

INFORMAZIONI PERSONALI

|                        |                                                             |
|------------------------|-------------------------------------------------------------|
| Nome / Cognome         | Filippo Maselli                                             |
| Professione            | Fisioterapista (Disciplina ECM: Fisioterapista)             |
| Qualifiche / Titoli    | PT, MSc, PhD, OMPT, Cert. SMT, Cert. VRS, Cert. UN, Dip. FM |
| Ente di appartenenza   | Direzione Regionale Puglia INAIL                            |
| Indicatori Scientifici | H-Index: 17   ASN Professore Associato MED48 (2024–2035)    |

ESPERIENZA LAVORATIVA E INCARICHI

|                       |                                                                                                                                                                             |
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| 01/02/2005 – In corso | <b>Fisioterapista</b><br><i>Sovrintendenza Sanitaria Regionale Puglia INAIL</i>                                                                                             |
| 2025 – 2027           | <b>Vicepresidente Nazionale</b><br><i>AIFI - Associazione Italiana di Fisioterapia</i>                                                                                      |
| In corso              | <b>Coordinatore Master IFOMPT</b><br><i>Sapienza Università di Roma</i>                                                                                                     |
| In corso              | <b>Senior Lecturer in Musculoskeletal &amp; Rheumatological Physiotherapy</b><br><i>Sapienza Università di Roma (UNIROMA1) e Università degli Studi del Molise (UNIMOL)</i> |
| 2016 – 2022           | <b>Past President</b><br><i>GTM-AIFI (IFOMPT MO)</i>                                                                                                                        |
| 2021 – 2024           | <b>Delega Nazionale AIFI per gli Studenti</b><br><i>AIFI - Associazione Italiana di Fisioterapia</i>                                                                        |
| Incarichi Passati     | <b>Past Senior Lecturer in Musculoskeletal &amp; Rheumatological Physiotherapy</b><br><i>Università degli Studi di Genova (UNIGE)</i>                                       |

ISTRUZIONE E FORMAZIONE

|                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
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| Dottorato                  | <b>PhD in Neuroscience</b><br><i>Università degli Studi di Genova</i>                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Master (In corso)          | <b>Master in Emergency Medicine</b><br><i>Università LUM</i>                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Master Universitari        | <ul style="list-style-type: none"><li>• <b>Master in Rehabilitation of the Musculoskeletal Disorder</b> – Università di Genova</li><li>• <b>Master in Project Manager in Health</b> – Università degli Studi di Foggia</li><li>• <b>Master in Coordination of Health Rehabilitation Professions</b> – Sapienza Università di Roma</li><li>• <b>Master in Methodologies and Technology to Support Engagement and Communication with the Patient</b> – Università Niccolò Cusano</li></ul> |
| Certificazioni Post-Laurea | <ul style="list-style-type: none"><li>• <b>PG Cert. Human Nutrition</b> – Università degli Studi di Bari</li><li>• <b>PG Cert. Manual Therapy</b> – Curtin University (Perth, Australia)</li></ul>                                                                                                                                                                                                                                                                                       |

ATTIVITÀ EDITORIALE E SCIENTIFICA

|                        |                                                                                                                                                |
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| Editorial Board Member | <ul style="list-style-type: none"><li>• <i>BMC Musculoskeletal Disorders</i></li><li>• <i>Frontiers in Musculoskeletal Disorders</i></li></ul> |
| Reviewer Board Member  | <i>Healthcare, Journal of Clinical Medicine</i>                                                                                                |
| International Reviewer | JBMR, JOSPT, PT&P, BMJ CR, JMMT, CRO, CRI, CRM, JSMPF, IJSM                                                                                    |

COMPETENZE PERSONALI

Lingua madre

Altre lingue

Italiano

Inglese

Competenze organizzative e gestionali

| COMPRENSIONE |         | PARLATO     |                  | SCRITTURA |
|--------------|---------|-------------|------------------|-----------|
| Ascolto      | Lettura | Interazione | Produzione orale |           |
| C1/C2        | C1/C2   | C1/C2       | C1/C2            | C1/C2     |

Livelli: A1/A2: Utente base - B1/B2: Utente autonomo - C1/C2: Utente avanzato (Quadro Europeo di Riferimento delle Lingue)

- Coordinamento di corsi di Master Universitari e attività didattico-formative superiori.
- Leadership associativa nazionale (Vicepresidente AIFI, Past President GTM-AIFI).
- Project Management in ambito sanitario.

