

#### PERSONAL INFORMATION

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Nationality Italian

Date of Birth

Gender

### **CURRENT POSITION**

Dates (01/07/2023 – ongoing) **PostDoctoral Researcher** 

Project: "Risk Factors and Young Adult Adjustment"

Department of Psychology, Sapienza University of Rome, Rome, Italy

### **EDUCATION AND TRAINING**

Dates (01/10/2020 – 31/01/2023) Doctoral Ph.D Degree in Psychology and Social Neurosciences, Curriculum

Personality and Organizational Psychology (35° cycle)

Department of Psychology, Sapienza University of Rome, Rome, Italy

Ph.D Thesis: "From Real-World to Online Risky Behaviours: The Role of Self-

Efficacy Beliefs and Family Context"

Advisors: Prof. Maria Gerbino and Prof. Concetta Pastorelli

**Ph.D Defense Date**: 26/04/2023

Dates (02/05/2022 – ongoing) **Psychologist** 

Enrolled in the Register of Psychologists of Rome (Albo A, Italy)

**Registration number: 27477** 

Date: 02/05/2022

Dates (26/07/2018 – 09/07/2019) Master's degree in "Clinical Psychology for Individuals, Families and

Organizations" cum laude

Faculty of Human and Social Sciences, University of Bergamo, Bergamo, Italy **Master's degree Thesis**: "Impulsivity, psychological distress, attachment and alexithymia as predictors of internet and smartphone addiction: an Italian study

among adolescents and young adults"

Advisor: Prof. Angelo Compare

Master's degree Defense Date: 09/07/2019

Dates (01/09/2018 – 31/08/2019)

#### Postgraduate Certificate in "Addictions and Mental Health" cum laude

Humber College Institute of Technology & Advanced Learning, 3199 Lake Shore Blvd W, ON M8V 1K8Toronto (Canada)

Dates (07/10/2013 – 30/06/2016)

### Bachelor's degree in "Education and Developmental Psychology" cum laude

Faculty of Educational Sciences, Salesian Pontifical University, Rome, Italy **Bachelor's degree Thesis:** "Insecure Attachment Dimensions and Dissociative

Psychopathology: Theoretical Lines and Preventive Aspects"

Advisor: Prof. Maria Luisa De Luca

Bachelor's degree Defense Date: 30/06/2016

#### Post-graduate internship

Dates (15/09/2021 – 14/03/2021)

Department of Psychology, Faculty of Medicine and Psychology, Sapienza

University of Rome, Rome, Italy **Area:** Developmental Psychology **Supervisor:** Prof. Laura Di Giunta

Activities: data collection (cross-sectional and longitudinal data), data entry,

scientific production.

#### Post-graduate internship

Dates (15/03/2020 – 14/09/2020)

Department of Psychology, Faculty of Medicine and Psychology, Sapienza

University of Rome, Rome, Italy **Area:** General Psychology **Supervisor:** Prof. Maria Gerbino

**Activities**: training in research projects involving families; writing of scientific reports; longitudinal data analysis with statistical software (Excel, SPSS, Mplus)

#### **Pre-Lauream internship**

Dates (03/04/2018 – 13/07/2018)

LAMP Community Health Centre, Toronto, ON, Canada

**Area:** Community Health Services **Supervisor:** Deborah Quiggin

**Activities**: counselling; management of meetings for psychological support, elaboration and conduction of recreational activities for adults (e.g. art therapy).

### **SCHOLARSHIP/GRANTS**

Dates (Academic year 2023)

#### Award "G. Petter" Best PhD Thesis Award (€ 1.000)

National Congress AIP Section of Developmental Psychology and Education Project Title: "Mothers' and Fathers' Parental Self-Efficacy and Adolescents' Rule-Breaking Behaviors in the Transition from Late Childhood to Late

Adolescence" Year: October 2023

Dates (Academic year 2022)

# Grant: Avvio alla ricerca di Tipo 2 [Starting Research Type 2]

Sapienza University of Rome

Protocol Number: AR222181675B53E2 Role: Principal Investigator Project Title: "Youths' engagement in sexting behaviours: the role of

individual differences in the transition from late childhood to late adolescence"

Dates (Academic year 2021)

### Grant: Progetti di Ricerca Medi (€ 10.000)

Sapienza University of Rome

Protocol Number: RM12117A8AEA6591

Role: Research Assistant

PI: Prof. Antonio Zuffianò, Sapienza University of Rome

Project Title: "Benefits of Prosociality on Mental Well-being among Young

Adults"

Dates (Academic year 2021)

Grant: Avvio alla ricercar di Tipo 1 [Starting Research Type 1] (€ 1.150)

Sapienza University of Rome

Protocol Number: AR12117A854F2130 Role: Principal Investigator Project Title: "The moderating role of effortful control between parental monitoring and young adults' internet addiction: A two-year longitudinal

study" Year: 2021

Dates (Academic year 2021)

