



# Alessandra Ragona

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Nationality: Italian

## EDUCATION AND TRAINING

[ 11/2023 – Current ]

### PhD Candidate

**Sapienza University of Rome – Department of Developmental and Socialization Processes**

City: Rome | Country: Italy | Level in EQF: EQF level 8

**Focus:** aggressive and risk behaviours in adolescence, including sexting, cyberbullying, dating violence, and revenge porn in relation to psychosocial variables such as personality and moral disengagement.

**Visiting period:** 3 months at the *University of Seville* (March–May 2025), under the supervision of Prof. Noelia Muñoz Fernández.

[ 03/2022 – 07/2022 ]

### Excellence Programm

**Sapienza University of Rome**

City: Rome | Country: Italy

Selected as a high-achieving student to participate in an advanced training and research-intervention programme involving participation in multidisciplinary and inter-university discussion groups on the topic of eating disorders.

[ 10/2020 – 07/2022 ]

### Master's Degree in Clinical Psychology

**Sapienza University of Rome**

City: Rome | Country: Italy | Final grade: 110/110 cum laude and Excellence Mention | Level in EQF: EQF level 7 | Thesis: Intimate Partner Violence and COVID-19: the representation of the phenomenon among anti-violence centre operators.

[ 10/2017 – 07/2020 ]

### Bachelor's Degree in Psychology and Health

**Sapienza University of Rome**

Final grade: 110/110 cum laude | Level in EQF: EQF level 6 | Thesis: Personality and Sexting: an empirical investigation using the HEXACO-60

## WORK EXPERIENCE

**Sapienza University of Rome**

City: Rome | Country: Italy

[ 10/2024 – 05/2025 ]

### Tutoring Collaboration Grant

The assignment involved supporting and promoting tutoring, teaching, and training activities. Responsible for the management and organization of *Additional Professionalizing Educational Activities (UAFP)* for students enrolled in the Psychology degree programmes.

**Sapienza University of Rome**

City: Rome | Country: Italy

[ 01/2022 – 06/2022 ]

### Tutoring Collaboration Grant

Teaching and tutoring activities within undergraduate psychology programmes.

Main responsibilities:

- Management of advanced educational laboratories for Bachelor's degree courses

- Tutoring and training undergraduate students on the topic of **Biofeedback**
- Support to teaching and learning activities aimed at enhancing students' academic and professional skills

## HONOURS AND AWARDS

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- [ 09/2025 ] **Best Poster Award Awarding institution:** XIX Congress of the Social Psychology Section, Italian Psychological Association (AIP)
- [ 2025 ] **International Conference Grants Awarding institution:** Italian Psychological Association (AIP)  
Social Psychology and Developmental Psychology Sections
- [ 09/2024 ] **Best Poster "Erickson: Technology and Education" Award Awarding institution:** XXXV I Congress of the Developmental Psychology Section, Italian Psychological Association (AIP)
- [ 2022 ] **"Excellent Graduate" Award Awarding institution:** Sapienza University of Rome
- [ 2020 ] **Award for Academic Merit Awarding institution:** Sapienza University of Rome

