



Alessandra Ragona

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Nationality: Italian

EDUCATION AND TRAINING

[11/2023 – Current]

PhD Candidate

Sapienza University of Rome – Department of Developmental and Socialization Processes

City: Rome | **Country:** Italy | | **Level in EQF:** EQF level 8

Focus: aggressive and risk behaviours in adolescence, including sexting, cyberbullying, dating violence, and revenge porn in relation to psychosocial variables such as personality and moral disengagement.

Visiting period: 3 months at the *University of Seville* (March–May 2025), under the supervision of Prof. Noelia Muñoz Fernández.

[03/2022 – 07/2022]

Excellence Programm

Sapienza University of Rome

City: Rome | **Country:** Italy |

Selected as a high-achieving student to participate in an advanced training and research-intervention programme involving participation in multidisciplinary and inter-university discussion groups on the topic of eating disorders.

[10/2020 – 07/2022]

Master's Degree in Clinical Psychology

Sapienza University of Rome

City: Rome | **Country:** Italy | | **Final grade:** 110/110 cum laude and Excellence Mention | **Level in EQF:** EQF level 7 | **Thesis:** Intimate Partner Violence and COVID-19: the representation of the phenomenon among anti-violence centre operators.

[10/2017 – 07/2020]

Bachelor's Degree in Psychology and Health

Sapienza University of Rome

| **Final grade:** 110/110 cum laude | **Level in EQF:** EQF level 6 | **Thesis:** Personality and Sexting: an empirical investigation using the HEXACO-60

WORK EXPERIENCE

Sapienza University of Rome

City: Rome | **Country:** Italy

[10/2024 – 05/2025]

Tutoring Collaboration Grant

The assignment involved supporting and promoting tutoring, teaching, and training activities. Responsible for the management and organization of *Additional Professionalizing Educational Activities (UAFP)* for students enrolled in the Psychology degree programmes.

Sapienza University of Rome

City: Rome | **Country:** Italy

[01/2022 – 06/2022]

Tutoring Collaboration Grant

Teaching and tutoring activities within undergraduate psychology programmes.

Main responsibilities:

- Management of advanced educational laboratories for Bachelor's degree courses

- Tutoring and training undergraduate students on the topic of **Biofeedback**
- Support to teaching and learning activities aimed at enhancing students' academic and professional skills

HONOURS AND AWARDS

[09/2025] **Best Poster Award** **Awarding institution:** XIX Congress of the Social Psychology Section, Italian Psychological Association (AIP)

[2025] **International Conference Grants** **Awarding institution:** Italian Psychological Association (AIP)
Social Psychology and Developmental Psychology Sections

[09/2024] **Best Poster "Erickson: Technology and Education" Award** **Awarding institution:** XXXV I Congress of the Developmental Psychology Section, Italian Psychological Association (AIP)

[2022] **"Excellent Graduate" Award** **Awarding institution:** Sapienza University of Rome

[2020] **Award for Academic Merit** **Awarding institution:** Sapienza University of Rome

PUBLICATIONS

[2025] **More support for the dependency-resentment hypothesis**
Authors: Wright, P. J., Tokunaga, R. S., Nappa, M. R., Chirumbolo, A., Cattelino, E., Ragona, A., Sciabica, G. M., & Morelli, M. | **Journal Name:** Sexuality & Culture | **Volume, Issue and Pages:** (in press)

[**FoMO as a Predictor of Cyber Dating Violence among Young Adults: Understanding Digital Risk Factors in Romantic Relationships**](#)
[2025]
Reference: Ragona, A., Morelli, M., Ruggeri, L., Cattelino, E., & Chirumbolo, A. (2025). FoMO as a Predictor of Cyber Dating Violence Among Young Adults: Understanding Digital Risk Factors in Romantic Relationships. *Societies*, 15(9), 258.
Journal Name: Societies | **Volume, Issue and Pages:** 15(9), 258