Self employed contract (€ 4.608,00)

Sapienza University of Rome; National Institute of Health "Childhood Risk

Factors and Young Adult Competence"

Protocol Number: 0000028

Dates (Academic year: from 2019 to 2023)

Three Years PhD scholarship (Gross Annual Scholarship € 15.343,28)

Sapienza University of Rome, Italy

### **CONTRACTS FOR RESEARCH ACTIVITIES**

Dates (29/07/2021 – 28/08/2021)

Occasional collaborator for supporting research activities (1 month; gross salary: € 4608)

Interuniversity Center for Research on Genesis and Development of Prosocial and Antisocial Motivations (CIRMPA), Sapienza University of Rome, Italy

Supervisor: Prof. Concetta Pastorelli

**Project:** "Parenting, Adolescent Self-Regulation and Risk taking Across Cultures (PAC)" - International Longitudinal Project; PI: Jennifer Landsford - Duke University, USA; PI (Italy): Concetta Pastorelli - Sapienza University of Rome. Supported by National Institute of Child Health and Human Development, USA; Jacobs Foundation, Switzerland; CIRMPA (Interuniversity Center for Research on Genesis and Development of Prosocial and Antisocial Motivations), Italy. **Role:** research assistant – interviewer of family triads (mother, father, and their

**Role:** research assistant – interviewer of family triads (mother, father, and their child), interviewers' training supervisor, contact management with participants, longitudinal data analysis using softwars: SPPS, Mplus, and R (lavaan, lsem, ggplot), disseminating results (peer-review journals, conferences).

**Description of the project:** The aim is to understand the links between parenting behaviors and child adjustment and how these relations vary across different cultures. In addition, the project focuses on the mediators and moderators of the relations between parenting and children's adjustment, with a special focus on those factors that vary cross-culturally. The international project follows longitudinally groups of children and their parents originally from 13 cultures within 9 countries.

### ACADEMIC AND RESEARCH EXPERIENCE

Dates (01/11/2018- ongoing)

Research Assistant: "Parenting, Adolescent Self-Regulation and Risk taking Across Cultures (PAC)"- International Longitudinal Project

**PIs:** Jennifer Landsford - Duke University, USA; PI (Italy): Concetta Pastorelli - Sapienza University of Rome. Supported by National Institute of Child Health and Human Development, USA; Jacobs Foundation, Switzerland; CIRMPA (Interuniversity Center for Research on Genesis and Development of Prosocial and Antisocial Motivations), Italy.

Supervisor: Prof. Concetta Pastorelli

**Role:** research assistant - interviewer, interviewers' training supervisor, contact management with participants, data entering, data scoring, and longitudinal data analysis using softwars: SPPS, Mplus, and R (lavaan, lsem, ggplot), disseminating results (peer-review journals, conferences).

**Description of the project:** The aim is to understand the links between parenting behaviors and child adjustment and how these relations vary across different cultures. In addition, the project focuses on the mediators and moderators of the relations between parenting and children's adjustment, with

a special focus on those factors that vary cross-culturally. The international project follows longitudinally groups of children and their parents originally from 13 cultures within 9 countries.

Dates (01/11/2018- ongoing)

# Junior Researcher: Generazioni Connesse: Safer Internet Centre – European Project

PIs: Save the Children Italy ONLUS; SOS II Telefono Azzurro ONLUS; Skuola Network S.r.l.; University of Florence SCIFOPSI; Interuniversity Center for Research on Genesis and Development of Prosocial and Antisocial Motivations (CIRMPA); Social Cooperative E.D.I. NPO; Citizen Defense Movement; Police post; National Guarantor of Childhood and Adolescence. In collaboration with MIUR (Ministry of Education, University and Research) and INEA (Innovation and Networks Executive Agency), co-funded by the European Community. Role: junior researcher; Project Manager for CIRMPA: Concetta Pastorelli; Project Coordinator for CIRMPA: Maria Gerbino (Ph. D)

**Supervisor:** Prof. Maria Gerbino **Role:** Involved in the dissemination of

**Description of the project:** the general objective of the project is to encourage and support nationally and internationally initiatives that promote a safe use of the internet among children and adolescents. As part of the evaluation team, the role of Sapienza University is to monitor and evaluate the effectiveness and efficiency, as well as the impact and sustainability, of the affected Hotlines, the Helpline and, in general, the network between the partners of the project.

Dates (01/11/2022-01/02/2023)

# Research Assistant: "Prosocialità, dinamiche emotive, e benessere nei giovani adulti: Uno studio longitudinale"

**PIs:** Professors Antonio Zuffianò, Maria Gerbino and Concetta Pastorelli Department of Psychology, Sapienza University of Rome.

Supervisor: Prof. Antonio Zuffianò

**Role:** conceiving and designing of the study, training and managing the staff involved, data collection, data analyses.

