

**EUROPEAN
CURRICULUM
VITAE FORMAT**



PERSONAL INFORMATION

Name **REMONDI, CHIARA**
Address
Mobile
Fax
E-mail

Nationality

Date of Birth

Gender

CURRENT POSITION

Dates (01/07/2024 – 30/11/2025) **PostDoctoral Researcher**
Project PRIN: “YOUths’ FUTURE Orientation in Times of Social Changes”
Number P2022AXYP8
Faculty of Medicine and Psychology, Department of Psychology (SSD M-PSI/01), Sapienza University of Rome, Rome, Italy

Dates (26/02/2025 – 31/01/2026) **Adjunct professor (Professore a Contratto) – Masters’ Degree (LM-14)**
Educational Psychology (42 hours - 6 CFU),
Faculty of Letters and Philosophy, Department of Letters and Modern Cultures (SSD PSIC-02/A), Sapienza University of Rome, Rome, Italy

Dates (30/09/2024 – 31/01/2026) **Adjunct professor (Professore a Contratto) – Bachelors’ Degree**
Educational Psychology (42 hours - 6 CFU),
Faculty of Letters and Philosophy, Department of Languages, Cultures, Literatures, Translation (SSD PSIC-02/A), Sapienza University of Rome, Rome, Italy

EDUCATION AND TRAINING

Dates (01/07/2023 – 30/06/2024) **PostDoctoral Researcher**
Project: “Risk Factors and Young Adult Adjustment”
Faculty of Medicine and Psychology, Department of Psychology (SSD M-PSI/01), Sapienza University of Rome, Rome, Italy

- Dates (01/10/2020 – 31/01/2023) **Doctoral Ph.D Degree in Psychology and Social Neurosciences, Curriculum Personality and Organizational Psychology (35° cycle)**
Faculty of Medicine and Psychology, Department of Psychology, Sapienza University of Rome, Rome, Italy
Ph.D Thesis: “From Real-World to Online Risky Behaviours: The Role of Self-Efficacy Beliefs and Family Context”
Advisors: Prof. Maria Gerbino and Prof. Concetta Pastorelli
Ph.D Defense Date: 26/04/2023
- Dates (02/05/2022 – ongoing) **Psychologist**
Enrolled in the Register of Psychologists of Rome (Albo A, Italy)
Registration number: 27477
Date: 02/05/2022
- Dates (26/07/2018 – 09/07/2019) **Master’s degree in “Clinical Psychology for Individuals, Families and Organizations” cum laude**
Faculty of Human and Social Sciences, University of Bergamo, Bergamo, Italy
Master’s degree Thesis: “Impulsivity, psychological distress, attachment and alexithymia as predictors of internet and smartphone addiction: an Italian study among adolescents and young adults”
Advisor: Prof. Angelo Compare
Master’s degree Defense Date: 09/07/2019
- Dates (01/09/2017 – 30/07/2018) **Postgraduate Certificate in “Addictions and Mental Health” cum laude (1 Year - 3 Semesters)**
Humber College Institute of Technology & Advanced Learning, 3199 Lake Shore Blvd W, ON M8V 1K8, Toronto (Canada)
- Dates (07/10/2013 – 30/06/2016) **Bachelor’s degree in “Education and Developmental Psychology” cum laude**
Faculty of Educational Sciences, Salesian Pontifical University, Rome, Italy
Bachelor’s degree Thesis: “Insecure Attachment Dimensions and Dissociative Psychopathology: Theoretical Lines and Preventive Aspects”
Advisor: Prof. Maria Luisa De Luca
Bachelor’s degree Defense Date: 30/06/2016
- Dates (15/09/2021 – 14/03/2021) **Post-graduate internship**
Department of Psychology, Faculty of Medicine and Psychology, Sapienza University of Rome, Rome, Italy
Area: Developmental Psychology
Supervisor: Prof. Laura Di Giunta
Activities: data collection (cross-sectional and longitudinal data), data entry, scientific production.
- Dates (15/03/2020 – 14/09/2020) **Post-graduate internship**
Department of Psychology, Faculty of Medicine and Psychology, Sapienza University of Rome, Rome, Italy
Area: General Psychology
Supervisor: Prof. Maria Gerbino
Activities: training in research projects involving families; writing of scientific reports; longitudinal data analysis with statistical software (Excel, SPSS, Mplus)
- Dates (03/04/2018 – 13/07/2018) **Pre-Lauream internship**
LAMP Community Health Centre, Toronto, ON, Canada
Area: Community Health Services
Supervisor: Deborah Quiggin
Activities: counselling; management of meetings for psychological support, elaboration and conduction of recreational activities for adults.

