

# STEFANO DUGHETTI

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Retired in 2016, he practices the free profession as a radiologist and sonographer.

He usually performs ultrasound and colorDoppler examinations at:

- Health Medical, 120 via Emilia pavese, 29121, Piacenza
- Centro Medico Rocca, 2/D via F. Turati, 29121, Piacenza
- Centro Lusenti Srl, Poliambulatorio Baia del re, 16 via Nastrucci, 29122, Piacenza
- Health Take Care, Centro medico diagnostico, 33 via Martiri Partigiani, 27049, Stradella (Pavia)
- Medical Radiologico Codogno, 15 piazzale Polenghi Lombardo, 26845 Codogno (Lodi)
- Poliambulatorio Città di Collecchio, 1/A via La Spezia, 43044, Collecchio (Parma)
- The Longevity Medical Suite Parma, 66/A via Emilio Lepido, 43123, Parma
- Armonia Centro Polispecialistico, 73/C via Fratelli Kennedy, 46047, Porto Mantovano (Mantova)

As diagnostic imaging director, he performs ultrasound and colorDoppler examinations at Inacqua Centro Medico, 1 via M. Caffi, 29122 Piacenza.

He is the health director at Geokinetic Fisioterapia Riabilitazione, 59 via G. Lanza, 29100, Piacenza.

He also dedicates himself to teaching:

- Since 2019/20 he teaches generalist ultrasound at the specific training course in general medicine for the Emilia Romagna region.
- From the Academic Year 2015/16, he is ultrasound teacher at the second level university master "Chronic Pain Therapy, Invasive and Minimally Invasive Techniques and Pharmacological Therapy" at University of Rome "La Sapienza", Department of Medical and Surgical Sciences and Translational Medicine.
- Since 2017/18 he teaches diagnostic imaging at TCIO Milano Istituto di Osteopatia, member of International Network of Osteopathic Schools, partner of NESCOLT / Kingston University, London.
- From the Academic Year 2010/11, he teaches ultrasound in general medicine to the refresher Course in Internistic Ultrasound, Department of Clinical Surgical Diagnostic and Pediatric Sciences, Università degli Studi, Pavia.
- Since 2004 and for the Olympic four-years-olds 2005-08, 2009-12, 2013-16 and 2017 to today, he is trustee doctor of the Italian Swimming Federation (FIN) of the National Olympic Committee (CONI) and teaches cardiopulmonary resuscitation (BLS and BLS-D) for lifeguards of Piacenza.

## **WORK EXPERIENCE**

**2009-11 / 2015-16**

**PHYSICIAN RADIOLOGIST, Local Health Authority (azienda Sanitaria Locale Di piacenza)**

Primary Care Department.

**2005-08 / 2012-15**

**RADIOLOGY DIRECTOR, Local Health Authority (azienda Sanitaria Locale Di piacenza)**

Primary Care Department.

**2004 - 2007**

**PHYSICIAN RADIOLOGIST, piacenza general hospital**

Radiology 2 Unit.

**1994 - 2004**

**GENERAL PRACTITIONER, national health service – local health authority (Piacenza)**

**1993**

**MEDICAL COADJUTOR, local health unit 74 (milan)**

Radiology Department.

**1990 - 1992**

**MEDICAL COADJUTOR, piacenza general hospital**

Infectious Diseases Department.

**1990**

**ASSISTANT PHYSICIAN, san matteo general hospital (Pavia)**

Radiology and Physical Therapy Department.

**1986 - 1989**

**FUNDED ASSISTANT, san matteo general hospital (Pavia)**

Infectious Diseases Department.

## **EDUCATION AND TRAINING**

**2003 - 2007**

**SPECIALISATION IN PSYCHOTHERAPY, ITALIAN SOCIETY OF PSYCHOTHERAPY AND HYPNOSIS (BOLOGNA)**

**1988- 1992**

**SPECIALISATION IN RADIODIAGNOSTICS AND IMAGING SCIENCES, UNIVERSITÀ DEGLI STUDI (PAVIA)**

**1983- 1987**

**SPECIALISATION IN INFECTIOUS DISEASES, UNIVERSITÀ DEGLI STUDI (PAVIA)**

**1974- 1983**

**DEGREE IN MEDICINE AND SURGERY, UNIVERSITÀ DEGLI STUDI (PAVIA)**

## **LANGUAGES**

- ITALIAN, MOTHER TONGUE
- ENGLISH, B1 (ADVANCED CERTIFICATE)
- FRENCH, A2

## **MANAGERIAL SKILLS**

In 2014 he founded the scientific society "Sonopain UMPS", for the study of echographia at the therapy of pain. Currently, the society is partnership of ISAL Foundation for Pain Research, of World Institute of Pain and of Federdolore (Italian Society of Pain Clinicians).

