

# Curriculum Vitae - Mattia Bisconti (He/Him/His)

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## **SHORT BIO**

Mattia Bisconti, MSc physiotherapist, is a clinician with a specialisation in the management of musculoskeletal, rheumatological and sports pathologies. In addition to his clinical practice, he engages in research and provides contract teaching at several Italian and foreign universities, including the University of Rome La Sapienza, the University of Molise, the University of Florence, and Duquesne University of Pittsburgh.

His research interests lie in the fields of gender medicine and the social aspects of pain in the context of rheumatological and musculoskeletal diseases. In particular, he is interested in the impact of social factors such as discrimination, minority stress and access to care on people's health and quality of life, and in developing strategies to enhance the quality of health and social services provided by health professionals.

He has published six scientific articles and presented at numerous conferences in Italy. He currently serves as the president of the Italian Association of Physiotherapy's Group of Specialist Interest in Musculoskeletal and Rheumatological Physiotherapy (IFOMPT MO - WhorlPhysiotherapy - WHO).

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## **QUALIFICATIONS**

**2021 - 2022**

**University of Mediterraneo (LUM) - Bari, Italy**

Master's Degree in **Coordination and Management of Health Professions**

**Thesis:** 'implementation of soft skills for healthcare personnel. What benefit for the company?

A case study in UPMC - Italy

Supervisor: Dr. Cipriana Mengozzi

**110/110 cum Laude**

**2017 - 2019**

**University of Florence, Florence, Italy**

MSc in **Health Professional Rehabilitation Sciences**

**Thesis:** 'Gender Medicine and Physiotherapy: A Need for Education. Findings from an Italian National Cross Sectional Study'

Supervisor: Patrizia Galantini PT.

**108/110**

**2014 - 2015**

**University of Genova, Genova, Italy**

Master's Degree in **Rheumatic and Musculoskeletal Diseases Rehabilitation**

**Thesis:** 'Migraine and non-pharmacological treatments: a literature review

Supervisor: Angie Rondoni PT

**110/110 cum Laude**

**2011 - 2012**

**University of Pisa, Pisa, Italy**

Master Degree in **Sport Physiotherapy**

**Thesis:** 'The effectiveness of core training in athletes with acute low back pain. A literature review'

Supervisor: Emanuele Giannini PT.

**110/110 cum Laude**

**2007 - 2010**

**University of Bari, Bari, Italy**

BSc in **Physiotherapy**

**Thesis:** 'The effectiveness of Kinesio tape in addition to usual care in patients with ankle sprains. a case study'

Supervisor: Cristina del Prete MD

**110/110 cum Laude (First Class Honours)**

## **WORKING POSITIONS**

### **2010 - Present**

Private Self-Employed Registered Physiotherapist (full time - Registration N. 714)

### **2022 - Present**

President of the Specialist Interest Group Musculoskeletal and Rheumatology Physiotherapy (GTM - AIFI)

### **2015 - 2022**

National Board of Musculoskeletal and Rheumatology Physiotherapy Specialist Interest Group (GTM - AIFI)

### **2016 - 2018**

Educational tutor - physiotherapist | CRIS - education and development research centre - Poggiardo (le) / San Raffaele university - Rome (RM), Italy

