

**SARA GIORDANO**  
Curriculum vitae

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**EDUCATION**

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**Master's degree in Cognitive Neuroscience (LM-51)**

Faculty of Medicine and Psychology, La Sapienza, University of Rome

Thesis: "Children's effortful control and socio-emotional adjustment: an empirical contribution"

Vote: 110/110 cum laude

Advisor: Prof. Laura Di Giunta

**Date:** 25/11/2022

**Bachelor's degree in Sciences and Techniques of Psychology (L-24)**

Faculty of Psychology, University of Torino

Thesis: "Emotions and feeling: interchangeable or correlated? The hypothesis of Antonio Damasio."

Vote: 104/110

Advisor: Prof. Benedetto Sacchetti

**Date:** 27/08/2019

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**RESEARCH EXPERIENCES**

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**Project title "Icehearts Europe"**

Funded by an EU4Health Action Grant.

Italian National Institute of Health.

**PI:** Ilaria Luzi, Prof. Giovanni Capelli, Prof. Antonella Gigantesco, *Italian National Institute of Health*.

**Role:** Research assistant

**Activities:** The aim of the project was to implement a prevention and support program with an approach based on sports and play-sports activities to prevent social exclusion, promote health and emotional well-being, improve social skills, foster resilience and life skills, and develop competencies that enable participants to face life with greater personal resources.

- I was involved in the development of the project model and implementation guide together with the team from the Italian National Institute of Health.
- I attended online meetings with the European partners to coordinate the work.

**Date:** January 2023 – January 2024 (750 hours)

**Project title "Childhood Risk Factors and Young Adult Competence",**

International Longitudinal Project.

Supported by "National Institute of Health – National Institute of Child Health and Human Development", USA; Jacobs Foundation, Switzerland; CIRMPA (Interuniversity Center for Research on Genesis and Development of Prosocial and Antisocial Motivations), Italy.

**PI:** Prof. Jennifer Lansford, *Duke University*. PI of Colombian team: Prof. Liliana Maria Uribe Tirado, *Universidad de San Buenaventura, Medellin*. Research Associate: Prof. Laura Di Giunta, *Sapienza University of Rome*.

**Role:** Research Assistant

**Activities:**

- I worked with the Colombian team on the qualitative data collected with interviews conducted in Spanish on 7 Colombian family triads using the software ATLAS.ti;
- I collaborated with the other international partners (Sweden, Philippines, Thailand) to create a codebook for all the cross-cultural groups.

**Date:** May 2022 – November 2022

**Project Title: “A Virtual Agent Group Facilitator for a Holistic Student-Centric Approach to Academic and Socio-Emotional Learning”**

Funded by 2020 Jacobs Foundation COVID-19 Education Challenge Research Grant. Jacobs Foundation, Switzerland.

**PI:** Prof. Laura Di Giunta, *La Sapienza, Rome*. Prof. Goren Gordon, *Tel Aviv University; Israel*.

**Role:** Research assistant

**Activities:** I contributed to:

- the preparation of the activity for the participants, the preparation of the battery of measures to be administered to parents, teachers, and children.
- I was involved in the data collection implemented in Rome (2022).

**Date:** January 2022-September 2022

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## POST GRADUATE STUDIES

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**Topic:** "Protecting Human Research Participants"

NIH, Online Training

**Date:** 26/01/2024

**Topic:** “Introduzione ai modelli di equazioni strutturali con Mplus”

“La Sapienza” University of Rome, Department of Psychology, Italy

**Level:** seminar-course

**Teaching Professor:** Prof. Michele Vecchione, Ph.D.

**Date:** 15-17/01/2024

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## PROFESSIONAL EXPERIENCE

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### Volunteer Experience

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*Department of Psychology, Faculty of Medicine and Psychology, Sapienza University of Rome.*

Liceo Scientifico Tullio Levi Civita, Rome

**Supervisor:** Prof. Laura Di Giunta

**Role:** Teaching assistant

**Activities:** “PTCO – Percorsi per le competenze trasversali e l’orientamento” [Pathways for transversal competences and orientation] (previously called “Alternanza Scuola Lavoro” [Alternating school and work]). Those are projects promoted by the Italian Ministry of Education to integrate high school students’ academic pathways with knowledge and experience of career practices, through a system of compulsory stages in private and public enterprises.