SCHOLARSHIP/GRANTS

- Dates (20/03/2023) **Award “G. Petter” Best PhD Thesis Award**
National Congress AIP Section of Developmental Psychology and Education
Project Title: “Mothers’ and Fathers’ Parental Self-Efficacy and Adolescents’ Rule-Breaking Behaviors in the Transition from Late Childhood to Late Adolescence”
- Dates (A.Y. 2024) **Grant: Avvio alla ricerca di Tipo 2 [Starting Research Type 2] (€ 2.400)**
Sapienza University of Rome
Protocol Number: AR2241907569CB7D
Role: Principal Investigator
Project Title: “The relations among perceived support from family, regulatory emotional self-efficacy beliefs, and sexting behaviors in everyday life: a study among young adults”
- Dates (A.Y. 2023) **Grant: Avvio alla ricerca di Tipo 2 [Starting Research Type 2] (€ 2.200)**
Sapienza University of Rome
Protocol Number: AR223188B43C1B99
Role: Research Assistant
PI: PhD Ainzara Favini, Sapienza University of Rome
Project Title: “I Believe in Myself so I Can Do It! The Protective Role of Self-efficacy Against Maladaptive Behaviors in Youths”
- Dates (A.Y. 2022) **Grant: Avvio alla ricerca di Tipo 2 [Starting Research Type 2] (€ 2.000)**
Sapienza University of Rome
Protocol Number: AR222181675B53E2
Role: Principal Investigator
Project Title: “Youths’ engagement in sexting behaviours: the role of individual differences in the transition from late childhood to late adolescence”
- Dates (A.Y. 2021) **Grant: Progetti di Ricerca Medi (€ 10.000)**
Sapienza University of Rome
Protocol Number: RM12117A8AEA6591
Role: Research Assistant
PI: Prof. Antonio Zuffianò, Sapienza University of Rome
Project Title: “Benefits of Prosociality on Mental Well-being among Young Adults”
- Dates (A.Y. 2021) **Grant: Avvio alla ricerca di Tipo 1 [Starting Research Type 1] (€ 1.150)**
Sapienza University of Rome
Protocol Number: AR12117A854F2130
Role: Principal Investigator
Project Title: “The moderating role of effortful control between parental monitoring and young adults’ internet addiction: A two-year longitudinal study”
Year: 2021
- Dates (A.Y. from 2019 to 2023) **Three Years PhD scholarship (Gross Annual Scholarship)**
Sapienza University of Rome, Italy

CONTRACTS FOR RESEARCH ACTIVITIES

Dates (29/07/2021 – 28/08/2021)

Occasional collaborator for supporting research activities

Interuniversity Center for Research on Genesis and Development of Prosocial and Antisocial Motivations (CIRMPA), Sapienza University of Rome, Italy

Supervisor: Prof. Concetta Pastorelli

Project: “Parenting, Adolescent Self-Regulation and Risk taking Across Cultures (PAC)” - International Longitudinal Project; PI: Jennifer Landsford - Duke University, USA; PI (Italy): Concetta Pastorelli - Sapienza University of Rome. Supported by National Institute of Child Health and Human Development, USA; Jacobs Foundation, Switzerland; CIRMPA (Interuniversity Center for Research on Genesis and Development of Prosocial and Antisocial Motivations), Italy.

Role: research assistant – interviewer of family triads (mother, father, and their child), interviewers’ training supervisor, contact management with participants, longitudinal data analysis using softwares: SPSS, Mplus, and R (lavaan, lsem, ggplot), disseminating results (peer-review journals, conferences).

Description of the project: The aim is to understand the links between parenting behaviors and child adjustment and how these relations vary across different cultures. In addition, the project focuses on the mediators and moderators of the relations between parenting and children’s adjustment, with a special focus on those factors that vary cross-culturally. The international project follows longitudinally groups of children and their parents originally from 13 cultures within 9 countries.

ACADEMIC AND RESEARCH EXPERIENCE

Dates (01/07/2024– ongoing)

PostDoctoral Researcher: “YOUths’ FUTURE Orientation in Times of Social Changes” PRIN Number P2022AXYP8

PIs: Prof. Concetta Pastorelli (Sapienza University of Rome) & Ersilia Menesini (University of Florence)

Supervisor: Prof. Concetta Pastorelli

Role: Executive Chief; interviewer, interviewers’ training supervisor, contact management with participants, data entering, data scoring, data analysis

Description of the project: the YOU-FUTURE Project aims to examine the potential impact of historical stressful events on adolescents’ and young adults’ future orientation, and consequently on their well-being and mental health.

Dates (01/03/2024– ongoing)

Research Assistant: “Pilot Study of Substance Use Measures”- International and Cross-Cultural Project

PIs: Jennifer Landsford - Duke University, USA

Supervisor: Prof. Concetta Pastorelli

Role: research assistant - interviewer, interviewers’ training supervisor, contact management with participants, data entering, data scoring

Description of the project: Translation, back-translation, and cultural adaptation of substance use measures. Conduct focus group discussions to get feedback on the culturally adapted measures

Dates (01/11/2019– ongoing)

Research Assistant: “Parenting, Adolescent Self-Regulation and Risk taking Across Cultures (PAC)”- International Longitudinal Project

PIs: Jennifer Landsford - Duke University, USA; PI (Italy): Concetta Pastorelli - Sapienza University of Rome. Supported by National Institute of Child Health and Human Development, USA; Jacobs Foundation, Switzerland; CIRMPA (Interuniversity Center for Research on Genesis and Development of Prosocial and Antisocial Motivations), Italy.