## **PEER REVIEWED JOURNAL PUBLICATIONS**

- 1) **Bisconti M**, Esposto M, Tamborrino A, Brindisino F, Giovannico G, Salvioli S. Is Social Support Associated With Clinical Outcomes in Adults With Nonspecific Chronic Low Back Pain? A Systematic Review. Clin J Pain. 2024 Oct 1;40(10):607-617. doi: 10.1097/AJP.0000000000001239. PMID: 39268726.
- 2) Massimo Esposto, Gabriele Anella, Leonardo Pellicciari, **Mattia Bisconti**, Giuseppe Giovannico, Andrea Polli, Matteo Cioeta, Do patients with fibromyalgia syndrome receive updated management strategies? A web-based survey among Italian physiotherapists, Musculoskeletal Science and Practice, Volume 75,2025,103240, ISSN 2468-7812, <https://doi.org/10.1016/j.msksp.2024.103240>.
- 3) **Bisconti M**, Venturin D, Bianco A, Capurso V, Giovannico G. Understanding Contextual Factors Effects and Their Implications for Italian Physiotherapists: Findings from a National Cross-Sectional Study. Healthcare (Basel). 2021 Jun 7;9(6):689. doi: 10.3390/healthcare9060689. PMID: 34200302; PMCID: PMC8226546.
- 4) Maselli F, Storari L, Barbari V, Rossetini G, Mourad F, Salomon M, **Bisconti M**, Brindisino F, Testa M. Can Haglund's Syndrome Be Misdiagnosed as Low Back Pain? Findings from a Case Report in Physical Therapy Direct Access. Healthcare (Basel). 2021 Apr 28;9(5):508. doi: 10.3390/healthcare9050508. PMID: 33925090; PMCID: PMC8146853.
- 5) Storari L, Signorini M, Barbari V, Mourad F, **Bisconti M**, Salomon M, Rossetini G, Maselli F. A Thoracic Outlet Syndrome That Concealed a Glioblastoma. Findings from a Case Report. Medicina (Kaunas). 2021 Aug 30;57(9):908. doi: 10.3390/medicina57090908. PMID: 34577831; PMCID: PMC8468880.

- 6) **Bisconti M**, Brindisino F, Maselli F. Gender Medicine and Physiotherapy: A Need for Education. Findings from an Italian National Survey. Healthcare (Basel). 2020 Nov 27;8(4):516. doi: 10.3390/healthcare8040516. PMID: 33261183; PMCID: PMC7711877.

## **CHAPTERS IN BOOKS**

Signani F, **Bisconti M**, Visintin E.P. Tailor-made health. The knowledge needed for gender-sensitive health', **Chapter**: Approaching sex/gender differences in physiotherapy-2024. Publisher: Mimesis. IN PRESS

Youssef S, Graffiedi S, **Bisconti M**, Poser A, Rossi A, Salomon. The shoulder. From diagnostic framing to therapeutic management. **Chapter**: Therapeutic Exercise for the shoulder. 2021. Publisher: Edra. ISBN-13 : 978-8821453335.

## **SUCCESSFUL FUNDING APPLICATIONS**

**2024**

**AIFI - Associazione Italiana di Fisioterapia** (Technical Scientific Association recognised by the Italian Ministry of Health): € 10.000,00

**Project Name**: Experience of physiotherapy in the LGBTQIA+ population: an Italian Mixed-Method study

**Role**: Principal Investigator

## **ORAL PRESENTATIONS**

Sept 2024 - Bologna, Italy

Professional Association of Physiotherapists (OFI) II Congress 2024

**Intervention**: 'Gender Physiotherapy for Low Back Pain"

May 2024 - Rome, Italy

Duquesne University Physiotherapy II World Summit 2024

**Intervention**: Bridging musculoskeletal physiotherapy to innovation - A Psychological Informed Physical Therapy approach

May 2024 - Florence, Italy

Professional Association of Physiotherapists (OFI) II Congress 2024

**Intervention**: Gender Medicine and Physiotherapy - specific approach for transgender people

Dec 2023 - Rome, Italy

National Federation of the Order of Physiotherapists (FNOFI) I Congress 2024

**Intervention**: Physiotherapy in the psycho-emotional aspects associated with persistent non-specific low back pain

Apr 2023 - Campobasso, Italy

Specialist Interest Group for Manual Therapy and Musculoskeletal Physiotherapy (GTM - AIFI) XXI Congress 2023

**Intervention:** The relevance of the social aspects of pain: promoting a pathway of fair and appropriate care in physiotherapy

