

PERSONAL DATES Bianca Parise

Gender [REDACTED] | Date of birth [REDACTED] | Nationality [REDACTED]

POSITION HELDDoctor in Physiotherapy, RISPT (ITA Sport Physical Therapist)
FreelanceChief Executive Officer of Kinesis srl
(Via Eugubina 142/M, Perugia 06125, Italy)

Physiotherapist FISI, World Cup Team Skicross Italy

PROFESSIONAL EXPERIENCE

March 2025

Lecturer at specialization course in "Therapeutic exercise and relational strategies in physiotherapy" University of Molise, Campobasso.

January 2025

Lecturer at Master Lecturer at first level University Master in "Sports physiotherapy and artistic activities" at University of Sapienza, Rome.

September 2024

Physiotherapist at the Italian Winter Sport Federation, Skicross World Cup Team.
World Cup 2024/2025 - World Championship 2025

September 2023

Physiotherapist at the Italian Winter Sport Federation, Skicross World Cup Team.
World Cup 2023/2024.

September 2022

Physiotherapist at the Italian Ice Sport Federation, Ice Hockey Team Women.
4 Nation, World Championship 2023.
Physiotherapist at the Italian Winter Sport Federation, Skicross A Team.
World Cup 2022/23 – World Championship 2023

February 2022

Lecturer at Master Lecturer at first level University Master in "Sports physiotherapy and artistic activities" at University Campus Bio-Medico of Rome.

October 2021

Physiotherapist at the Italian Ice Sport Federation, Ice Hockey Team Women U18.
4 Nation, Pre-World Retreat, World Championship 2022.

July 2020

Physiotherapist at FC Juventus Women (FIGC serie A, UEFA Women's Champions League) s.s.
2020/2021

October 2019

Physiotherapist at J Medical srl, via Druento 153/56 Turin.
(Rehabilitation Sport Gym)

- July 2019 Physiotherapist at FC Juventus Women (FIGC serie A, Uefa Women's Champions League) s.s. 2019/2020
- July 2018 Physiotherapist at FC Juventus Women (FIGC serie A, Uefa Women's Champions League) s.s. 2018/2019.
- August 2017 Physiotherapist at Valdiceppo Basket, LNP serie B Male Championship.
- August 2015 Physiotherapist at Olimpia Vignola Bergamo pre-season retreat, Serie B1 Male Volleyball (Edolo, BR)
Physiotherapist at the Italian Field Hockey Federation, pre-European retreat, Verona.
- October 2014 Part-time contract at the "V. Cecchi", extensive rehabilitation facility located in Passignano sul Trasimeno Perugia.
- August 2014 Physiotherapist at AC Perugia Women's, FIGC serie B Championship.

EDUCATION AND TRAINING

- September 2021 "ITA SPT Accredited level" Certification, RISPT recognized by International Sport Physical Therapist
- May 2016 First Level University Master in "Sports Physiotherapy" at the University of Siena (Ma.S.F. Master Executive)
110/110 cum laude
- March 26, 2014 Degree in Physiotherapy from the University of Perugia.
110/110 cum laude
- July 2010 Scientific High School diploma at "Galileo Galilei" in Perugia
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SPORTS CAREER

Sports season 2012/13 and 2014/15 FIGC Serie A National Championship with AFD Grifo Perugia Female.

Sporting season 2011/2012 victory of the FIGC National Championship of Serie A2 promotion to FIGC SERIE A with AFD Grifo Perugia Female.

From the 2005/06 football season up to the 2010/11 season, she was a player of the AFD Grifo Perugia Female, FIGC Serie A2 National Female Championship.

National Under 17 player 2007/08 season.

National Under 19 player 2008/09 and 2009/10 season.