[2025] **Cyberbullying on Social Media Among Young Adults: Unraveling Online Dynamics**
Nappa, M. R., Ragona, A., Sciabica, G. M., Juli, L., & Morelli, M. (2025). CYBERBULLYING ON SOCIAL MEDIA AMONG YOUNG ADULTS: UNRAVELING ONLINE DYNAMICS. *Psychiatria Danubina*, 37(Suppl 1), 201-206.
Authors: Nappa, M. R., Ragona, A., Sciabica, G. M., Juli, L., & Morelli, M. | **Journal Name:** Psychiatria Danubina | **Volume, Issue and Pages:** 37(Suppl 1), 201–206

[**Emotionally Tough, Sexting Rough: Investigating the Relationship Between Callous-Unemotional Traits and Aggravated Sexting in 11 Countries.**](#)
[2025]
Reference: Morelli, M., Rosati, F., Cattelino, E., Urbini, F., Baiocco, R., Bianchi, D., ... & Chirumbolo, A. (2025). Emotionally Tough, Sexting Rough: Investigating the Relationship Between Callous Unemotional Traits and Aggravated Sexting in 11 Countries
Authors: Morelli, M., Rosati, F., Cattelino, E., Urbini, F., Baiocco, R., Bianchi, D., Laghi, F., Gasseau, M., Sorokowski, P., Drouin, M., Ragona, A., & Chirumbolo, A | **Journal Name:** Psicothema | **Volume, Issue and Pages:** 37(3), 33–44

[2025] [**Sexting Behaviors and Fear of Missing Out among Young Adults.**](#)
Reference: Morelli, M., Ragona, A., Chirumbolo, A., Nappa, M. R., Babore, A., Trumello, C., ... & Cattelino, E. (2025). Sexting Behaviors and Fear of Missing out Among Young Adults. *Behavioral Sciences*, 15(4), 454.
Authors: Morelli, M., Ragona, A., Chirumbolo, A., Nappa, M. R., Babore, A., Trumello, C., Sciabica, G. M., & Cattelino, E | **Journal Name:** Behavioral Sciences | **Volume, Issue and Pages:** 15(4), 454.

[Do Adolescent and Young Adult Sexters and Non-Sexters Have Distinct Value Orientations?](#)

[2025]

Reference: Morelli, M., Graziano, F., Chirumbolo, A., Crea, G., Nappa, M. R., Trumello, C., ... & Cattelino, E. (2025). Do adolescent and young adult sexters and non-sexters have distinct value orientations?. *International Journal of Behavioral Development*

Authors: Morelli, M., Graziano, F., Chirumbolo, A., Crea, G., Nappa, M. R., Trumello, C., Babore, A., Ragona, A., & Cattelino, E | **Journal Name:** International Journal of Behavioral Development | **Volume, Issue and Pages:** 0(0)

[Motivations, Behaviors, and Expectancies of Sexting: The Role of Defensive Strategies and Social Media Addiction in a Sample of Adolescents](#)

[2023]

Authors: Ragona, A., Mesce, M., Cimino, S., & Cerniglia, L | **Journal Name:** International Journal of Environmental Research and Public Health | **Volume, Issue and Pages:** 20, 1805

[The Impact of the COVID-19 Pandemic on Pregnant Women with Substance Use](#)

[2023]

[Disorder: A Narrative Review](#)

Reference: Caglioni, M., Ragona, A., Maremmani, A. G. I., Cimino, S., & Cerniglia, L. (2023). The impact of COVID-19 pandemic on pregnant women with substance use disorder: A narrative review. *HEROIN ADDICTION AND RELATED CLINICAL PROBLEMS*, 25(2), 13-21.