Supervisor: Prof. Concetta Pastorelli

Role: research assistant - interviewer, interviewers’ training supervisor, contact management with participants, data entering, data scoring, and longitudinal data analysis using softwares: Excel, SPSS, Mplus, disseminating results (peer-review journals, conferences).

Description of the project: The aim is to understand the links between parenting behaviors and child adjustment and how these relations vary across different cultures. In addition, the project focuses on the mediators and

moderators of the relations between parenting and children's adjustment, with a special focus on those factors that vary cross-culturally. The international project follows longitudinally groups of children and their parents originally from 13 cultures within 9 countries.

Dates (01/07/2021 – 31/12/2023)

Research Assistant: “Parenting, Adolescent Self-Regulation and Risk taking Across Cultures – COVID 19 Extension”- International Longitudinal Project

PIs: Jennifer Landsford - Duke University, USA; PI (Italy): Concetta Pastorelli - Sapienza University of Rome. Supported by National Institute of Child Health and Human Development, USA; Jacobs Foundation, Switzerland; CIRMPA (Interuniversity Center for Research on Genesis and Development of Prosocial and Antisocial Motivations), Italy.

Supervisor: Prof. Concetta Pastorelli

Role: research assistant - interviewer, interviewers' training supervisor, contact management with participants, data entering, data scoring, and longitudinal data analysis using softwares: Excel, SPSS, Mplus.

Description of the project: Extension of the longitudinal and cross-cultural Parenting Across Cultures (PAC) project, with focus on adjustment and maladjustment during the COVID-19 pandemic.

Dates (01/11/2019 – ongoing)

Junior Researcher: Generazioni Connesse: Safer Internet Centre – European Project

PIs: Save the Children Italy ONLUS; SOS Il Telefono Azzurro ONLUS; Skuola Network S.r.l.; University of Florence SCIFOPSI; Interuniversity Center for Research on Genesis and Development of Prosocial and Antisocial Motivations (CIRMPA); Social Cooperative E.D.I. NPO; Citizen Defense Movement; Police post; National Guarantor of Childhood and Adolescence. In collaboration with MIUR (Ministry of Education, University and Research) and INEA (Innovation and Networks Executive Agency), co-funded by the European Community.

Role: junior researcher; Project Manager for CIRMPA: Concetta Pastorelli; Project Coordinator for CIRMPA: Maria Gerbino (Ph. D)

Supervisor: Prof. Maria Gerbino

Role: Involved in the dissemination of

Description of the project: the aim is to encourage and support national and international initiatives that promote a safe use of the internet among children and adolescents. As part of the evaluation team, the role of Sapienza University is to monitor and evaluate the effectiveness and efficiency, as well as the impact and sustainability, of the affected Hotlines, the Helpline and, in general, the network between the partners of the project.

Dates (01/03/2023 - 31/11/2023)

Research Assistant: “PROVIAMO! Educare alla PROsocialità per VIrAre verso un MONdo più sostenibile”

PI: Professors Maria Gerbino, Antonio Zuffianò, Concetta Pastorelli. Department of Psychology, Sapienza University of Rome.

Supervisor: Prof. Maria Gerbino

Role: conceiving and designing of the study, training and managing the staff involved, data collection.

Description of the project: the aim is to develop and evaluate an intervention program aimed at promoting both pro-environmental behaviors and the personal skills necessary for their implementation in terms of emotional competences, interpersonal and collective civic engagement.

Dates (01/11/2022 – 01/02/2023)

Research Assistant: “Prosocialità, dinamiche emotive, e benessere nei giovani adulti: Uno studio longitudinale”

PIs: Professors Antonio Zuffianò, Maria Gerbino and Concetta Pastorelli Department of Psychology, Sapienza University of Rome.

Supervisor: Prof. Antonio Zuffianò

Role: conceiving and designing of the study, training and managing the staff involved, data collection, data analyses.

Description of the project: the aim is to confirm the protective role of prosociality/proenvironmentalism on the daily subjective well-being of young adults by using an Ecological momentary assessment design (EMA) to keep under control various factors such as personality traits, body satisfaction, life

events, self-esteem.

Dates (04/04/2022– 07/01/2023)

Research Assistant: “Offline and Online Gaming: Psychosocial Implications” – National Project

PI: Prof. Agostino Brugnera and Prof. Angelo Compare – University of Bergamo (Italy).

Department of Human and Social Sciences, University of Bergamo

Supervisor: Prof. Angelo Compare

Role: conceiving and designing of the study, training and managing the staff involved, data collection, data analyses and interpretation, writing scientific report, disseminating results (peer-review journals, conferences).

Description of the project: the aim is to understand how problematic online and offline gaming develop and differentiate based on individual differences and contextual factors.

Dates (07/05/2020 - 28/02/2021)

Principal Investigator: “Facing the COVID-19: the role of individual resources and new technologies”– National Project

PIs: Flavia Cirimele, Chiara Remondi, Eriona Thartori

Department of Psychology, Sapienza University of Rome.