**Description of the project:** the aim of the project is to confirm the protective role of prosociality/proenvironmentalism on the daily subjective well-being of young adults by using an Ecological momentary assessment design (EMA) to keep under control various factors such as personality traits, body satisfaction, life events, self-esteem.

Dates (01/04/2023-16/06/2023)

# Research Assistant: ""PROVIAMO! Educare alla PROsocialità per VIrAre verso un MOndo più sostenibile"

**PI:** Professors Maria Gerbino, Antonio Zuffianò, Concetta Pastorelli. Department of Psychology, Sapienza University of Rome.

Supervisor: Prof. Maria Gerbino

**Role:** conceiving and designing of the study, training and managing the staff involved, data collection.

**Description of the project:** the aim of the project is to develop and evaluate an intervention program aimed at promoting both pro-environmental behaviors and the personal skills necessary for their implementation in terms of emotional competences, interpersonal and collective civic engagement.

Dates (04/04/2022-07/01/2024)

# Research Assistant: "Offline and Online Gaming: Psychosocial Implications" – National Project

PI: Prof. Agostino Brugnera and Prof. Angelo Compare – University of Bergamo (Italy).

Department of Human and Social Sciences, University of Bergamo

Supervisor: Prof. Angelo Compare

**Role:** conceiving and designing of the study, training and managing the staff involved, data collection, data analyses and interpretation, writing scientific report, disseminating results (peer-review journals, conferences).

**Description of the project:** the aim of the project is to understand how problematic online and offline gaming develop and differentiate based on individual differences and contextual factors.

Dates (04/05/2020-07/02/2021)

# Principal Investigator: "Facing the COVID-19: the role of individual resources and new technologies"—National Project

**PIs:** Flavia Cirimele, Chiara Remondi, Eriona Thartori Department of Psychology, Sapienza University of Rome.

**Role**: conceiving and designing of the study, training and managing the staff involved, data collection, data analyses and interpretation, writing scientific report.

**Description of the project**: the aim of the project was to understand the way in which individual difference and personal/contextual resources affect individual (mal)adjustment during the first and second wave of the COVID-19 pandemic in Italy, in samples of Italian adults (from emerging adulthood to elderly adults).

First data collection: May - July 2020

Second data collection: December 2020 - February 2021

Dates (04/06/2020-07/08/2020)

# Research assistant: "Attitudes and Behaviours during the Covid-19 Crisis" – Cross-cultural Project

PIs: Argentina: Belén Mesurado, Cristina Richaud, Anna Rovella; Chile: Christian Berger; China: Xinyuan Fu; Finland: Claire Garandeau; France: Alexia Carrizales; Germany: Maarten van Zalk; Ireland: Laura Taylor; Italy: Gian Caprara, Maria Gerbino, Concetta Pastorelli; Lithuania: Rita Zukauskiene; Spain: Mavi Mestre, Paula Samper; Taiwan: Yuh-Ling Shen; Turkey: Asiye Kumru.

**Role**: questionnaires implementation (Qualtrics), data collection, data entering, data analyses, writing manuscript.

**Description of the project**: the aim of the project was to investigate factors that relate to young adults' prosocial attitudes and prosocial behaviors during the COVID-19 crisis around the world. How can personal (e.g., empathy, moral cognition, anxiety) and contextual factors at the micro-level (e.g., stress, support, illness in own household), meso-level (e.g., attitude/behavior in neighborhood), and macro-level (e.g., national approach and communication, infection rate) explain differences in young adults' engagement in actions to promote well-being of others who are affected by the crisis.

Dates (15/04/2020-20/06/2020)

# Research assistant: "Technology Addiction: the role of individual and contextual factors" – National Project

**PIs:** Agostino Brugnera, Angelo Compare & Andrea Greco – University of Bergamo (Italy).

Department of Human and Social Sciences, University of Bergamo **Role**: data collection, data analyses, data entering, data scoring, using softwars: SPPS, Mplus, and R (lavaan, lsem, ggplot), disseminating results (peer-review journals, conferences).

**Description of the project**: the aim of the project was to examine the predictors of technology addictions (i.e., smartphone and internet addiction) in a sample of Italian young adults.

### **FOREING EXPERIENCES**

Dates (01/09/2021-01/10/2021)

#### Visiting Ph.D. Student

Escuela de Psicologia, Pontificia Universidad Catolica de Chile, Santiago de Chile, Chile

Supervisor: Prof. Bernadette Paula Luengo Kanacri

**Role**: research assistant in the school-based intervention program "ProCiviCo" that is aimed to enhance prosocial behavior and civic engagement in the school context.