Sept 2022 - Rome, Italy

Senate of the Italian Republic - World Physiotherapy Day 2022

**Intervention:** Rheumatic diseases and osteoarthritis - The role of physiotherapy

May 2021 - Rimini, Italy

National Federation of Professional Orders of Health Professions II Congress

**Intervention:** Gender Medicine and Physiotherapy - need for education

Dec 2020 - Online, Italy

Specialist Interest Group for Manual Therapy and Musculoskeletal Physiotherapy (GTM - AIFI) XVIII Congress 2020

**Intervention:** What's new? Gender medicine in Physiotherapy

Sept 2019 - Rome, Italy

1st physiotherapy course ISMULT Italian Society of Muscles Ligaments and Tendons 2019

**Intervention:** Gonarthrosis: Current evidence in musculoskeletal physiotherapy

June 2019 - Rome, Italy

Regional Congress Italian Physiotherapy Association (AIFI) Lazio Region 2019

**Intervention:** The management of the patient with spinal problems - Pain modulation strategies in musculoskeletal physiotherapy

Dec 2017 - Genoa, Italy

Regional Congress Italian Physiotherapy Association (AIFI) Liguria Region

**Intervention:** Clinical approach for the treatment of Low Back Pain, where expertise and best practice meet

June 2017 - Rome, Italy

2nd GISPT International Conference - Advances in Sports Rehabilitation

**Intervention:** Peripheral manipulation in sport

May 2017 - Bari, Italy

Regional Congress Italian Physiotherapy Association (AIFI) Puglia Region

**Intervention:** Is chronic pain really only a matter of time?

May 2017 - Campobasso, Italy

Regional Congress Italian Physiotherapy Association (AIFI) Molise Region

**Intervention:** The unstable shoulder, evaluation and treatment proposals

## **CHAIR'S ROLES**

September 2024 - Lecce, Italy

Professional Association of Physiotherapists Congress 2024

**Chair for the session:** Scalpel or no scalpel this is the dilemma

November 2021 - Verona, Italy

Italian Association of Physiotherapy Congress 2021

**Chair for the session:** Strategies to influence musculoskeletal tissue plasticity

## **HIGHER EDUCATION TEACHING EXPERIENCES**

### **2024- Present**

University of Florence, Florence, Italy | 4 hours

Adjunct professor at **BSc in Physiotherapy - 3<sup>rd</sup> year**

Seminar: **Gender Medicine in Physiotherapy**

### **2022- Present**

Duquesne University of Pittsburgh, Pittsburgh, USA |12 hours

Teaching assistant for the postgraduate course in Musculoskeletal Physiotherapy

Course: **Clinical cases in musculoskeletal physiotherapy**

### **2021 – Present**

University of Molise, Campobasso, Italy | 24 hours

Adjunct professor at **BSc in Physiotherapy - 2<sup>nd</sup> year**

Course: **Physiotherapy in Rheumatic Pathology**

University of Molise, Campobasso, Italy | 12 hours

Adjunct professor at **BSc in Physiotherapy - 2<sup>nd</sup> year**

Course: **Gender Medicine in Physiotherapy**

University of Rome Sapienza, Rome, Italy | 40 hours

Adjunct lecturer at the **Master's Degree Course in Musculoskeletal and Rheumatology Physiotherapy**

Teaching assistant for the lumbar module

### **2018 – Present**

University of Molise, Campobasso, Italy | 80 hours

Adjunct lecturer at the **Master's Degree Course in Musculoskeletal and Rheumatology Physiotherapy**

Teaching assistant for the 'thoracic-lumbar pelvic' module

## **UNDERGRADUATE AND MASTERS THESIS SUPERVISION**

**2024**

**Lunex University** - Master's degree in Rheumatic and Musculoskeletal Disorders  
Rehabilitation  
External Examiner - Master's degree dissertations

**2021 - Present**

**University of Rome Sapienza** - Master's degree in Rheumatic and Musculoskeletal Disorders  
Rehabilitation  
Supervisor Master's degree dissertations

