
Sep 2023	Future IBD Global Preceptorship Future IBD - Milan
Nov 2022	Ultrasound course of SIGE "L'ecografia di qualità nelle patologia dell'apparato digerente"
Nov 2021	Winner of the Reg Bursary in order to attend the AISF Masterclass "Gestione clinica e strumentale dell'ipertensione portale" Modena - Italy
Aug 2021	Ultrasound course of EASL/EFSUMB

- Researcher in Hepatology and Inflammatory Bowel Diseases
- Expert in liver ultrasound
- Good ability to perform intestinal ultrasound
- Expert in Diagnostic Endoscopy
- Good skill in Operative Endoscopy

COMPETENZE PERSONALI

Lingua madre Italian

Altre lingue

	COMPRENSIONE		PARLATO		PRODUZIONE SCRITTA
	Ascolto	Lettura	Interazione	Produzione orale	
English	B1	B2	B1	B2	B2

Competenze comunicative I have developed good communication skills through conference events and work placements where I have had to present my work and research projects.

Competenze organizzative e gestionali I have acquired good work organisation skills after working on and directly managing research projects and outpatient care activities.

Competenze professionali

- Excellent research programming skills
- Good organisational skills
- Excellent skills in assisting with outpatient, ultrasound and endoscopic activities

Competenze digitali

AUTOVALUTAZIONE				
Elaborazione delle informazioni	Comunicazione	Creazione di Contenuti	Sicurezza	Risoluzione di problemi
Advanced	Good	Good	Good	Good