Role: conceiving and designing of the study, training and managing the staff involved, data collection, data analyses and interpretation, writing scientific report.

Description of the project: the aim is to understand the way in which individual difference and personal/contextual resources affect individual (mal)adjustment during the first and second wave of the COVID-19 pandemic in Italy, in samples of Italian adults (from emerging adulthood to elderly adults).

First data collection: May - July 2020

Second data collection: December 2020 - February 2021

Dates (04/02/2020 – 07/08/2020)

Research assistant: “Young Adults in Times of COVID-19” – Cross-cultural Project

PIs: Argentina: Belén Mesurado, Cristina Richaud, Anna Rovella; Chile: Christian Berger; China: Xinyuan Fu; Finland: Claire Garandeanu; France: Alexia Carrizales; Germany: Maarten van Zalk; Ireland: Laura Taylor; Italy: Gian Vittorio Caprara, Maria Gerbino, Concetta Pastorelli; Lithuania: Rita Zukauskienė; Spain: Mavi Mestre, Paula Samper; Taiwan: Yuh-Ling Shen; Turkey: Asiye Kumru.

Role: questionnaires implementation (Qualtrics), data collection, data entering, data analyses, writing manuscript.

Description of the project: the aim of the project was to investigate factors that relate to young adults’ prosocial attitudes and prosocial behaviors during the COVID-19 crisis around the world. How can personal (e.g., empathy, moral cognition, anxiety) and contextual factors at the micro-level (e.g., stress, support, illness in own household), meso-level (e.g., attitude/behavior in neighborhood), and macro-level (e.g., national approach and communication, infection rate) explain differences in young adults’ engagement in actions to promote well-being of others who are affected by the crisis.

Dates (04/05/2020 – 07/02/2021)

Research assistant: “Technology Addiction: the role of individual and contextual factors” – National Project

PIs: Agostino Brugnera, Angelo Compare & Andrea Greco – University of Bergamo (Italy).

Department of Human and Social Sciences, University of Bergamo

Role: data collection, data analyses, data entering, data scoring, using softwares: SPSS, Mplus, and R (lavaan, lsem, ggplot), disseminating results (peer-review journals, conferences).

Description of the project: the aim of the project was to examine the predictors of technology addictions (i.e., smartphone and internet addiction) in a sample of Italian young adults.

FOREIGN EXPERIENCES

Dates (01/09/2021– 01/10/2021)

Visiting Ph.D. Student

Escuela de Psicología, Pontificia Universidad Católica de Chile, Santiago de Chile, Chile

Supervisor: Prof. Bernadette Paula Luengo Kanacri

Role: research assistant in the school-based intervention program “ProCiviCo” that is aimed to enhance prosocial behavior and civic engagement in the school context.

TEACHING EXPERIENCE

TEACHING

Dates (24/08/2024 – 25/08/2024)

Teaching

Lecturer: Chiara Remondi

Course name: Structural Equation Model: SEM (16 hours)

Language: English

University: Doctoral Program at the Department of Psychology, Universidad de San Buena Ventura de Medellin (Colombia)

Dates (A. Y. 2023/2024)

Teaching

Adjunct professor (Professore a Contratto): Prof. Chiara Remondi

Course name: Educational Psychology - Bachelor’s Degree (42 hours - 6 CFU),

Credits: 6

Scientific Disciplinary Sector: SSD PSIC-02/A

Language: Italian

University: Faculty of Letters and Philosophy, Department of Languages, Cultures, Literatures, Translation, Sapienza University of Rome, Rome, Italy

Dates (A. Y. 2023/2024)

Subject Expert (Cultore della Materia)

Lecturer: Prof. Concetta Pastorelli

Course name: Personality Psychology and Deviant Behaviors, Master’s Degree (LM-51), “Juridical, Forensic and Criminological Psychology”

Credits: 9

Scientific Disciplinary Sector: M-PSI/01

Language: Italian

University: Faculty of Medicine and Psychology, Department of Psychology, Sapienza University of Rome, Rome, Italy

Dates (20/03/2023)

Teaching Seminar

Lecturer: Chiara Remondi

Seminar name: Requiem for a dream, “What is an addiction?”

Credits: 3

Language: Italian

University: Uniattiva, University of Palermo, Palermo, Italy

TEACHING ASSISTANT

Dates (from 2022 to 2024)

Teaching Assistant (Support for teaching and laboratory activities;

Tutoring students; Support for carrying out and correcting exams)

Lecturer: Prof. Concetta Pastorelli

Course name: Personality and Temperament Psychology throughout the life course (LM-51), “Psychology of typical and atypical development” – **Master’s**

Degree

Credits: 6

Scientific Disciplinary Sector: M-PSI/01

Language: Italian

University: Faculty of Medicine and Psychology, Department of Psychology, Sapienza University of Rome, Rome, Italy

Dates (from 2022 to 2024)

Teaching Assistant (Support for teaching and laboratory activities; Tutoring students; Support for carrying out and correcting exams)