UPGRADE

Novemer 25-26, 2023	<i>Stranger than before, Benetton Rugby, Treviso</i>
June 16-17, 2023	<i>5th International GISPT ASR Conference, "Return to sport, Key Performance Indicators", Technogym Village, Cesena</i>
August 26-27, 2022	<i>4th World Congress of Sport Physical Therapist (IFSPT), Nyborg (Danimarca). "Translating science into the action"</i>
November 23-24, 2021	<i>LCA Rheab and Return to sport – Motor Learning Institute, Alli Gokeler Kinè, Treviso (14 crediti ECM).</i>
Apr 7,21/ May 5,19, 2021	<i>Management of Lower Limb – Return to Performance. Raphael Rinaldi, GIS Sport AIFI.</i>
Apr 26, 2021	<i>Basic Life Support Defibrillation, presso Cuore in Mente A.P.S. , Vinovo. (autorizzazione n° 148475)</i>
March 27/ Apr 17/ May 29, 2021	<i>Sports Operating Room, Dott. Alberto Vascellari. GIS Sport AIFI</i>
March 16-19, 2021	<i>4th GISPT International Conference – ASR: Sport Injury Prevention</i>
October 12-13, 2020	<i>Posture Applied to Sport, Canali method. Internal course FC Juventus. Dc Vincenzo Canali.</i>
September 2, 2020	<i>Level 1 Blood Flow Restriction Training. Smart Cuffs Certification Program, organized by GIS Sport. Nicholas Colosi, DC.</i>
March 28, 2020	<i>Core stability. Static-dynamic postural evaluation and re-education in musculoskeletal dysfunctions of the vertebral column. Ikos Training (20 ECM)</i>
March 18, 2020	<i>Groin pain in sports: from diagnostic classification to conservative management for a correct return to the field SPES s.c.p.a (24 ECM)</i>
May18-19, 2019	<i>Management of muscle injuries in the sports patient Donato Vassalli, Massimo Bergonzi</i>
May 4-5, 2019	<i>Introduction to MSK ultrasound imaging in sports medicine SMUG group (13 ECM)</i>
May 25-27, 2018	<i>Advanced Sports Emergency Management Course. Mike Healy</i>
Apr 8-9, 2017	<i>Looking beyond Shoulder Pain: Assessment and Treatment of the Body as Unit. Dr. Aaron Sciascia</i>
October 23-24, 2016	<i>Muscle Injury. Effective Management. Dr. Phil Glasgow</i>
November 14-15, 2015	<i>"Why mechanotherapy is a critical element of sports physiotherapy: thoery and clinical practice" Educational Center of Scotte, Siena</i>
	<i>"Advances in Sport Rehabilitation Conference: clinical reasoning and practice" Turin 2015.</i>

- November 7, 2015 The shoulder today ", Dr. Di giacomo. Didactic Center of the Scotte, Siena.
- August 31, 2015 *"BLSD - BASIC LIFE SUPPORT AND DEFIBRILLATION"*
University of Siena.
- August 31, 2015 *"Health and safety in the workplace, first aid course for companies group B and C (pursuant to Legislative Decree 81/08 and Ministerial Decree No. 388 of 15/07/2003)".*
University of Siena.
- June 2014 Fascial Manipulation, introduction to the method
Lower back pain and vertebral mobilization
- May 25-26, 2014 *"Instrumental physical therapy, from basic science to the administration of the physical medium", PhisioVit srl;*
Medical FrEm Terni. (20 ECM credits).
- April13-14, 2014 Neuromuscular bandage: an evidence-based approach", Italian Taping Academy;
Prosperius Tiberino Umbertide Institute (PG), 14 ECM credits.

PERSONAL SKILLS

Nat ve Language Ita an

Other Language	COMPREENS ON		SPEAK NG		WR TE
	L sten	Read	Interact on	Ora product on	
Eng sh	B1	B1	B1	B1	B1

Comun cat on Sk s I have good comun cat on sk s acqu red dur ng years of c n ca pract ce and matured through d fferent types of work act v tes that have st mu ated the ab ty to confront n d fferent areas. In part cu ar, exce ent co laborat on and comun cat on sk s w th n the team / sports f e d, a med at confront ng staff / ath etes to opt m ze the performance of profess ona ath etes.

Computer sk s Exce ent command of M crosoft Off ce and E lectron c Ma .

Other Sk s Sk s n the sports f e d a so deve oped through a compet t ve career as a sem-profess ona . Serie A1 / A2 Women's Footba Champ onsh p (2005-2015).
Ita an Nat ona Under 17 and Under 19 Convocat on (2007-2010).

Driving License Licenses A1, A2 e B.

OTHER INFORMATION

Production

Achilles Tendinopathy and Patellar Fascitis, Kinesiotaping and orthoses
6th National SIGASCOT Congress
September 28-30, 2016, Florence

"Injuries in women's football: results of a prevention program with elastic bands"
Graduation Day Master in Physiotherapy applied to Sport VIth edition,
May 28, 2016, Le Scotte educational center, Siena

"Injuries in women's football: results of a prevention program with elastic bands"
XXVI International Conference on Sport Rehabilitation and Traumatology.
May 13-15, 2017, Camp Nou, Barcelona.

Moderator 2nd evening "4th GISPT International Conference - Advances in Sport Rehabilitation:
Sport Injury Prevention"
March 17, 2021

"Isn't just a header? - First aid in the field", Different diagnosis in Physiotherapy from theory to
practice (World PT Day 2021) - AIFI Marche.

Concussions: physiotherapy management in the field, Expo Health, Bologna
May 13, 2022

Moderator in "Sport Concussion", April 20, 2024, Siena.

Publications

"Injuries in women soccer players: result of a prevention program with elastic resistance"
Abstract book, The Future of Football Medicine; G.Ronchetti S. De Vito; pg. 99-100.

Award Recognition

Best thesis competition 2014.

Institutional positions

Italian delegate member of IFSPT (IFSPT General Meeting, August 25, 2022, Nyborg).

Member of the AIFI GIS Sport National Executive, Head of Certification Area.

Personal Data

I authorize the processing of my personal data pursuant to Legislative Decree 30 June 2003, n. 196
"Code regarding the protection of personal data".

Perugia, 04/03/2025