### **TEACHING EXPERIENCES**

Dates (Academic year: 2023/2024) Teaching Assistant (Support for teaching and laboratory activities;

**Tutoring students; Support for carrying out and correcting exams)** 

Lecturer: Prof. Concetta Pastorelli

**Course name:** Personality Psychology and Deviant Behaviors, master's degree (LM-51), "Juridical, Forensic and Criminological Psychology"

Credits: 9

Scientific Disciplinary Sector: M-PSI/01

Language: Italian

University: Sapienza University of Rome

Dates (Academic year: 2023/2024) Teaching Assistant (Support for teaching and laboratory activities;

Tutoring students; Support for carrying out and correcting exams) Lecturer: Prof. Concetta Pastorelli, Antonio Zuffianò and Fabio Lucidi

Course name: Psychology of Deviance and Legal Education

Credits: 9

Scientific Disciplinary Sector: M-PSI/01

Language: English

University: Sapienza University of Rome

Dates (20/03/2023) Teaching Seminary

Seminar name: Requiem for a dream, "What is an addiction?"

Credits: 3 Language: Italian

University: Uniattiva, University of Palermo

Dates (Academic year: 2022/2023) Teaching Assistant (Support for teaching and laboratory activities;

Tutoring students; Support for carrying out and correcting exams)

Lecturer: Prof. Concetta Pastorelli

**Course name:** Personality Psychology and Deviant Behaviors, master's degree (LM-51), "Juridical, Forensic and Criminological Psychology"

Credits: 9

Scientific Disciplinary Sector: M-PSI/01

Language: Italian

University: Sapienza University of Rome

Dates (Academic year: 2022/2023) Teaching Assistant (Support for teaching and laboratory activities;

Tutoring students; Support for carrying out and correcting exams)

Lecturer: Prof. Concetta Pastorelli

Course name: Personality and Temperament Psychology throughout the life

course (LM-51), "Psychology of typical and atypical development"

Credits: 6

Scientific Disciplinary Sector: M-PSI/01

Language: Italian

University: Sapienza University of Rome

Dates (Academic year: 2021/2022) **Teaching Assistant (Support for teaching and laboratory activities;** 

**Tutoring students; Support for carrying out and correcting exams)** 

Lecturer: Prof. Maria Gerbino

Course name: Psychology of emotions, motivations and personality

Credits: 9

Scientific Disciplinary Sector: M-PSI/01

Language: Italian

University: Sapienza University of Rome

Dates (Academic year: 2021/2022) Teaching Assistant (Support for teaching and laboratory activities;

**Tutoring students; Support for carrying out and correcting exams)** 

**Lecturer:** Prof. Maria Gerbino and Fabio Ferlazzo

Course name: Psychology of emotions, motivations and personality

**Academic year:** from 2019 to 2022

Credits: 9

Scientific Disciplinary Sector: M-PSI/01

Language: Italian

University: UnitelmaSapienza

Dates (Academic year: 2020/2021) Subject Expert and member of and member of the examination

committee

Lecturer: Prof. Antonio Zuffianò

Course name: Bachelor (L-24) Linguistic and intercultural mediation

Credits: 6

Number of hours (per year): 36 + 12 (in-class tutorials)

Scientific Disciplinary Sector: M-PSI/01

Language: Italian

University: Sapienza University of Rome

Dates (Academic year: 2019/2020) Teaching Assistant (Support for teaching and laboratory activities;

Tutoring students; Support for carrying out and correcting exams)

Lecturer: Prof. Maria Gerbino

**Course name:** Psychology of emotions, motivations and personality

Credits: 9

Scientific Disciplinary Sector: M-PSI/01

Language: Italian

University: Sapienza University of Rome

Dates (Academic year: 2019/2020) Teaching Assistant (Support for teaching and laboratory activities;

Tutoring students; Support for carrying out and correcting exams)

Lecturer: Prof. Maria Gerbino and Fabio Ferlazzo

**Course name:** Psychology of emotions, motivations and personality

Academic year: from 2019 to 2022

Credits: 9

Scientific Disciplinary Sector: M-PSI/01

Language: Italian

University: UnitelmaSapienza

### TUTORING ACTIVITIES (BACHELOR'S AND MASTER'S DEGREE)

Dates (Academic year: 2022/2023) Tutoring Mater's Degree Thesis

**Thesis Advisor:** Prof. Concetta Pastorelli **Thesis Co-advisor:** Prof. Fabio Ferlazzo

Thesis: Psychological control and internalizing and externalizing outcomes

during adolescence

Course name: Juridical, Forensic and Criminological Psychology (LM-51)

University: Sapienza University of Rome

Dates (Academic year: 2021/2022) **Tutoring Mater's Degree Thesis** 

**Thesis Advisor:** Prof. Concetta Pastorelli **Thesis Co-advisor:** Prof. Giovanna Leone

Thesis: Positive parenting and antisocial behaviors: the role of parental self-

efficacy beliefs

Course name: Juridical, Forensic and Criminological Psychology (LM-51)

University: Sapienza University of Rome

Dates (Academic year: 2020/2021) Tutoring Bachelor's Degree Thesis

Thesis Advisor: Prof. Maria Gerbino

Thesis: Childhood temperament and parenting: the role of child behavioral

inhibition

**Course name:** Psychology and Health (L-24) **University:** Sapienza University of Rome

Dates (Academic year: 2020/2021) **Tutoring Bachelor's Degree Thesis** 

Thesis Advisor: Prof. Maria Gerbino

Thesis: The development of prosociality in online contexts: the contribution

of

the online disinhibition effect.