Lecturer: Prof. Concetta Pastorelli

Course name: Personality Psychology and Deviant Behaviors (LM-51), “Juridical, Forensic and Criminological Psychology” – **Master’s Degree**

Credits: 9

Scientific Disciplinary Sector: M-PSI/01

Language: Italian

University: Faculty of Medicine and Psychology, Department of Psychology, Sapienza University of Rome, Rome, Italy

Dates (A.Y. 2023 -2024)

Teaching Assistant (Support for teaching and laboratory activities; Tutoring students; Support for carrying out and correcting exams)

Lecturer: Prof. Concetta Pastorelli, Antonio Zuffianò and Fabio Lucidi

Course name: Psychology of Deviance and Legal Education (LM-51), “Juridical, Forensic and Criminological Psychology” – **Master’s Degree**

Credits: 9

Scientific Disciplinary Sector: M-PSI/01

Language: English

University: Faculty of Medicine and Psychology, Department of Psychology, Sapienza University of Rome, Rome, Italy

Dates (from 2019 to 2023)

Teaching Assistant (Support for teaching and laboratory activities; Tutoring students; Support for carrying out and correcting exams)

Lecturer: Prof. Maria Gerbino

Course name: Psychology of emotions, motivations and personality – **Bachelor’s Degree**

Credits: 9

Scientific Disciplinary Sector: M-PSI/01

Language: Italian

University: Faculty of Medicine and Psychology, Department of Psychology, Sapienza University of Rome, Rome, Italy

Dates (from 2019 to 2023)

Teaching Assistant (Support for teaching and laboratory activities; Tutoring students; Support for carrying out and correcting exams)

Lecturer: Prof. Maria Gerbino and Prof. Fabio Ferlazzo

Course name: Psychology of emotions, motivations and personality: Theory and Methods – **Bachelor’s Degree**

Credits: 6

Scientific Disciplinary Sector: M-PSI/01

Language: Italian

University: Psychological sciences and techniques, UnitelmaSapienza, Sapienza University of Rome, Rome, Italy

STUDENT SUPPORT

2019-present (6 years):

Tutoring of Master's and Bachelor's Students

Supervision for the final thesis: 8 master's students, 10 bachelor’s students

REVIEWER ACTIVITIES

Dates (from 2023 - ongoing)

Review Editor for the Journal “Frontiers in Psychology” - Quantitative Psychology and Measurement

Dates (A.A from 2020 to 2024)

- **Peace and Conflict: Journal of Peace Psychology**, APA Division 48 (Society for the Study of Peace, Conflict, and Violence: Peace Psychology Division)
- **Psychiatry Investigation**
- **International Journal of Psychology**
- **International Journal of Cognitive Therapy**
- **Current Psychology**
- **Computers & Education**

RELEVANT STATISTICAL TRAINING COURSES

Dates (02/11/2019)	Cluster analysis (5 hours). Instructor: Prof. Maria Gerbino Sapienza University of Rome
Dates (27/11/2019 - 29/11/2019)	Introduction to Structural Equation Models (SEM) with Mplus (12 hours). Instructor: Prof. Michele Vecchione Sapienza University of Rome
Dates (13/12/2019)	The Perspectives of Connectivity: Digital Technologies to Support DAS and BES (2 hours) Instructor: Prof. Valerio Ghezzi Sapienza University of Rome
Dates (18/12/2019)	Analysis of Variance (ANOVA) (4 hours). Instructor: Prof. Laura Di Giunta Sapienza University of Rome
Dates (14/01/2020)	Introduction to mediation, moderation and conditional processes (6 hours) Instructor: Prof. Guido Alessandri Sapienza University of Rome
Dates (11/02/2020 - 18/02/2020)	Factorial Invariance and item-bias with Mplus: a multigroup approach with continuous and categorical variables Instructor: Prof. Claudio Barbaranelli Sapienza University of Rome
Dates (24/04/2020 - 28/04/2020)	Latent Profile Analysis Instructor: Prof. Valerio Ghezzi Sapienza University of Rome
Dates (19/06/2020)	Multilevel for cross-sectional data with SPSS (2 hours) Instructor: Prof. Antonio Zuffianò Sapienza University of Rome
Dates (19/06/2020)	Multilevel Advanced (3 hours) Instructor: Prof. Guido Alessandri Sapienza University of Rome
Dates (02/11/2020 - 02/18/2020)	Factorial Invariance and item-bias with Mplus: a multigroup approach with continuous and categorical variables (8 hours). Instructor: Prof. Claudio Barbaranelli Sapienza University of Rome
Dates (10/12/2020)	Growth Curve Model (4 hours). Instructor: Prof. Laura Di Giunta Sapienza University of Rome
Dates (15/02/2021 - 22/02/2021 - 01/03/2021 - 08/03/2021)	Measurement invariance– Multigroup models (16 hours) Instructor: Prof. Claudio Barbaranelli Sapienza University of Rome