## PUBLICATIONS

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- [ 2025 ] **More support for the dependency-resentment hypothesis**  
**Authors:** Wright, P. J., Tokunaga, R. S., Nappa, M. R., Chirumbolo, A., Cattelino, E., Ragona, A., Sciabica, G. M., & Morelli, M | **Journal Name:** Sexuality & Culture | **Volume, Issue and Pages:** (in press)
- [ 2025 ] [FoMO as a Predictor of Cyber Dating Violence among Young Adults: Understanding Digital Risk Factors in Romantic Relationships](#)  
**Reference:** Ragona, A., Morelli, M., Ruggeri, L., Cattelino, E., & Chirumbolo, A. (2025). FoMO as a Predictor of Cyber Dating Violence Among Young Adults: Understanding Digital Risk Factors in Romantic Relationships. *Societies*, 15(9), 258.  
**Journal Name:** Societies | **Volume, Issue and Pages:** 15(9), 258
- [ 2025 ] **Cyberbullying on Social Media Among Young Adults: Unraveling Online Dynamics**  
Nappa, M. R., Ragona, A., Sciabica, G. M., Juli, L., & Morelli, M. (2025). CYBERBULLYING ON SOCIAL MEDIA AMONG YOUNG ADULTS: UNRAVELING ONLINE DYNAMICS. *Psychiatria Danubina*, 37(Suppl 1), 201-206.  
**Authors:** Nappa, M. R., Ragona, A., Sciabica, G. M., Juli, L., & Morelli, M | **Journal Name:** Psychiatria Danubina | **Volume, Issue and Pages:** 37(Suppl 1), 201–206
- [ 2025 ] [Emotionally Tough, Sexting Rough: Investigating the Relationship Between Callous-Unemotional Traits and Aggravated Sexting in 11 Countries.](#)  
**Reference:** Morelli, M., Rosati, F., Cattelino, E., Urbinic, F., Baiocco, R., Bianchi, D., ... & Chirumbolo, A. (2025). Emotionally Tough, Sexting Rough: Investigating the Relationship Between Callous Unemotional Traits and Aggravated Sexting in 11 Countries  
**Authors:** Morelli, M., Rosati, F., Cattelino, E., Urbini, F., Baiocco, R., Bianchi, D., Laghi, F., Gasseau, M., Sorokowski, P., Drouin, M., Ragona, A., & Chirumbolo, A | **Journal Name:** Psicothema | **Volume, Issue and Pages:** 37(3), 33–44
- [ 2025 ] [Sexting Behaviors and Fear of Missing Out among Young Adults.](#)  
**Reference:** Morelli, M., Ragona, A., Chirumbolo, A., Nappa, M. R., Babore, A., Trumello, C., ... & Cattelino, E. (2025). Sexting Behaviors and Fear of Missing out Among Young Adults. *Behavioral Sciences*, 15(4), 454.  
**Authors:** Morelli, M., Ragona, A., Chirumbolo, A., Nappa, M. R., Babore, A., Trumello, C., Sciabica, G. M., & Cattelino, E | **Journal Name:** Behavioral Sciences | **Volume, Issue and Pages:** 15(4), 454.

- [ 2025 ] [Do Adolescent and Young Adult Sexters and Non-Sexters Have Distinct Value Orientations?](#)  
**Reference:** Morelli, M., Graziano, F., Chirumbolo, A., Crea, G., Nappa, M. R., Trumello, C., ... & Cattelino, E. (2025). Do adolescent and young adult sexters and non-sexters have distinct value orientations?. International Journal of Behavioral Development  
**Authors:** Morelli, M., Graziano, F., Chirumbolo, A., Crea, G., Nappa, M. R., Trumello, C., Babore, A., Ragona, A., & Cattelino, E | **Journal Name:** International Journal of Behavioral Development | **Volume, Issue and Pages:** 0(0)
- [ 2023 ] [Motivations, Behaviors, and Expectancies of Sexting: The Role of Defensive Strategies and Social Media Addiction in a Sample of Adolescents](#)  
**Authors:** Ragona, A., Mesce, M., Cimino, S., & Cerniglia, L | **Journal Name:** International Journal of Environmental Research and Public Health | **Volume, Issue and Pages:** 20, 1805
- [ 2023 ] [The Impact of the COVID-19 Pandemic on Pregnant Women with Substance Use Disorder: A Narrative Review](#)  
**Reference:** Caglioni, M., Ragona, A., Maremmani, A. G. I., Cimino, S., & Cerniglia, L. (2023). The impact of COVID-19 pandemic on pregnant women with substance use disorder: A narrative review. HEROIN ADDICTION AND RELATED CLINICAL PROBLEMS, 25(2), 13-21.  
**Authors:** Caglioni, M., Ragona, A., Maremmani, A. G. I., Cimino, S., & Cerniglia, L. (2023 | **Journal Name:** Heroin Addiction & Related Clinical Problems | **Volume, Issue and Pages:** 25(2), 13–21
- [ 2022 ] [The Impact of Media on Children During the COVID-19 Pandemic: A Narrative Review](#)  
**Reference:** Mesce, M., Ragona, A., Cimino, S., & Cerniglia, L. (2022). The impact of media on children during the COVID-19 pandemic: A narrative review. Heliyon, 8(12).  
**Authors:** Mesce, M., Ragona, A., Cimino, S., & Cerniglia, L | **Journal Name:** Heliyon | **Volume, Issue and Pages:** e12489