Course name: Psychology and Social Processes (L-24)

University: Sapienza University of Rome

Dates (Academic year: 2020/2021) **Tutoring Bachelor's Degree Thesis** 

Thesis Advisor: Prof. Maria Gerbino

**Thesis:** Domestic Violence: the impact of Covid-19 pandemic **Course name:** Psychology and Social Processes (L-24)

University: Sapienza University of Rome

Dates (Academic year: 2019/2020) Tutoring Bachelor's Degree Thesis

Thesis Advisor: Prof. Maria Gerbino

**Thesis:** Youths during Covid-19: an empirical study **Course name:** Psychology and Social Processes (L-24)

University: Sapienza University of Rome

Dates (Academic year: 2019/2020) **Tutoring Bachelor's Degree Thesis** 

**Thesis Advisor:** Prof. Maria Gerbino **Thesis:** Prosociality and Videogames

Course name: Psychology and Social Processes (L-24)

University: Sapienza University of Rome

### **REVIEWER ACTIVITIES**

Dates (Academic year: from 2020 - ongoing)

- Peace and Conflict: Journal of Peace Psychology, APA Division 48 (Society for the Study of Peace, Conflict, and Violence: Peace Psychology Division)
- Psychiatry Investigation
- International Journal of Psychology
- International Journal of Cognitive Therapy
- Current Psychology

### INTERNATIONAL PEER-REVIEWED PUBLICATIONS

- 1. Favini A, Culcasi F, Cirimele F, **Remondi C**, Plata MG, Caldaroni S, Virzì AT, Luengo Kanacri BP. Smartphone and social network addiction in early adolescents: The role of self-regulatory self-efficacy in a pilot school-based intervention. *Journal of adolescence*. DOI: 10.1002/jad.12263
- 2. Favini, A., Gerbino, M., Pastorelli, C., Di Giunta, L., Iselin, A. M. R., Lansford, J. E., ... & Remondi, C. (2023). Emotion-related self-regulation profiles in early adolescence: A cross-national study. *Personality and Individual Differences*, 213, 112298 <a href="https://doi.org/10.1016/j.paid.2023.112298">https://doi.org/10.1016/j.paid.2023.112298</a>.
- 3. Di Giunta, L., Lunetti, C., Lansford, J. E., Eisenberg, N., Pastorelli, C., Bacchini, D., ... & **Remondi, C.** (2023). Predictors and outcomes associated with the growth curves of self-efficacy beliefs in regard to anger and sadness regulation during adolescence: a longitudinal cross-cultural study. Frontiers in Psychology, 14 <a href="https://doi.org/10.3389/fpsyg.2023.1010358">https://doi.org/10.3389/fpsyg.2023.1010358</a>.
- 4. **Remondi, C.,** Casu, G., Pozzi, C., Greco, F., Gremigni, P., & Brugnera, A. (2023). A Serial Mediation Model of Insecure Attachment and Psychological Distress: The Role of Dispositional Shame and Shame-Coping Styles. International Journal of Environmental Research and Public Health, 20(4), 3193 DOI: 10.3390/ijerph20043193.
- 5. **Remondi, C.,** Compare, A., Tasca, G. A., Favini, A., La Tona, A., Greco, A., ... & Brugnera, A. (2022). The Active and Passive Use of Social Networking Sites Scale (APU-SNSs): Validation and Relationship with Attachment Styles, Personality, and Temperament Characteristics. TPM. TESTING, PSYCHOMETRICS, METHODOLOGY IN APPLIED PSYCHOLOGY DOI: 10.4473/TPM30.1.6.
- Remondi, C., Cirimele, F., Pastorelli, C., Gerbino, M., Gregori, F., Plata, M. G., & Zuffianò, A. (2022). Conspiracy Beliefs, Regulatory Self-Efficacy and Compliance with COVID-19 Health-Related Behaviors: the Mediating Role of Moral Disengagement. Current Research in Ecological and Social Psychology, 100069 DOI: 10.1016/j.cresp.2022.100069.
- 7. **Remondi, C.,** Compare, A., Tasca, G. A., Lo Coco, G., Chiozza, V., Favini, A., ... & Brugnera, A. (2022). The Effects of Attachment, Temperament, and Self-Esteem on Technology Addiction: A Mediation Model Among Young Adults. Cyberpsychology, Behavior, and Social Networking, 25(4), 258-263 DOI: 10.1089/cyber.2021.0237.
- 8. Iselin, A. M. R., DiGiunta, L., Lunetti, C., Lansford, J. E., Eisenberg, N., Dodge, K. A., ... **Remondi, C**. & Skinner, A. T. (2022). Pathways from Maternal Harsh Discipline Through Rumination to Anxiety and Depression Symptoms: Gender and Normativeness of Harsh Discipline as Moderators. Research on Child and Adolescent Psychopathology, 50(10), 1313-1326 DOI: <a href="https://doi.org/10.1007/s10802-022-00951-z">10.1007/s10802-022-00951-z</a>.
- Lunetti, C., Iselin, A. M. R., Di Giunta, L., Lansford, J. E., Eisenberg, N., Pastorelli, C., Bacchini, D., Uribe Tirado, L.M., Thartori, E., Basili, E., Fiasconaro, I., Favini, A., Gerbino, M., Cirimele, F., Remondi, C., Skinner, A., & Rothenberg, W. A. (2021). Development of internalizing symptoms during adolescence in three countries: the role of temperament and parenting behaviors. European Child & Adolescent Psychiatry, 1-11 DOI: 10.1007/s00787-021-01725-6.
- 10. Cirimele, F., Pastorelli, C., Favini, A., **Remondi, C.,** Zuffiano, A., Basili, E., ... & Gregori, F. (2022). Facing the Pandemic in Italy: Personality Profiles and their associations with Adaptive and Maladaptive Outcomes. Frontiers in Psychology, 215 DOI: 10.3389/fpsyg.2022.805740.
- 11. Thartori, E., Pastorelli, C., Cirimele, F., **Remondi, C.,** Gerbino, M., Basili, E., ... & Caprara, G. V. (2021). Exploring the Protective Function of Positivity and Regulatory Emotional Self-Efficacy in Time of Pandemic COVID-19. International Journal of Environmental Research and Public Health, 18(24), 13171 DOI: 10.3390/ijerph182413171.
- 12. **Remondi, C.**, Compare, A., Tasca, G. A., Greco, A., Pievani, L., Poletti, B., & Brugnera, A. (2020). Insecure attachment and technology addiction among young adults: the mediating role of impulsivity, alexithymia, and general psychological distress. Cyberpsychology, Behavior, and Social Networking, 23(11), 761-767 DOI: 10.1089/cyber.2019.0747.
- 13. Di Nicola, M., De Crescenzo, F., D'Alò, G. L., **Remondi, C**., Panaccione, I., Moccia, L., ... & Janiri, L. (2020). Pharmacological and psychosocial treatment of adults with gambling disorder: A meta-review. Journal of Addiction Medicine, 14(4), e15-e23 DOI: 10.1097/adm.000000000000000074.