PUBBLICAZIONI SCIENTIFICHE (SELEZIONE)

|                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
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| Elenco Pubblicazioni | <ol style="list-style-type: none"><li>1. Lopez G, Landino L, Faletra A, Maselli F, et al. Knowledge, Attitude and Practice of Italian Physiotherapists When Prescribing Exercise for People With Non-Specific Neck Pain: A National Survey. <i>Musculoskeletal Care</i>. 2025 June;23(2):e70115.</li><li>2. Ricupito R, Grassi A, Mourad F, Di Filippo L, Gobbo M, Maselli F. Anterior Cruciate Ligament Return to Play: "A Framework for Decision Making". <i>J Clin Med</i>. 2025 Mar 21;14(7).</li><li>3. Zitti M, Mantia A, Garzonio F, Raffaele G, Storari L, Paciotti R, Fiorentino F, Andreutto R, Maselli F. Motor Control Exercises and Their Design for Short-Term Pain Modulation in Patients with Pelvic Girdle Pain: A Narrative Review. <i>Healthcare (Basel)</i>. 2025 Mar 6;13(5).</li><li>4. Cervellini M, Feller D, Maselli F, Rossettini G, Cook C, Tabrah J, Chauhan RV, Taylor A, Kerry R, Young I, Dunning J, Hutting N, Mourad F. Understanding degenerative cervical myelopathy in musculoskeletal practice. <i>J Man Manip Ther</i>. 2025 Mar 4;:1-17.</li><li>5. Zitti M, Regazzetti M, Federico S, Cieslik B, Cacciante L, Maselli F, Storari L, Ricci A, Pregolato G, Kiper P. Effectiveness of Virtual Reality for Pain Management in Musculoskeletal Disorders Across Anatomical Regions: A Systematic Review and Meta-Analysis. <i>Musculoskeletal Care</i>. 2025 Mar;23(1):e70041.</li><li>6. Giannotta G, Lillo V, Cioeta M, Maselli F, Giovannico G, Heick J. Acute pleurisy mimicking neck pain in a young volleyball player: a case report. <i>Physiother Theory Pract</i>. 2025 Feb;41(2):465-472.</li><li>7. Cefali A, Santini D, Lopez G, Maselli F, Rossettini G, Crestani M, Lullo G, Young I, Dunning J, de Abreu RM, Mourad F. Effects of Breathing Exercises on Neck Pain Management: A Systematic Review with Meta-Analysis. <i>J Clin Med</i>. 2025 Jan 22;14(3).</li><li>8. Mannarini M, Maselli F, Giannotta G, Cioeta M, Giovannico G. Low back pain as main symptom in Low-grade Appendiceal Mucinous Neoplasm (LAMN): A case report. <i>Physiother Theory Pract</i>. 2025 Jan;41(1):230-238.</li><li>9. Franceschi G, Scotto I, Maselli F, Mourad F, Gallotti M. Hands-On Versus Hands-Off Treatment of Hip-Related Nonspecific Musculoskeletal Diseases: A Systematic Review. <i>J Funct Morphol Kinesiol</i>. 2024 Dec 7;9(4).</li></ol> |
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10. Feller D, Chiarotto A, Koes B, Maselli F, Mourad F. Red flags for potential serious pathologies in people with neck pain: a systematic review of clinical practice guidelines. *Arch Physiother*. 2024 Jan-Dec;14:105-115.
11. Mourad F, Scotto I, Dunning J, Giudice A, Maritati G, Maselli F, Kranenburg R, Taylor A, Kerry R, Hutting N. Recognition of a patient with neck autonomic dysfunction: findings from a rare case report of harlequin syndrome in direct access physiotherapy. *J Man Manip Ther*. 2024 Dec;32(6):646-653.
12. Asquini G, Pisacane G, Maselli F, Galeoto G, Mourad F, Bizzarri P, Balli E, Bagnoli C, Manzari A, Pernici M, Giusti A, Falla D. Effectiveness of resistance training of masticatory muscles for patients with temporomandibular disorders: protocol for a systematic review. *BMJ Open*. 2024 Oct 16;14(10):e083133.
13. Serio R, Bertoni G, Andreoletti F, Maselli F, Testa M, Battista S. High-Velocity Low-Amplitude Techniques for the Management of Discogenic Lumbosacral Radicular Syndrome: A Systematic Review. *J Manipulative Physiol Ther*. 2023 Jun-Dec;46(5-9):346-356.
14. Dunning J, Mourad F, Bliton P, Charlebois C, Gorby P, Zacharko N, Layson B, Maselli F, Young I, Fernández-de-Las-Peñas C. Percutaneous tendon dry needling and thrust manipulation as an adjunct to multimodal physical therapy in patients with lateral elbow tendinopathy: A multicenter randomized clinical trial. *Clin Rehabil*. 2024 Aug;38(8):1063-1079.
15. Barbari V, Carbone MM, Storari L, Testa M, Maselli F. The Effectiveness and Optimal Dose of Resistance Training in Patients With Subacute and Persistent Low Back-Related Leg Pain: A Systematic Review. *Cureus*. 2024 Mar;16(3):e57278.

(Per l'elenco completo delle oltre 70 pubblicazioni si rimanda al profilo scientifico completo e ai database indicizzati).