During two three-year periods, 2005-08 and 2012-15, as head of the radiology-branch of the Health Local Authority (Azienda Sanitaria Locale di Piacenza), he conceived and directed the corporate project to bring ultrasound to the territory. The project consisted in the self-administered provision of ultrasound and doppler examinations directly in the studies of the associated general practitioners. It has progressively involved up to 20 physicians of general medicine, with production up to about 500 examinations / year for a single study, performed by three radiologists, each of them equipped with a portable device.

Over the years, he has held numerous courses of in-depth study and updating on the subject of infectious diseases, ultrasound, diagnosis for images, including the main ones:

- Speaker at the Ultrasound Course in the Diagnosis of Algology and Antalgic Therapy (Guglielmo da Saliceto General Hospital, Piacenza – 2017)

- Tutor and lecture of ultrasound physics, notions of the equipment and ultrasound anatomy of the large joints. Course of Ultrasound in Pain Therapy (Val Tidone General Hospital, Castelsangiovanni, Piacenza – 2016)
- Tutor at the Cadaver Lab, Theoretical-Practical Course of Invasive Pain Therapy (ICLO Formation Center, Arezzo – 2015)
- Tutor and teacher of ultrasound to support interventional techniques in pain therapy. Theoretical-practical Course of Implementation of the Guidelines in Chronic Pain (General Hospital Guzzardi, Vittoria Ragusa – 2015)
- Speaker on anatomy and ultrasonographic treatment of shoulder and hip. Theoretical and Practical Course on the Use of Ultrasound to Support Advanced Pain Therapy Techniques (Complex Operative Unit of Pain Therapy, Piacenza General Hospital – 2014)
- Speaker on the indications and limits of ultrasound. Compulsory refresher course for general practitioners “Instrumental Diagnostics: Indications to the Request, New Investigations, Use of Acronyms, Induced Hyperprescription or Not” (Local Health Authority, Azienda Sanitaria Locale, Piacenza – 2011)
- Speaker on diagnostic imaging in vertigo. Compulsory refresher course for general practitioners “Semiological Course on Vertigo (Local Health Authority, Azienda Sanitaria Locale, Piacenza – 2009)
- Speaker on diagnostic imaging: selection of examinations for the general practitioner. Vertebral Pathologies in the General Practitioner’s Clinic (Local Health Authority, Azienda Sanitaria Locale, Piacenza – 2009)
- Speaker on the ultrasound survey in pediatric age. Pediatric Imaging Diagnostics: Old and New Instruments for the Family Pediatrician (Local Health Authority, Azienda Sanitaria Locale, Piacenza – 2007)
- Teacher of the training course “Ultrasound to Support Diagnosis in General Medicine” (Local Health Authority, Azienda Sanitaria Locale, Piacenza – 2006)
- Speaker on the topic: role of the general practitioner. Day of Study on “Sexually Transmitted Diseases and Pregnancy. Hormonal Contraception” (Department of Obstetrics and Gynecology, Piacenza General Hospital – 1998)
- Speaker at the conference “Infectious Diseases in Pregnancy” (Order of the Medical Surgeons of Piacenza – 1995)
- Teacher on Infectious Diseases in Pregnancy at the First National Congress of the Ecoclub (Portonovo Ancona – 1991).

Since 2016 he is interested in osteopathy, particularly dealing with the relationship between osteopathy and imaging sciences.

Since 2014 he takes care of the pain: he deals especially with ultrasound applied to pain therapy and in collaboration with pain therapists to perform ultrasound-guided nerve blocks.

Since 1992 he dedicates himself to the imaging sciences, accumulating experience in traditional radiology, ultrasound and color Doppler, as a hospital doctor and as a freelancer, performing exams of internal medicine, gynecology, obstetrics, bones, muscles, joints, endocrinology, angiology.

1994-2004: he enriches his own unitary conception of medicine by becoming involved in general medicine and also taking an interest in psychotherapy (2003).

1984-1992: he practices the medical profession in the hospital, in particular dealing with microbiology and infectious diseases, including hepatopathies, AIDS and pregnancies at risk. He begins to deal with ultrasound. He is particularly interested in the diagnosis of liver abscesses and in their treatment: by aspiration and alcoholization of ultrasound-guided hydatid cysts.

## **RELEVANT PUBLICATIONS**

Ultrasound in the Study of the general Practitioner. Confronti.  
Health Service of Emilia Romagna 2008, 5, 5

Imitor Ergo Sum  
Rivista Medica Italiana di Psicoterapia ed Ipnosi. Editorial . XIX, Vol, II, Dec. 2007,11-20

Outcome of Hepatic Amebic Abscesses Managed with Three Different Therapeutic Strategies.  
Digestive Diseases and Sciences Febr.1992, Vol 37, No. 2, 240-247

Parasitologic Findings in Percutaneous Drainage of Human Hydatid Liver Cysts.  
1992 The Year Book of Infectious Diseases: Mosby-Year Book, Inc. Chicago, 131