### SUBMITTED PAPERS FOR INTERNATIONAL PEER-REVIEWED JOURNALS

1. **Remondi C.,** Gerbino M., Zuffianò A., Baiocco, R., Thartori E., Bacchini D., Di Giunta L., Lunetti C., Favini A., Cirimele, F., Regalia, C., Lansford J.E., Pastorelli C. (2023, under review). Longitudinal associations between positive parenting and youths' engagement in sexting behaviors: the mediating role of filial self-efficacy beliefs

- 2. **Remondi** C., Gerbino M., Zuffianò A., Pastorelli C., Thartori E., Bacchini D., Di Giunta L., Lunetti C., Favini A., Lansford J.E., Dodge, K.A. (2023, under review). The developmental trends of parental self-efficacy and adolescents' rule-breaking behaviors in the Italian context: A 7-wave latent growth curve study.
- 3. **Remondi C.,** La Tona, A., Schimmenti, A., Lo Coco, G., Compare, A., Brugnera A. (2023, under review). Uncovering latent profiles of internet, smartphone and gaming use among young adults and their relationships with psychosocial risk factors
- 4. Favini A., Gerbino M., Pastorelli C., Zuffiano A., Lunetti C., **Remondi C.**, Cirimele F., Gomez Plata M., Giannini A.M. (2022, submitted). Personality Profiles of Bullying and Cyberbullying in Italian Early Adolescents (under review).
- Lunetti, C., Pastorelli, C., Zuffianò, A., Gerbino, M., Thartori, E., Favini, A., Basili, E., Cirimele, F., Remondi, C. (2021, under review). Parental self-efficacy in school-related performance: Development and association with academic achievement.