Authors: Caglioni, M., Ragona, A., Maremmani, A. G. I., Cimino, S., & Cerniglia, L. (2023) | **Journal Name:** Heroin Addiction & Related Clinical Problems | **Volume, Issue and Pages:** 25(2), 13-21

[The Impact of Media on Children During the COVID-19 Pandemic: A Narrative Review](#)

[2022]

[Review](#)

Reference: Mesce, M., Ragona, A., Cimino, S., & Cerniglia, L. (2022). The impact of media on children during the COVID-19 pandemic: A narrative review. *Heliyon*, 8(12).

Authors: Mesce, M., Ragona, A., Cimino, S., & Cerniglia, L | **Journal Name:** Heliyon | **Volume, Issue and Pages:** e12489

NETWORKS AND MEMBERSHIPS

International Society for Research on Aggression (ISRA)

Italian Association of Psychology (AIP)- Social, Developmental and Clinical sections

Italian Association of Legal Psychology (AIPG)

National Association for the Fight Against AIDS (ANLAIDS)

European Association for Developmental Psychology (EADP)

LANGUAGE SKILLS

Mother tongue(s): Italian

Other language(s):

English

LISTENING C1 READING C1 WRITING C1

SPOKEN PRODUCTION C1 SPOKEN INTERACTION C1

Spanish

LISTENING C1 READING C1 WRITING C1

SPOKEN PRODUCTION C1 SPOKEN INTERACTION C1

Japanese

LISTENING A2 READING A2 WRITING A2

SPOKEN PRODUCTION A2 SPOKEN INTERACTION A2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

RESEARCH EXPERIENCE AND METHODOLOGICAL TRAINING

[08/2025]

Summer School “Power Analysis”

Italian Psychological Association (AIP), University Residential Centre of Bertinoro.

The course provided theoretical foundations and practical skills to plan, conduct, and interpret power analyses for a wide range of statistical tests applicable to various research designs in psychological science.

[04/2025]

EADP-ERU “Open Science Writing Week”

European Association for Developmental Psychology, Póvoa de Varzim (Portugal)

Selective-access training focused on open science practices and scientific writing. Participation in the international thematic group *“Relational and Sexual Development, Education and Health”*, supervised by Prof. Daphne van de Bongardt.

Winter School “Latent Class & Profile Analysis – Theoretical Introduction and

[12/2024]

Applications in MPLUS”

Catholic University of the Sacred Heart, Milan

Training on Latent Class Analysis (LCA) and Latent Profile Analysis (LPA) for categorical, dichotomous, and continuous variables.

[07/2024]

Summer School “Psychometric Network Analysis”

Italian Psychological Association (AIP), University Residential Centre of Bertinoro

In-depth theoretical and practical training on psychometric network analysis for cross-sectional and longitudinal data.

Summer School “Advanced Data Analysis Models for Psychology and Social

[06/2024]

Sciences”

Sapienza University of Rome

Advanced theoretical and practical knowledge of the general and generalized linear model, as well as mixed and multilevel models using *Jamovi* software.

[05/2024]

Summer School “Introduction to Data Analysis with R”

Sapienza University of Rome

Introduction to advanced data analysis using the R development environment.

[08/2023 – 09/2023]

Research Assistant

University of Valle d'Aosta.

Data analysis using multivariate techniques, mediation and moderation models, and drafting of methodological and statistical reports.

[03/2022 – 09/2023]

Research Activity

Sapienza University of Rome & International Telematic University UNINETTUNO

Research on psychopathology in adolescence and adulthood, with publications in international peer-reviewed journals.

[06/2022] **Summer School “Advanced and Multivariate Data Analysis Techniques with Jamovi”**

Sapienza University of Rome

Theoretical introduction and practical application of the main statistical techniques for advanced and multivariate data analysis in psychology and social sciences.

PERSONAL DATA PROCESSING

I authorize the use of my personal data in my CV according to Article 13 of Legislative Decree No. 196 of 30 June 2003 – ‘Personal Data Protection Code’ – and Article 13 of EU Regulation 679/2016 – ‘General Data Protection Regulation (GDPR)’.