- Dates (27/04/2021) **Convergence and discrepancy among informants** (3 hours)
Instructor: Prof. Antonio Zuffianò
Sapienza University of Rome
- Dates (21/09/2022) **Longitudinal trajectory analyses** (4 hours)
Instructor: Prof. Paula Luengo Kanacri
Sapienza University of Rome
- Dates (03/10/2022) **Principles of applied research and RCT: evaluation of the effectiveness of interventions** (3 hours)
Instructor: Prof. Paula Luengo Kanacri
Sapienza University of Rome

INTENSIVE TRAINING COURSES

- Dates (04/06/2025 – 11/06/2025 – 18/06/2025- 04/07/2025) **Using the Sample Size: G*Power and Beyond** (28 hours)
Instructor: Patrizio Pasqualetti
Sapienza University of Rome
- Dates (24/05/2021 - 28/05/2021) **Latent Class/Cluster Analysis and Mixture Modeling** (28 hours)
Instructors: Patrick J. Curran & Daniel J. Bauer
Online Workshop
- Dates (09/12/2020 - 11/12/2020) **Introduction to Longitudinal Structural Equation Modeling** (21 hours)
Instructors: Patrick J. Curran & Daniel J. Bauer
Online Workshop
- Dates (06/05/2020 - 08/05/2020) **Introduction to Structural Equation Modeling** (21 hours)
Instructors: Patrick J. Curran & Daniel J. Bauer
Online Workshop
- Dates (14/11/2019 - 16/11/2019) **Evidence Based Interventions (EBI). Social and Emotional Competence in Infancy and Childhood: Developing Inclusion** (24 hours)
Instructors: Bakermans-Kranenburg M., Lo Coco A., Malti T., Pastorelli C., & Van IJzendoorn M.
Online Workshop
- Dates (21/11/2017 - 23/11/2017) **Applied Suicide Intervention Skills Training (ASIST)**
Humber College Institute of Technology & Advanced Learning
3199 Lake Shore Blvd W, ON M8V 1K8, Toronto, ON, Canada
Workshop, 2017, November 21-23

PUBLICATIONS

ORCID 0000-0002-2521-1408
SCOPUS 57218443668 (H-INDEX = 8; CITATIONS = 192)

INTERNATIONAL PEER-REVIEWED PUBLICATIONS

1. **Remondi, C.**, Gerbino, M., Cirimele, F., Thartori, E., Pastorelli, C., Laghi, F., (2025). Thinking about time: the mediating role of time perspective in the relation between self-efficacy beliefs and (mal) adjustment. *Personality and Individual Differences* (PAID; under-review)
2. Basilici, M. C., **Remondi, C.**, Nocentini, A., Gerbino, M., Pastorelli, C., & Menesini, E. (2025). Collective stressful events and individual future orientation: a systematic review. *Current Psychology*, 1-13. <https://doi.org/10.1007/s12144-025-07921-w>
3. Cirimele, F., Pastorelli, C., Bornstein, M. H., Zuffianò, A., **Remondi, C.**, Gerbino, M., ... & Lansford, J. E. (2025). Prosocial behavior and school performance in the transition to adolescence: A multicultural study. *Applied Developmental Science*, 1-16. <https://doi.org/10.1080/10888691.2025.2498747>
4. Cirimele, F., Pastorelli, C., **Remondi, C.**, Zuffiano, A., Thartori, E., Gerbino, M., ... & Lansford, J. E. (2024). The development of prosocial behavior from late childhood to adolescence: a longitudinal and multicultural study. *Frontiers in Developmental Psychology*, 2, 1472589. <https://doi.org/10.3389/fdpys.2024.1472589>
5. **Remondi, C.**, Gerbino, M., Zuffianò, A., Baiocco, R., Cirimele, F., Thartori, E., ... & Pastorelli, C. (2024). Longitudinal associations between positive parenting and youths' engagement in sexting behaviors: the mediating role of filial self-efficacy beliefs. *Computers in Human Behavior*, 108320. <https://doi.org/10.1016/j.chb.2024.108320>
6. **Remondi, C.**, Gerbino, M., Cirimele, F., Thartori, E., Bacchini, D., Di Giunta, L., ... & Pastorelli, C. (2024). Bidirectional longitudinal associations between parental self-efficacy and child rule-breaking behaviors: A random-intercept cross-lagged panel study. *International Journal of Psychology*. [10.1002/ijop.13152](https://doi.org/10.1002/ijop.13152)
7. Brugnera, A., **Remondi, C.**, La Tona, A., Nembrini, G., Lo Coco, G., Compare, A., ... & Pigozzi, M. G. (2024). Quality of Life and Its Psychosocial Predictors among Patients with Disorders of Gut–Brain Interaction: A Comparison with Age-and Sex-Matched Controls. In *Healthcare* (Vol. 12, No. 7, p. 757). MDPI. [10.3390/healthcare12070757](https://doi.org/10.3390/healthcare12070757)
8. **Remondi, C.**, Gerbino, M., Zuffianò, A., Pastorelli, C., Thartori, E., Bacchini, D., ... & Dodge, K. A. (2023). The developmental trends of parental self-efficacy and adolescents' rule-breaking behaviors in the Italian context: A 7-wave latent growth curve study. *Plos one*, 18(11), e0293911. <https://doi.org/10.1371/journal.pone.0293911>
9. **Remondi, C.**, La Tona, A., Schimmenti, A., Lo Coco, G., Compare, A., & Brugnera, A. (2023). Uncovering latent profiles of internet, smartphone and gaming use among young adults and their relationships with psychosocial risk factors. *Behaviour & Information Technology*, 1-15. <https://doi.org/10.1080/0144929X.2023.2295955>
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AUTHOR AT NATIONAL AND INTERNATIONAL CONFERENCES