## NETWORKS AND MEMBERSHIPS

International Society for Research on Aggression (ISRA)

Italian Association of Psychology (AIP)- Social, Developmental and Clinical sections

Italian Association of Legal Psychology (AIPG)

National Association for the Fight Against AIDS (ANLAIDS)

European Association for Developmental Psychology (EADP)

## LANGUAGE SKILLS

**Mother tongue(s):** Italian

**Other language(s):**

**English**

LISTENING C1 READING C1 WRITING C1

SPOKEN PRODUCTION C1 SPOKEN INTERACTION C1

**Spanish**

LISTENING C1 READING C1 WRITING C1

SPOKEN PRODUCTION C1 SPOKEN INTERACTION C1

## Japanese

**LISTENING A2 READING A2 WRITING A2**

**SPOKEN PRODUCTION A2 SPOKEN INTERACTION A2**

*Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user*

## RESEARCH EXPERIENCE AND METHODOLOGICAL TRAINING

[ 08/2025 ] **Summer School “Power Analysis”**

*Italian Psychological Association (AIP), University Residential Centre of Bertinoro.*

The course provided theoretical foundations and practical skills to plan, conduct, and interpret power analyses for a wide range of statistical tests applicable to various research designs in psychological science.

[ 04/2025 ] **EADP-ERU “Open Science Writing Week”**

*European Association for Developmental Psychology, Póvoa de Varzim (Portugal)*

Selective-access training focused on open science practices and scientific writing. Participation in the international thematic group “*Relational and Sexual Development, Education and Health*”, supervised by Prof. Daphne van de Bongardt.

[ 12/2024 ] **Winter School “Latent Class & Profile Analysis – Theoretical Introduction and Applications in MPLUS”**

*Catholic University of the Sacred Heart, Milan*

Training on Latent Class Analysis (LCA) and Latent Profile Analysis (LPA) for categorical, dichotomous, and continuous variables.

[ 07/2024 ] **Summer School “Psychometric Network Analysis”**

*Italian Psychological Association (AIP), University Residential Centre of Bertinoro*

In-depth theoretical and practical training on psychometric network analysis for cross-sectional and longitudinal data.

[ 06/2024 ] **Summer School “Advanced Data Analysis Models for Psychology and Social Sciences”**

*Sapienza University of Rome*

Advanced theoretical and practical knowledge of the general and generalized linear model, as well as mixed and multilevel models using *Jamovi* software.

[ 05/2024 ] **Summer School “Introduction to Data Analysis with R”**

*Sapienza University of Rome*

Introduction to advanced data analysis using the R development environment.

[ 08/2023 – 09/2023 ] **Research Assistant**

*University of Valle d'Aosta.*

Data analysis using multivariate techniques, mediation and moderation models, and drafting of methodological and statistical reports.

[ 03/2022 – 09/2023 ] **Research Activity**

*Sapienza University of Rome & International Telematic University UNINETTUNO*

Research on psychopathology in adolescence and adulthood, with publications in international peer-reviewed journals.

[ 06/2022 ] **Summer School “Advanced and Multivariate Data Analysis Techniques with Jamovi”**

*Sapienza University of Rome*

Theoretical introduction and practical application of the main statistical techniques for advanced and multivariate data analysis in psychology and social sciences.

## **PERSONAL DATA PRO- CESSING**

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**I authorize the use of my personal data in my CV according to Article 13 of Legislative Decree No. 196 of 30 June 2003 – ‘Personal Data Protection Code’ – and Article 13 of EU Regulation 679/2016 – ‘General Data Protection Regulation (GDPR)’.**