### **CONFERENCE PRESENTATION**

- 1. **Remondi, C.**, Pastorelli, C., Thartori, E., Di Giunta, L., Lunetti, C., Favini, A., Lansford, J.E. (2023). "Relazioni longitudinali tra un contesto genitoriale positivo e un successivo coinvolgimento dei giovani nei comportamenti di sexting: il ruolo di mediazione delle convinzioni di autoefficacia filiale". In National Congress AIP Section of Developmental Psychology and Education, 2023 September 25-27, Foggia, Italy, Oral Presentation.
- 2. **Remondi, C.**, Gerbino, M., La Tona, A. Brugnera, A., (2023). "A Serial Mediation Model of Insecure Attachment and Internet Gaming Disorder: The Role of Psychological Needs, Social Support and Loneliness". In ICBA 2023, 8th International Conference on Behavioral Addictions, 2023 August 23-25, Incheon, South Korea, Oral Presentation.
- 3. **Remondi, C.,** Favini A., Gerbino M., Brugnera A., Compare A., (2022). "The effects of Attachment, Temperament and Self-Esteem on Technology Addiction: a Mediation Model among Young Adults". In Lisbon Addictions European Conference on Addictive Behaviours and Dependencies, November 23-25, Lisbon, Portugal, Poster Presentation.
- 4. **Remondi** C., Cirimele F., Pastorelli C., Gerbino M., Gregori F., Gomez Plata M., Zuffianò A. (2022). "Moral Disengagement, Conspiracy Beliefs and Regulatory Self-Efficacy during COVID-19: a mediation model among early and young adults". In National Congress AIP Section of Developmental Psychology and Education, 2022 September 27-30, Padova, Italy, Oral Presentation.
- 5. **Remondi, C.,** Thartori E., Basili E., Lunetti C., Cirimele F., Favini A., Fiasconaro F., Gliozzo G.(2021). "A dual-system model of Adolescents and Young Adults' Sexting Behaviours". In NationalCongress AIP Section of Developmental Psychology and Education, 2021 September 20-22, Bari.
- 6. **Remondi, C.,** Gerbino, M., Zuffianò, A., Favini, A., Basili, E., Gòmez Plata, M. (2020). "Credenze Epistemologiche e Disimpegno Morale durante il Covid-19: Differenze di Genere ed Età". National Congress AIP Section of Developmental Psychology and Education, 2020 September 15-16 Bari, Italy, Poster presentation.
- Caldaroni, S., Gerbino, M., Zuffianò, A., Remondi, C., Gregori, F., Manfredi, L., Pastorelli, C. (2023). Values and Pro-Environmental Self-Efficacy Beliefs. ICEP, International Conference on Environmental Psychology. Aarhus, 20-23 June.
- 8. Favini A., Cirimele F., Lunetti C., Culcasi F., Basili E., **Remondi C.,** Thartori E., Gliozzo G. (2023). "Can Teachers Affect Youths' Externalizing Behaviors? Short-time Associations between Personality, Teachers' Characteristics, and Problematic Behaviors Through Self-Regulatory Self-Efficacy in Italy". 17th Annual International Technology, Education, and Development Conference (INTED 2023), 2023 March 6-8, Valencia, Spain, Oral Presentation.
- 9. Brugnera A., La Tona A., Compare A., **Remondi C**. (2022) Are there specific subtypes of individuals with Technology over-use' results from a latent profile analysis on two large samples of emerging adults. In National Congress AIP Section of Developmental Psychology and Education, 2022 September 27-30 Padova, Italy, Oral Presentation.
- 10. Favini, A, Gerbino, M., Thartori, E., Cirimele, F., **Remondi, C.**, Pastorelli, C., Lunetti, C., Basili, E., Fiasconaro, I., Gomez-Plata, M., Di Giunta, L., Gliozzo, G. (2021). "Predictions of Irritability and Ego-resiliency on Anxiety and

- Depression in Italy during the Covid-19 Pandemic: The Mediating Role of Negative Attitudes toward New Technologies". European Association for Developmental Psychology (EADP), 2021 September, Poster presentation.
- 11. Di Giunta, L., Duell, N., Steinberg, L., Lansford, J.E., Eisenberg, N., Iselin, A.M., Uribe Tirado, L.M., Ruiz Garcia, M.S., Pastorelli, C., Bacchini, D., Lunetti, C., Fiasconaro, I., Thartori, E., Basili, E., Favini, A., Cirimele, F., Remondi, C. (2021). "Cross-national associations among feedback sensitivity and emotion regulation on preadolescents' school performance". 13th annual International Conference on Education and New Learning Technologies (EDULEARN21), 2021 July 5-6, Oral Presentation.
- 12. Cirimele, F., Pastorelli, C., Favini, A., **Remondi, C.,** Thartori, E., Gerbino, M. (2020, September 15-16). "L'emergenza COVID-19 nei giovani adulti e adulti in Italia: il ruolo delle risorse e vulnerabilità individuali secondo un approccio orientato alla persona" National Congress AIP Section of Developmental Psychology and Education, 2020 September 15-16 Bari, Italy, Oral Presentation.
- 13. Lunetti, C., Di Giunta, L., Iselin, A. M. R., Pastorelli, C., Lansford, J. E., Eisenberg, N., Thartori, E., Favini, A., Basili, E., Fiasconaro, I., Cirimele, F., **Remondi, C.,** Uribe Tirado, L. M., Bacchini, D. (2020). "The role of early adolescents' emotionality and self-regulation in predicting the development of internalizing problems in three countries". 17th European Association for Research on Adolescence conference (EARA) 2020, Porto, Portugal, September 2-5, Oral Presentation.
- 14. Gerbino, M., Favini, **Remondi C.,** A., Lunetti, C., Basili, E., Cirimele, F., Zuffianò, A., ... & Fiasconaro, I. (2019). "Longitudinal relations between adolescents' prosocialbehavior and self-efficacy in self-regulated learning". 19th European Conference onDevelopmental Psychology, Athens, Greece, 2019 August 29 September 1, Oral Presentation.