1. **Remondi C.**, Gerbino, M., Thartori E., Cirimele, F., Pastorelli C., The Protective Role of Adolescents' Future Expectations in the Relation between Early Environmental Adversity and Later Adjustment. In XXXVII National Congress AIP Section of Developmental Psychology and Education, 2025 September 15-17, Udine, Italy, Oral Presentation (*accepted*).
2. **Remondi, C.**, Gerbino, M., Cirimele, F., Zuffianò, A., Thartori, E., Bacchini, D., Di Giunta, L., Beolchini, E., Lansford, Jennifer E., Pastorelli, C., Bidirectional Longitudinal Associations between Parental Self-Efficacy and Child Rule-Breaking Behaviors: a Random-Intercept Cross-Lagged Panel Study. 27th Biennial Meeting of the International Society for the Study of Behavioural Development (ISSBD), 2024 June 16-20, Lisbon, Portugal, Symposium.
3. **Remondi, C.**, Pastorelli, C., Thartori, E., Di Giunta, L., Lunetti, C., Favini, A., Lansford, J.E. (2023). "Relazioni longitudinali tra un contesto genitoriale positivo e un successivo coinvolgimento dei giovani nei comportamenti di sexting: il ruolo di mediazione delle convinzioni di autoefficacia filiale". In XXXV National Congress AIP Section of Developmental Psychology and Education, 2023 September 25-27, Foggia, Italy, Oral Presentation.
4. **Remondi, C.**, Gerbino, M., La Tona, A. Brugnera, A., (2023). "A Serial Mediation Model of Insecure Attachment and Internet Gaming Disorder: The Role of Psychological Needs, Social Support and Loneliness". In ICBA 2023, 8th International Conference on Behavioral Addictions, 2023 August 23-25, Incheon, South Korea, Oral Presentation.
5. **Remondi, C.**, Favini A., Gerbino M., Brugnera A., Compare A., (2022). "The effects of Attachment, Temperament and Self-Esteem on Technology Addiction: a Mediation Model among Young Adults". In Lisbon Addictions European Conference on Addictive Behaviours and Dependencies, November 23-25, Lisbon, Portugal, Poster Presentation.
6. **Remondi C.**, Cirimele F., Pastorelli C., Gerbino M., Gregori F., Gomez Plata M., Zuffianò A. (2022). "Moral Disengagement, Conspiracy Beliefs and Regulatory Self-Efficacy during COVID-19: a mediation model among early and young adults". In XXX National Congress AIP Section of Developmental Psychology and Education, 2022 September 27-30, Padova, Italy, Oral Presentation.
7. **Remondi, C.**, Thartori E., Basili E., Lunetti C., Cirimele F., Favini A., Fiasconaro F., Gliozzo G. (2021). "A dual-system model of Adolescents and Young Adults' Sexting Behaviours". In National Congress AIP Section of Developmental Psychology and Education, 2021 September 20-22, Bari.
8. **Remondi, C.**, Gerbino, M., Zuffianò, A., Favini, A., Basili, E., Gómez Plata, M. (2020). "Credenze Epistemologiche e Disimpegno Morale durante il Covid-19: Differenze di Genere ed Età". In XXXIII National Congress AIP Section of Developmental Psychology and Education, 2020 September 15-16 Bari, Italy, Poster presentation.

CO-AUTHOR AT NATIONAL AND INTERNATIONAL CONFERENCES

1. Gregori, F., Manfredi, L., Virzi, A.T., Caldaroni, S., **Remondi, C.**, Pastorelli, C. The relations between Prosocial Behavior, Life Satisfaction, and Hedonic Balance among Young Adults' daily life. International Congress "Crossing the Borders" Castel Gandolfo (RM) 2024
2. Manfredi, L., Gregori, F., Caldaroni, S., **Remondi, C.**, Barrero Toncel, V.I., López-Pérez, B., Marti-Vilar, M., Di Giusto Valle, C., Benito Ambrona, T., Pastorelli, C., Gerbino, M., Sette, S., Zuffianò, A., The relation between regulatory emotional self-efficacy and negative affect in daily life: a study among Spanish and Italian university students. 27th Biennial Meeting of the International Society for the Study of Behavioural Development (ISSBD), 2024 June 16-20, Lisbon, Portugal, Poster.
3. Cirimele, F., Pastorelli, C., Zuffianò, A., **Remondi, C.**, Lansford, J. E., Bacchini, D., Di Giunta, L., Bornstein, H.M., Chang, L., Deater-Deckard, K., Dodge, K.A., Junla, D., Oburu, P., Skinner, A.T., Sorbring, E., Steinberg, L., Uribe Tirado, L.M., Yotanyamaneewong, S., Peña Alampay, L., Suha M. Al-Hassan. Bidirectional associations between prosocial behavior and school performance: a longitudinal study in low-, middle-, and high-income countries. 27th Biennial Meeting of the International Society for the Study of Behavioural Development (ISSBD), 2024 June 16-20, Lisbon, Portugal, Symposium.
4. Gliozzo, G., Di Giunta, L., Arbel, R., Pastorelli, C., Lansford, J.E., Comitale, C., Gregori, F., Manfredi L., **Remondi, C.**, Thartori, E., Understanding the contextual and individual determinants of between-and within-person variability in adolescents' internalizing problems. XIX EARA CONFERENCE 2024