**2021 - Present**

**University of Molise** - BSc degree in Physiotherapy  
Supervisor BSc degree dissertations

**2018 - Present**

**University of Molise** - Master's degree in Rheumatic and Musculoskeletal Disorders  
Rehabilitation  
Supervisor Master's degree dissertations

## **JOURNAL REVIEWER**

**2021**

**Reviewer** for *Frontiers in Medicine (Speciality Section: Geriatric Medicine)*

Pasini E, Corsetti G, Romano C, Scarabelli TM, Chen-Scarabelli C, Saravolatz L, Dioguardi FS. Serum Metabolic Profile in Patients With Long-Covid (PASC) Syndrome: Clinical Implications. *Front Med (Lausanne)*. 2021 Jul 22;8:714426. doi: 10.3389/fmed.2021.714426. PMID: 34368201; PMCID: PMC833940

## **PARTICIPATION TO CONFERENCES**

July 2024 - Basel, Switzerland

International Federation of Manual and Musculoskeletal Physiotherapy (IFOMPT - WP - WHO) - World Congress for Manual and Musculoskeletal Physiotherapy

Apr 2023 - Bologna, Italy

Italian Association of Physiotherapy: 3<sup>rd</sup> International Scientific Congress

Oct 2022 - Palermo, Italy

Italian Association of Physiotherapy: 2<sup>nd</sup> International Scientific Congress

Nov 2021 - Verona, Italy

Italian Association of Physiotherapy: 1<sup>st</sup> International Scientific Congress

Oct 2017 - Rome, Italy

International Scientific Conference A.I.F.I.: 'Therapeutic Exercise: Foundations, Evidences and Clinical Reasoning in Physiotherapy Practice'

## **TRANSLATIONS**

Maselli F, **Bisconti M**, Brindisino F, Cataldi F, Garzonio F, Pennella D, Tavarnelli M. Atlas of Palpatory Anatomy - Superior Limb by Serge Tixa - Volume 1 - 4th edition. 2017 Publisher: Edra. ISBN-13: 978-8821446795

Maselli F, **Bisconti M**, Brindisino F, Cataldi F, Garzonio F, Pennella D, Tavarnelli M. Atlas of Palpatory Anatomy - Lower Limb by Serge Tixa - Volume 2 - 5th edition. 2017 Publisher: Edra. ISBN-13: 978-8821446689

## **COURSES**

2022 - Lugano, Switzerland | 4 h

SUPSI University

Course: Postgraduate Course in Woman Health - Gender medicine and Physiotherapy

2017 - Milan, Italy | 4 h

Course accredited by the Ministry of Health - code No. 5-150133

Course: Fundamentals of Physiotherapy in Rehabilitation musculoskeletal rehabilitation  
- The management of osteoarthritic pathology

## **AFFILIATIONS**

**ForRHEUMA** | Italian Forum of the Health Professionals in Rehabilitation

**AIFI** | Italian Association of Physiotherapy

**GTM** | Specialist interest group in manual therapy and musculoskeletal physiotherapy

**EngHea** | Engendering Health social promotion association



## **REFEREES**

Name and Surname	Position	University	Email
Prof Germano Guerra	Full Professor	University of Molise	<a href="mailto:germano.guerra@unimol.it">germano.guerra@unimol.it</a>
Prof Andrea Turolla	Associate Professor	University of Bologna	<a href="mailto:andrea.turolla@unibo.it">andrea.turolla@unibo.it</a>
Dr Simone Cecchetto	Adjunct lecturer	University of Trento	<a href="mailto:Simone.cek@gmail.com">Simone.cek@gmail.com</a>
Prof Fulvia Signani	Adjunct lecturer	University of Ferrara	<a href="mailto:sgnflv@unife.it">sgnflv@unife.it</a>

## **LANGUAGES**

Language	Reading	Speaking	Writing	Listening
Italiano	Native Speaker	Native Speaker	Native Speaker	Native Speaker
English	C1	C1	C1	C1
French	A1	A1	A1	A1