The Management of Hydatid Liver Cysts with Aspiration and Alcohol.  
Gastroenterology Vol.100, No.1, Jan. 1991, Correspondence 290-291

Prevalence of Antibody Positivity vs HCV and HBV in a cohort of Patients Infected with HIV 1.  
XXVI National Congress of the Italian Society for the Study of Infectious and Parasitological Diseases. Palermo 1991,107

Ultrasound-Guided Fine Needle Biopsy of Small Hepatic lesions.  
Giornale Italiano di Ultrasonologia Sett.1991, Voi. 2, N. 3, 157

A New Therapeutic Approach for Hydatid Live Cysts: Aspiration and Alcohol Injection under Sonographic Guidance.  
Year Book of Ultrasound 1991. Mosby Year Book, Inc. Chicago, 114

A New Therapeutic Approach for Hydatid Liver Cysts.  
Gastroenterology 1990; 98: 1366-1368

**Ultrasound in AIDS patient.**

**First International Congress. Imaging Diagnosis of Infectious Diseases. Surgical and Medical Treatment of Hydatid Disease.**

**Rome 1990, 227**

**The Role of Abdominal Ultrasound in Patients with ARC and AIDS.**

**17<sup>th</sup> International Congress of Radiology. Paris 1989, 829**

**Infectious Diseases in Pregnancy**

**Ultrasound in Infectious Diseases.**

**Edizioni Medico Scientifiche Pavia 1989, 331-344**

**Ultrasonographic and Microbiological Diagnosis of Mycetic Liver Abscesses in Patients with AIDS.**

**Microbiologica 1989,12, 101-104**

**Echotomography in the Diagnosis of Hepatic Abscesses.**

**Minerva Medica Torino 1988. 79, 4, 255-256**

**Role of Ultrasound in the Diagnosis and Treatment of Hydatid Liver Cyst Alcoholization Under Sonographic Guidance.**

**Sixth Mediterranean Congress of Chemotherapy. 1988, Taormina 1988, 86**

**The Liver of Patients with AIDS: Role of Ultrasound in Diagnosis and Follow-Up.**

**Journal of Ultrasound in Medicine Washington, DC 1988. 7: S 39 - S 283, October, 61**

**Ultrasound in the Management of Patients with AIDS**

**International Congress for Infectious Diseases. Rio de Janeiro, 1988,73**

**Ultrasound Evaluation of Fetal Damage by ToRCH Agents. Infections in Obstetrics and Gynecology.**

**Monduzzi Editore**

**Bologna 1988, 863-866**

**The Role of Ultrasound in the Pelvic Inflammatory Disease. Infections in Obstetrics and Gynecology**

**Monduzzi Editore**

**Bologna 1988, 455-457**

**Ultrasound in Infectious Diseases: helps, limit and perspective.**

**Check-Up Milan 1988, 64, XII, 49-51**

**Treatment of Hydatid Cysts by Percutaneous Drainage under Sonographic Guidance.**

**Third Mediterranean Conference of Parasitology. Jerusalem 1987, 23**

Antistaphylococcal Activity of Teicoplanina: the Phenomenon of Tolerance.  
XV National Congress of the Italian Chemotherapy Society. Urbino 1987, 30

Percutaneous Treatment of Hepatic Hydatid Cysts under Ultrasonographics Guidance.  
15<sup>th</sup> International Congress of Chemotherapy. Istanbul 1987, 336

A comparative evaluation of the anti-bacterial activity of Aztreonam.  
Giornale di Malattie Infettive e parassitarie. 1-38,1986, 60-62

Bactericidal Activity of Betalactamines and Aminoglycosides. Comparative Evaluations.  
Boll. Ist. Sieroter. Milan. Milano 1986, 65, 6, 374-379

An Eleven Year Survey of Fulminant Hepatitis: Considerations on Epidemiology and Pathogenesis.  
Boll. Ist. Sieroter. Milan. Milano 1986, 65, 6, 453-458

Attempts and Perspectives of AIDS therapy.  
G. Ital, Chemioter. 1986, 33, 1, 1-13

Direct Immune Response against Liver Antigens in Patients with Alfa1-antitrypsine Deficiency.  
Boll. Ist. Sieroter. Milan. Milano 1986, 65, 2, 143-149

Aztreonam in the Treatment of Severe Bacterial Infections.  
7<sup>th</sup> International Symposium on Future Trend in Chemotherapy.  
Pisa 1986, 96

## **MEMBERSHIPS**

**ITALIAN SOCIETY OF ULTRASOUND IN MEDICINE AND BIOLOGY (SIUMB),  
TEACHER SINCE 2010**

**ITALIAN MEDICAL RADIOLOGY SOCIETY (SIRM),  
MEMBER SINCE 1992**

## **AWARDS**

**24/25-3-1988**

Prize for the best scientific communication presented at the V National Course in Operational Ultrasound, entitled: Ultrasound Guided Percutaneous Drainage of Hepatic Hydatid Cysts: Results and Follow-Up.