## RELEVANT STATISTICAL TRAINING COURSES

Dates (02/11/2019) Cluster analysis (5 hours).

Instructor: Prof. Maria Gerbino Sapienza University of Rome

Dates (27/11/2019 - 29/11/2019) Introduction to Structural Equation Models (SEM) with Mplus (12

hours). Instructor: Prof. Michele Vecchione

Sapienza University of Rome

Dates (18/12/2019) Analysis of Variance (ANOVA) (4 hours).

Instructor: Prof. Laura Di Giunta Sapienza University of Rome

Dates (14/01/2020) **Introduction to mediation, moderation and conditional processes** (6 hours)

Instructor: Prof. Guido Alessandri Sapienza University of Rome

Dates (11/02/2020 - 18/02/2020) Factorial Invariance and item-bias with Mplus: a multigroup approach with

continuous and categorical variables Instructor: Prof. Claudio Barbaranelli Sapienza University of Rome

Dates (24/04/2020 - 28/04/2020) Latent Profile Analysis

Instructor: Prof. Valerio Ghezzi Sapienza University of Rome

Dates (19/06/2020) Multilevel for cross-sectional data with SPSS (2 hours)

Instructor: Prof. Antonio Zuffianò Sapienza University of Rome

Dates (19/06/2020) Multilevel Advanced (3 hours)

Instructor: Prof. Guido Alessandri Sapienza University of Rome

Dates (02/11/2020 - 02/18/2020) Factorial Invariance and item-bias with Mplus: a multigroup approach with

continuous and categorical variables (8 hours).

Instructor: Prof. Claudio Barbaranelli

Sapienza University of Rome

Dates (10/12/2020) **Growth Curve Model** (4 hours).

Instructor: Prof. Laura Di Giunta Sapienza University of Rome

Dates (27/04/2021) Convergence and discrepancy among informants (3 hours)

Instructor: Prof. Antonio Zuffianò Sapienza University of Rome

Dates (21/09/2022) Longitudinal trajectory analyses (4 hours)

Instructor: Prof. Paula Luengo Kanacri

Sapienza University of Rome

Dates (03/10/2022) Principles of applied research and RCT: evaluation of the effectiveness of

interventions (3 hours)

Instructor: Prof. Paula Luengo Kanacri

Sapienza University of Rome

## **INTENSIVE TRAINING COURSES**

Dates (24/05/2021 - 28/05/2021) Latent Class/Cluster Analysis and Mixture Modeling (28 hours)

Instructors: Patrick J. Curran & Daniel J. Bauer

Online Workshop

Dates (09/12/2020 - 11/12/2020) **Introduction to Longitudinal Structural Equation Modeling** (21 hours)

Instructors: Patrick J. Curran & Daniel J. Bauer

Online Workshop

Dates (06/05/2020 - 08/05/2020) **Introduction to Structural Equation Modeling** (21 hours)

Instructors: Patrick J. Curran & Daniel J. Bauer

Online Workshop

Dates (14/11/2019 - 16/11/2019) Evidence Based Interventions (EBI). Social and Emotional Competence in

**Infancy and Childhood: Developing Inclusion** (24 hours)

Instructors: Bakermans-Kranenburg M., Lo Coco A., Malti T., Pastorelli C., &

Van IJzendoorn M. Online Workshop

Dates (21/11/2017 - 23/11/2017) Applied Suicide Intervention Skills Training (ASIST)

Humber College Institute of Technology & Advanced Learning 3199 Lake Shore Blvd W, ON M8V 1K8, Toronto, ON, Canada

Workshop, 2017, November 21-23

## **SKILLS AND COMPETENCIES**

Quantitative Skills Correlation analysis; Univariate and Multivariate analysis of variance and covariance; Regression

analysis; Exploratory factor analysis; Confirmatory factor analysis; Measurement Invariance; Structural equation modeling; Mediation and Moderation analysis; Latent growth curve analysis;

Multi-level analysis, Latent Profile Analysis

Statistical Software Excel (advanced), SPSS (advanced), MPlus (advanced)

Language Italian (native), English (C2), Spanish (A2)