

Short CVE

Personal details

RAMPONI CARLO STEFANO

Work experiences

Sport Physical Therapist in

1. **Ice Hockey Italian national team FISG** by 2019 to now (Olympic team)
2. **Kinè – Physiotherapy, Movement Analysis and Orthopaedic center**; by May 2012 to now
3. **Imoco Volley** – women volleyball team –season 2015-2016; 2016-2017; 2017-2018 (first National league)
4. **Italian Federation of Canoe & Kayak (FICK)** - June 2013 to July 2015 (National team)
5. **Carige Genova** – Men Volleyball team 2010-2011; 2011-2012 (second National league)
6. **Italian Federation of track&field(FIDAL)** by 2007 to 2010 (Olympic team)
7. **Borgoratti meeting soccer club** season 2004-2005 (regional league)
8. **Italian Sailing Federation (FIV)** 2002 – 2004 (National team)

Teacher in:

1. **PGC in Neuromuscular and Therapeutic Exercises (course run in English) – University of TorVergata Rome**, edition 2023-2024 (lower limb module – 8 hrs)
2. **PGC in Sport Physiotherapy – University of UBCM Rome**, edition 2021-22; 2022-23 (36 hrs Sports Rehab contents and 8 hrs muscle injuries rehabilitation);
3. **Bachelor degree in Physiotherapy – University of Padoa**, edition 2021-22; 2022-2023; 2023-2024 (laboratory on sports rehab);
4. **PGC in Sport Physiotherapy – University of Siena**, edition 2010-2011; 2011-2012; 2012-2013 (4 h about spt competencies);
5. **Bachelor degree in science of educational – University of Genoa**, edition 2009-2010; 2010-2011; 2011-2012 (30h about riabilitative medicine);
6. **ACL and Muscle injury class in GISPT Academy courses**, edition 2015, 2016 & 2017;

Practical tutor in:

1. **Sport Rehabilitation: Critical thinking and Dynamic Practice. P.Glasgow** Italian edition 2014-2015; Swiss edition 2016 and 20218;

Other positions:

1. **Quality Assurance responsible person** – Kinè – Physiotherapy, Movement Analysis and Orthopaedic center since 2017 up now
2. **Ice Hockey Italian National Team Covid Manager FISG** – World Championship 2021-2022, Olympic qualification tournament 2022

3. **Physiotherapy Service responsive person - Ice Hockey Italian national team FISG 2021-2022-2023-2024**

Educations:

1. **Bachelor degree in Physiotherapy**, December 2010 -2011, University of Verona (upgrade to new Italian academic system);
2. **PGC in Sport Physiotherapy**, 2008 – 2009, University of Genoa;
3. **Universitarian Diploma in Physiotherapy** , 2000 – 2002, University of Genoa;

Attending to: (principal courses)

1. **2021: PBFR course**
2. **2020: effective manager**
3. **2019: First Aid, Emergency management, risk management**
4. **2018: Advanced Sports Emergency Management Course, Groin Rehabilitation course (K.Thorborg)**
5. **2017: MSK Ultrasound, psychological aspect in rehabilitation**
6. **2016: Spinal Manipulation (Spinal Manipulation Institute), Dryneedling course (C.De la Pena), running Injuries, tutorship, cyclist rehabilitation, muscle Injuries (P.Glasgow)**
7. **2015: Fibrolisis diacutanea, physiogolftrainer**
8. **2014: Groin pain course, Spinal Manipulation (T.Flynn)**
9. **2013: Sport rehabilitation: Critical thinking and Dynamic Practice (P.Gasgow)**
10. **2012: Scientiic Therapeutic Exercices Progress (Ola Grimsby institute)**
11. **2010: Neurodynamic technique (NOI), Understanding and treating lower limb tendinopathies (J.COOK)**
12. **2009: postural system approach, pilates, taping refresh courses**
13. **2008: hand rehabilitation**
14. **2007: kinesio taping , fascial manipulation (STECCO)**
15. **2005: Cyriax technique**
16. **2004: Kabat methodic, functional taping**

Participation in scientific publications:

1. **The SportsComp Erasmus+ project. An initial WP2 Protocol Overview: The International and Multidisciplinary Delphi and Qualitative Study – IJSPT 2024**
2. **The Sportscomp Erasmus+ Project: Higher Education to Improve Competency in Sports Physiotherapy – (first author) IJSPT 2024**
3. **What is the Injury Incidence and Profile in Professional Male Ice Hockey? A Systematic Review – IJSPT 2023;**
4. **Motor learning principles during rehabilitation after anterior cruciate ligament injury: Time to create an enriched environment to improve clinical outcome – Arthroscopie 2023;**
5. **Sports injury prevention programmes from the sports physical therapist's perspective: An international expert Delphi approach - Physical Therapy in Sport 2022;**

6. **The Relationship between Kinesiophobia and Return to Sport after Shoulder Surgery for Recurrent Anterior Instability** – JOINTS 2021;
7. **Translation, cross-cultural adaptation and validation of the Italian version of the anterior cruciate ligament-return to sport after injury (ACL:RSI) scale** – KSSTA 2020;
8. **Psychometric properties of three different scales for subjective evaluation of shoulder pain and dysfunction in Italian patients after shoulder surgery for anterior instability** – JSES 2018;
9. **The degree of Shoulder Involvement in Sports (DOSIS) scale is a valid and responsive instrumentation for shoulder assessment in patients after surgery for anterior instability** – KSSTA 2017;
10. **ISMULT First-time Patellar dislocation Guidelines** – M.L.T.J. 2017;
11. **ISMULT Guidelines for muscle injuries** – M.L.T.J. 2014;
12. **Muscle Injuries: A Brief Guide to Classification and Management** - Transl Med UniSa 2014;

Participation in editorial publications/books:

1. **IL LEGAMENTO CROCIATO ANTERIORE *Dall'evidenza alla pratica*** POSER ANTONIO, RAMPONI CARLO, VASCELLARI ALBERTO. Edra 2023;
2. **LA SPALLA Dall'inquadramento diagnostico alla gestione terapeutica** (Author of RTS Chapter) – Edra 2021;

Committee work:

1. CO-OWNER AND RESPONSIBLE PERSON OF KINÈ REHAB CENTER – TREVISO SINCE 2018
2. SPORTSCOMP ERASMUS+ PROJECT MANAGER MEMBER 2023-2026
3. IFSPT EB VICE PRESIDENT SINCE 2021 TO NOW
4. IFSPT EB MEMBER AT LARGE SINCE 2017 TO 2021
5. CHAIR OF ITA SPT CERTIFICATION SINCE 2015 TO 2021
6. PRESIDENT GISPT SINCE 2012 TO 2018.
7. EB ITALIAN PT REGIONAL ASSOCIATION (LIGURIA, VENETO) FROM 2008 TO 2017
8. EB MEMBER GISPT FROM 2008 TO NOW
9. MEMBER OF SOME NATIONAL & INTERNATIONAL SPORT MEETINGS COMMITTEE IN ITALY FROM 2004 TO 2010
10. MEMBER OF RIABILITATION COMMITTEE – ISMULT SCIENTIFIC SOCIETY FROM 2014 TO 2019
11. REVIEWER IN IJSPT SINCE 2019

English proficiency: **B2**