Livelli: Utente base - Utente intermedio - Utente avanzato

Competenze digitali - Scheda per l'autovalutazione

Sostituire con il nome dei certificati TIC

Patente di guida B

ULTERIORI INFORMAZIONI

Pubblicazioni

- Di Cola S, D'Amico G, Caraceni P, et al. Myosteatosis is closely associated with sarcopenia and significantly worse outcomes in patients with cirrhosis. J Hepatol. 2024 May 21:S0168-8278(24)00355-6. doi: 10.1016/j.jhep.2024.05.020. Epub ahead of print. PMID: 38782120.
- Lapenna L, Di Cola S, Merli M. The crucial role of risk factors when dealing with hepatic Encephalopathy. Metab Brain Dis. 2024 Nov 21;40(1):29. doi: 10.1007/s11011-024-01446-0. PMID: 39570425.
- Di Cola S, Gazda J, Lapenna L, Ceccarelli G, Merli M. Infection prevention and control programme and CoVID-19 measures: Effects on hospital acquired infections in patients with cirrhosis. JHEP Rep. 2023 May;5(5):100703. doi: 10.1016/A.jhepr.2023.100703. Epub 2023 Feb 19. PMID: 36844944; PMCID: PMC9938945.
- Lattanzi B, Bruni A, Di Cola S, Molfino A, De Santis A, Muscaritoli M, Merli M. The Effects of 12-Week Beta-hydroxy-Beta-Methylbutyrate Supplementation in Patients with Liver Cirrhosis: Results from a Randomized Controlled Single-Blind Pilot Study. Nutrients. 2021 Jul 2;13(7):2296. doi: 10.3390/nu13072296. PMID: 34371806; PMCID: PMC8308449.
- Di Cola S, Nardelli S, Ridola L, Gioia S, Riggio O, Merli M. Ammonia and the Muscle: An Emerging Point of View on Hepatic Encephalopathy. J Clin Med. 2022 Jan 26;11(3):611. doi: 10.3390/jcm11030611. PMID: 35160063; PMCID: PMC8836353.
- Gazda J, Di Cola S, Lapenna L, Khan S, Merli M. The Impact of Transjugular Intrahepatic Portosystemic Shunt on Nutrition in Liver Cirrhosis Patients: A Systematic Review. Nutrients. 2023 Mar 27;15(7):1617. doi: 10.3390/nu15071617. PMID: 37049459; PMCID: PMC10096634.
- Mehta G, Riva A, Ballester MP, et al; COBALT Consortium. Serological response and breakthrough infection after COVID-19 vaccination in patients with cirrhosis and post-liver transplant. Hepatol Commun. 2023 Oct 18;7(11):e0273. doi: 10.1097/HJC.0000000000000273. PMID: 37870985; PMCID: PMC10586829.
- Di Cola S, Lapenna L, Gazda J, Fonte S, Cusi G, Esposito S, Mattana M, Merli M. Role of Transjugular Intrahepatic Portosystemic Shunt in the Liver Transplant Setting. J Clin Med. 2024 Jan 21;13(2):600. doi: 10.3390/jcm13020600. PMID: 38276106; PMCID: PMC10816519.
- Di Cola S, Lapenna L, Gazda J, De Felice F, Gioia S, Merli M. New Indications for TIPSS: What Do We Know So Far? J Clin Exp Hepatol. 2023 Sep-Oct;13(9):794-803. doi: 10.1016/j.jceh.2023.01.017. Epub 2023 Feb 10. PMID: 37693277; PMCID: PMC10483008.
- Di Cola S, Cusi G, Lapenna L, Gazda J, Fonte S, Mattana M, Mennini G, Pascqualetti P, Merli M. Diabetes and Metabolic Disorders: Their Impact on Cardiovascular Events in Liver Transplant Patients. Can J Gastroenterol Hepatol. 2023 Jun 23;2023:2199193. doi: 10.1155/2023/2199193. PMID: 37396501; PMCID: PMC10313467.
- Cicala M, Gori M, Balestrieri P, Altomare A, Tullio A, Di Cola S, Dejongh S, Graziani MG, Pagnini C, Carotti S, Perrone G, Ribolsi M, Fiorani M, Guarino MPL, Farré R. Colonic Epithelial Permeability to Ions Is Restored after Vedolizumab Treatment and May Predict Clinical Response in Inflammatory Bowel Disease Patients. Int J Mol Sci. 2024 May 27;25(11):5817. doi: 10.3390/ijms25115817. PMID: 38892004; PMCID: PMC11172326.
- Lattanzi B, Nardelli S, Pigliacelli A, Di Cola S, Farcomeni A, D'Ambrosio D, Gioia S, Ginanni Corradini S, Lucidi C, Mennini G, Rossi M, Merli M, Riggio O. The additive value of sarcopenia, myosteatosis and hepatic encephalopathy in the predictivity of model for end-stage liver disease. Dig Liver Dis. 2019 Nov;51(11):1508-1512. doi: 10.1016/j.dld.2019.09.004. Epub 2019 Oct 7. PMID: 31601536.
- Lattanzi B, Gioia S, Di Cola S, D'Ambrosio D, Nardelli S, Tavano D, Farcomeni A, Merli M, Riggio O. Prevalence and impact of sarcopenia in non-cirrhotic portal hypertension. Liver Int. 2019 Oct;39(10):1937-1942. doi: 10.1111/liv.14160. Epub 2019 Jun 26. PMID: 31152475.
- Di Cola S, Khan S, Lapenna L, Merli M. Emerging drugs for the treatment of sarcopenia in

cirrhosis of the liver. Expert Opin Emerg Drugs. 2024 Jun;29(2):81-91. doi: 10.1080/14728214.2024.2332428. Epub 2024 Mar 28. Erratum in: Expert Opin Emerg Drugs. 2024 Jun;29(2):i. doi: 10.1080/14728214.2024.2342646. PMID: 38549232.

ALLEGATI

Sostituire con la lista di documenti allegati al CV. Esempi:

- copie delle lauree e qualifiche conseguite
- attestazione del datore di lavoro

Dati personali

Autorizzo il trattamento dei miei dati personali ai sensi del Decreto Legislativo 30 giugno 2003, n. 196 "Codice in materia di protezione dei dati personali".

Il sottoscritto dichiara di essere consapevole che il presente *curriculum vitae* sarà pubblicato sul sito istituzionale dell'Ateneo, nella Sezione "Amministrazione trasparente", nelle modalità e per la durata prevista dal d.lgs. n. 33/2013, art. 15.

Data

18/12/2024