- I was responsible of preparing some of the activities for a course entitled “Studiare la personalità” [Studying personality] and a course entitled “Workings of the mind”. *Target audience:* 50 high school students for **35 hours**.
- During the lessons, I served as teaching assistant working with the students in sub-groups, about the first course, on the individual and the contextual factors that promote adolescents' academic and socio-emotional learning, about the second course, on the personality profile of the researcher in psychology, highlighting the importance of the positive attitudes toward foreign languages and studying abroad experiences.

**Date:** October-December 2022

*AFS/Intercultura ODV*

**Role:** Local Volunteer coordinator for abroad programs

**Activities:**

- I was in charge of coordinating sending programs in my local chapter, organizing the selection process for the applicants to the program abroad and organizing the orientation and the preparation training in order to ensure them a positive personal, cultural and academic inclusion in their future host country.
- I collaborated with other local volunteers in order to organize Intercultura's presence on media and social media with the, identifying the best opportunities to make Intercultura known and appreciated as a nonprofit volunteer organization that offers educational experiences.

**Date:** 2017 – ongoing

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## **Work Experience**

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*ALTEYA Onlus*

6-month work contract

**Role:** Educator

**Activities:** As an educator for minors, I worked with six families, encompassing a total of 9 minors. Among my main responsibilities were:

- providing support to families, creating an environment conducive to the growth and well-being of all members;
- working with all family members to promote the development of emotional skills, fostering open communication and a positive family environment;
- collaborating with social services and other professionals to ensure an integrated and comprehensive approach in supporting families.

**Date:** March 2023 – August 2023

*Department of Psychology, Faculty of Medicine and Psychology, Sapienza University of Rome.*

University scholarship

**Role:** Peer tutor

**Activities:** my responsibilities were:

- teaching laboratory classes to bachelor Psychology students focused on the topic of biofeedback;
- collaborating with Professors to plan classes;
- coordinating the work with other tutors.

**Date:** February – April 2022 (3 months) and October 2022 (1 month)

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## **SCHOLARHIPS**

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### **Competition-based scholarship for master's degree students**

*Department of Psychology, Faculty of Medicine and Psychology, Sapienza University of Rome.*

Thanks to this scholarship I had the chance to work as a Peer Tutor for Bachelor Psychology Students, teaching laboratory classes on the topic of Biofeedback.

**Date:** February – April 2022 (3 months) and October 2022 (1 month)

### **Competition-based scholarship for an exchange year**

*AFS Intercultura ODV*

I was awarded an AFS/Intercultura scholarship to study abroad for one academic school year (year 4 of High School) in the Dominican Republic.

**Date:** August 2014 – July 2015

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## COMPUTER SKILLS

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**Statistical software:** MPlus, SPSS

**Qualitative analysis software:** ATLAS.ti

**Survey platforms:** Qualtrics

**Other programs:** Office, OpenOffice, Windows

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## LANGUAGES

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**Italian:** Mother Tongue

**English:** *Understanding: C1; Speaking: C1; Writing: C1*

**Spanish:** *Understanding: C1; Speaking: C1; Writing: C1*

**French:** *Understanding: B2; Speaking: B2; Writing: B2*

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**PRESENTATIONS IN NATIONAL CONGRESS**

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2022

1. Riccioni, C., Comitale, C., Virzì, A.T., **Giordano, S.**, Gliozzo, G., Lunetti, C., & Di Giunta, L. (2022). "Profiles of school-aged children's socio-emotional competences: a multi-informant preliminary study". Poster presented at the International Conference organized by CIRMPA - Centro interuniversitario per la ricerca sulla genesi e sullo sviluppo delle motivazioni prosociali e antisociali (Interuniversity Centre for Research in the Genesis and Development of Prosocial and Antisocial Motivations), entitled "Development of prosocial and aggressive conducts: understanding and interventions", Florence, Italy, May the 6th, 2022.
2. **Giordano S.**, Di Giunta L., Riccioni C., Gordon G. (2024). "Children's Effortful Control and Socio-Emotional adjustment". Presented at the international Congress organized by CIDECS entitled "I Congreso Internacional para el Desarrollo de Competencias Socioemocionales". Online Congress, 22 and 23 of February, 2024.