- European Association for Research on Adolescence. 25-28 September 2024 Limassol, Cyprus
5. Cirimele F., Zappulla C., **Remondi C.**, Thartori E., Gerbino M., Zuffianò A. La transizione verso l'essere adulto: associazioni tra percezioni dell'adulità emergente ed esiti disadattivi in giovani adulti italiani. In National Congress AIP Section of Developmental Psychology and Education, 2023 September 25-27, Foggia, Italy, Symposium.
 6. Favini A., Cirimele F., Lunetti C., Culcasi F., Basili E., **Remondi C.**, Thartori E., Gliozzo G. (2023). "Can Teachers Affect Youths' Externalizing Behaviors? Short-time Associations between Personality, Teachers' Characteristics, and Problematic Behaviors Through Self-Regulatory Self-Efficacy in Italy". 17th Annual International Technology, Education, and Development Conference (INTED 2023), 2023 March 6-8, Valencia, Spain, Oral Presentation.
 7. Brugnera A., La Tona A., Compare A., **Remondi C.** (2022) Are there specific subtypes of individuals with Technology over-use? results from a latent profile analysis on two large samples of emerging adults. In National Congress AIP Section of Developmental Psychology and Education, 2022, September 27-30 Padova, Italy, Oral Presentation.
 8. Favini, A., Gerbino, M., Thartori, E., Cirimele, F., **Remondi, C.**, Pastorelli, C., Lunetti, C., Basili, E., Fiasconaro, I., Gomez-Plata, M., Di Giunta, L., Gliozzo, G. (2021). "Predictions of Irritability and Ego-resiliency on Anxiety and Depression in Italy during the Covid-19 Pandemic: The Mediating Role of Negative Attitudes toward New Technologies". European Association for Developmental Psychology (EADP), 2021 September, Poster presentation.
 9. Di Giunta, L., Duell, N., Steinberg, L., Lansford, J.E., Eisenberg, N., Iselin, A.M., Uribe Tirado, L.M., Ruiz Garcia, M.S., Pastorelli, C., Bacchini, D., Lunetti, C., Fiasconaro, I., Thartori, E., Basili, E., Favini, A., Cirimele, F., **Remondi, C.** (2021). "Cross-national associations among feedback sensitivity and emotion regulation on preadolescents' school performance". 13th annual International Conference on Education and New Learning Technologies (EDULEARN21), 2021 July 5-6, Oral Presentation.
 10. Cirimele, F., Pastorelli, C., Favini, A., **Remondi, C.**, Thartori, E., Gerbino, M. (2020, September 15-16). "L'emergenza COVID-19 nei giovani adulti e adulti in Italia: il ruolo delle risorse e vulnerabilità individuali secondo un approccio orientato alla persona" National Congress AIP Section of Developmental Psychology and Education, 2020 September 15-16 Bari, Italy, Oral Presentation
 11. Lunetti, C., Di Giunta, L., Iselin, A. M. R., Pastorelli, C., Lansford, J. E., Eisenberg, N., Thartori, E., Favini, A., Basili, E., Fiasconaro, I., Cirimele, F., **Remondi, C.**, Uribe Tirado, L. M., Bacchini, D. (2020). "The role of early adolescents' emotionality and self-regulation in predicting the development of internalizing problems in three countries". 17th European Association for Research on Adolescence conference (EARA) 2020, Porto, Portugal, September 2-5, Oral Presentation.
 12. Gerbino, M., Favini, **Remondi C.**, A., Lunetti, C., Basili, E., Cirimele, F., Zuffianò, A., ... & Fiasconaro, I. (2019). "Longitudinal relations between adolescents' prosocial behavior and self-efficacy in self-regulated learning". 19th European Conference on Developmental Psychology, Athens, Greece, 2019 August 29 - September 1, Oral Presentation.

SKILLS AND COMPETENCIES

Quantitative Skills	Correlation analysis; Univariate and Multivariate analysis of variance and covariance; Regression analysis; Exploratory factor analysis; Confirmatory factor analysis; Measurement Invariance; Structural equation modeling; Mediation and Moderation analysis; Latent growth curve analysis; Latent Profile Analysis
Statistical Software	Excel (advanced), SPSS (advanced), MPlus (advanced), R (basic)
Language	Italian (native), English (C2), Spanish (A2)